The ECHO

November 2026

Volume 65 Number 10

MOUNTAIN VIEW BUDDHIST TEMPLE

November Highlights

- ***11/1, Sunday, 10:00 am***
  November Shotsuki Hoyo, Hybrid
  * *11:00 am Japanese Language Service*
  * *11:00 am English Language Discussion*
- ***11/2, Monday, 7:00 pm***
  Buddhist Discussion Group
- ***11/15, Sunday, 10:00 am***
  Eitaikyo Service

  Guest Speaker:
  Rev. Yukiko Motoyoshi,
  Retired BCA Minister
- ***11/15, Sunday, 11:30 am***
  Keiro Kai Luncheon

As My Daughter Leaves the Nest

It has already been one month since my daughter left for college. On moving day, my wife and I packed our car full of her stuff and set off for her dorm. She shares a room with another girl and we were glad to see that her roommate was very polite and friendly.

As my daughter and I were moving her things up to the room, my wife was busy disinfecting the dresser and the bed and cleaning everything around the space so that our daughter could get off to a good start in her new life. It took us a whole two hours to get everything set up. Although it was hard work, as I looked around the room, finally ready for her, I couldn't help but feel emotional as I pictured our daughter starting a new chapter of her life there.

Afterwards, we went out for dinner at the restaurant near the college. For a while before we left, we spent some quiet, precious time together as a family. Then it was finally time to leave our daughter at the dorm. My wife and I gave her a big hug, trying not to show how sad we were. In that deeply moving moment, I was thinking, "This is my moment as her dad to say something meaningful to my daughter."

Rev. Yushi Mukojima

And just as I was about to say something, holding back tears, suddenly she goes, "Oh, I need to text my roommate. See ya!" And off she went, running back into the dorm. "Wait…" I was a little surprised and just watched her run off. So much for our emotional goodbye. A cold wind seemed to sweep through my heart…

That said, it was such a typical thing for her to do. It was a ittersweet day, filled with both sadness and moments that made me smile. In the end, I was able to send her off with a smile, too. But when we got home that night, I found myself going into her bedroom that felt strangely quiet without her. The moment I saw the empty room, I realized once again that she had truly left the

(Continued on page 4)

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MVBT Ballots for Board of Directors

To All Temple Members,

Please return your Temple ballots where you voted for your 2027 leaders in the 12 Temple Zones. The deadline for submittal is **Sunday, November 8, 2026.**

In Gassho,
Board of Directors of the Mountain View Buddhist Temple

Return Your Temple Ballots by Sunday, November 8

November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Daylight Saving Time Ends **10a-12p** Shotsuki Hoyo Service & Dharma School **11:30a-12:30p** YBA Lunch **12p-2p** Kids Taiko Class **12p-1p** Miroku Monthly Meeting **12:30p-2p** YBA Meeting **2p-4p** Jun Daiko	**2** **7p-8:30p** Buddhist Discussion Group	**3** Election Day **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**4** **6p-9p** Boy Scouts **7p-9p** Boy Scouts	**5** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**6** **6p-8p** MVBT Pickle Ball	**7**
8 **10a-12p** Sunday Service & Dharma School **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**9**	**10** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**11** Veterans' Day **7p-9p** Boy Scouts **7:30p-9:30p** MVBT Board Meeting	**12** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**13** **5p-11p** ABA Meet & Mingle	**14** **9a-12p** BWA Meeting
15 **10a-12p** Eitaikyo Service & Dharma School **12p-2p** Keiro Kai Luncheon **2p-4p** Jun Daiko	**16**	**17** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**18** **7p-9p** Boy Scouts	**19** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**20** **6p-8p** MVBT Pickle Ball	**21**
22 **10a-12p** Sunday Service & Dharma School **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**23**	**24** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**25** **7p-9p** Boy Scouts	**26** Thanksgiving Day **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**27**	**28**
29 **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**30** **7:30p-8:30p** RPC Meeting					

Volume 65 Number 10

"Let us live with Kindness and Gratitude beyond words..."

Religious Planning — November 2026

November 1, 2026, Sunday, 10:00 am, Shotsuki Hoyo

11:00 am Japanese Language Service
11:00 am Engliish Language Discussion Group

November 2, 2026, Monday, 7:00 pm, Buddhist Discussion Group

To join, send email request to staff@mvbuddhhisttemple.org

November 8, 2026, Sunday, 10:00 am, Sunday Service

November 15, 2026, Sunday, 10:00 am, Eitaikyo Service

The Eitaikyo Service is a time when we remember all those whose contributions to our Temple in the past allow us to continue to hear the Dharma today.

Guest Speaker: Rev. Yukiko Motoyoshi, retired BCA Minister

November 15, 2026, Sunday, 11:30 am, Keiro Kai Luncheon

11:30 am Keiro Kai Luncheon following Eitaikyo Service

November 22, 2026, Sunday, 10:00 am, Sunday Service

November 29, 2026, Sunday, No Sunday Service

JOIN US

Sunday Services are on Zoom. These Hybrid Services allow the Sangha to attend the service in person or on Zoom.
The Link to the Zoom Livestream can be found on Putra's Post that is emailed before the service.

JOZAI: SUNDAY SERVICE DONATION

At the Temple, put your Jozai (aka Osaisen) into the Dana Box

Or

Go to MVBT website & Press the "Donate" Button.

Shotsuki Hoyo Service **Study Class** **Dharma School - 11:00 am**

Check Temple Website for latest information about Temple activities

Support Your Temple

Donations provide 1/3 of the Yearly Operating Income

Donate to Past & Upcoming Services

Bishops' & ABA Memorial

Eitaikyo Memorial / Keiro Kai

Bodhi Day

Joya-e / Shusho-e

Your donations go to the General Fund supporting day-to-day operations

(1) Use the MVBT online "DONATE" or (2) Send a check to the Temple office

As My Daughter Leaves the Nest — Cont'd

(Continued from page 1)

nest. As memories of the past eighteen years we had shared with her came flooding in, I was suddenly overcome with sadness.

Looking back, I realize that my mother used to cry whenever I left home to start a new chapter of my life somewhere far away. When I went off to college in Kyoto and my parents helped me move into my new place, my father later told me that my mother had burst into tears on their drive home. Years after that, when I moved to Brazil and then to America as a Kaikyoshi minister, my mother cried at every goodbye. Back then, I would simply think, "We'll see each other again. Why make such a big deal out of it?" But after becoming a parent and finding myself in the position of watching my own child leave home, I finally understood the feelings behind my mother's tears.

When children graduate from high school, most of them leave home. After living with their parents for 18 years, they leave with all their belongings. The child who used to sit at the dinner table with the family every night is suddenly gone. There are no more shoes by the front door. The light in their room doesn't come on anymore. When you think about it, a child leaving home is a big moment in a parent's life. Parents are happy and proud as their children grow up, but at the same time, they miss having them around. But no matter how far away they are, no matter how old they get, children will always hold a special place in their parents' hearts.

In Jodo Shinshu tradition, Amida Buddha is often called ***Oya-sama***. ***Oya*** literally means "parent," while ***sama*** is an honorific that expresses respect. Together, ***Oya-sama*** can be translated as "honored parent." In the ***Hymns of the Pure Land Masters***, Shinran praises Shakyamuni Buddha and Amida Buddha as "compassionate father and mother." Through these words, he conveys the boundless compassion of Amida Buddha by comparing it to the tender love with which a parent cherishes an only child. When we call Amida Buddha ***Oya-sama***, however, the word carries a deeper meaning than that of a parent in the ordinary sense. It expresses Amida Buddha's boundless compassion for each and every one of us—a compassion that embraces us all and leaves no one behind.

When children come to truly understand how deeply their parents love them, something begins to blossom in their hearts. They feel not only secure but also deeply grateful. And that gratitude can affect the way they live. Recognizing how much love and care they have received inspires them to live in a way that honors that love.

I believe we can understand Amida Buddha's compassion in much the same way. When we truly encounter Amida Buddha's Primal Vow, we begin to realize that we, too, have always been embraced by a great compassion. As we reflect on Amida Buddha's boundless compassion, expressed when he stands firm as he reaches out to save all sentient beings, a deep sense of gratitude naturally arises in our hearts. And that gratitude finds expression in the Nembutsu, "Namo Amida Butsu," and begins to shape the way we live. The virtues taught in the Six Paramitas and the Eightfold Noble Path—such as caring for others and striving to serve others and society—can also be considered one expression of this way of life.

As we come to appreciate Amida Buddha's compassion while living with the Nembutsu every day of our lives, we gradually develop a greater sense of care and concern for those around us, rather than thinking only of ourselves. This is not something we practice by telling ourselves what we should do. Rather, guided by Amida Buddha's compassion, we find that kindness and consideration for others naturally become part of our daily lives as we express our gratitude through the Nembutsu.

During the process of my daughter leaving home, I was once again reminded of the depth of a parent's love for their child and Amida Buddha's boundless compassion for all beings. We are all embraced by the working of this great compassion. Just as my daughter is now beginning a new chapter in her life with hope for the future while embraced by her parents' love, may we also walk through life with joy in our hearts, finding deep peace and comfort in the Nembutsu.

In Gassho,

マウンテンビュー仏教会「回向」
二〇二六年十一月法話
ー 娘の旅立ち ー

駐在開教使 向嶋裕史

娘が大学進学のために家を出て、早いものであれから一カ月が経ちました。引っ越しの日、私たちは車のトランクいっぱいに娘の荷物を積み込み、妻と三人で寮へと車を走らせました。寮に着くと、娘のルームメイトにも会うことができ、礼儀正しく素敵な子だったので安心しました。

私たちが荷物を運び込む間、妻はタンスやベッドを消毒し、娘が気持ちよく新生活を始められるよう、部屋を念入りに掃除していました。荷物の整理は二時間がかりの大仕事でしたが、ようやく整った部屋を眺めていると、これからここで新しい生活を始める娘の姿が思い浮かび、感慨深いものがありました。

その後、大学の近くにあるレストランで一緒に夕食をとり、しばしの別れを前に、家族でささやかな時間を過ごしました。そして、いよいよ娘を寮に送り届けるときがやってきました。別れの際、私と妻は、込み上げる寂しさをこらえながら娘をぎゅっと抱きしめました。そのとき私はふと「父親として最後に何かためになる言葉をかけなければ」という思いに駆られ、涙を目に浮かべながら、まさに声をかけようとしたその瞬間、娘は突然「あっ、ルームメイトに連絡しないといけないから。じゃあね！」と言って、さっさと寮の中へ走っていってしまいました。「えっ？」あっけにとられた私は、遠ざかっていく娘の後ろ姿を見送ることしかできず、感動的な別れのはずが、木枯らしが吹くような寂しさを残してあっけなく終わってしまいました。

とはいえ、いかにも娘らしい行動です。寂しさと、思わず笑ってしまうようなおかしさが入り混じった、何ともふくざつ複雑な一日でした。それでも、おかげで最後は笑顔で娘を送り出すことができました。その夜、自宅に戻ってから、何気なく娘の部屋に入ってみると、そこにはもう娘の気配はなく、空っぽになった部屋を見て、「本当にこの子は巣立っていったんだな」と、改めて実感しました。娘と過ごした十八年間の思い出が走馬灯のようによみがえり、寂しさが一気にこみ上げてきました。

ふと振り返ると、母も私が遠くへ旅立つたびに涙を流していました。京都の大学に進学したときは、引っ越しを終えた後、帰りの車の中で母が号泣していたと父から聞きました。その後、開教使としてブラジルやアメリカへ赴任したときも、別れ際にはいつも母が泣いていました。当時の私は、「また会えるのに、大げさだな」と思っていただけでしたが、自分が親になり、今度は大切な子供を送り出す側になって、ようやく母の涙に込められた想いを身をもって知りました。

高校を卒業すると、多くの子どもは家を出ていきます。十八年間、一緒に暮らしてきた子どもが、大きな荷物を持って家を出ていく。それまで毎晩、家族と一緒に食卓を囲んでいた子がいなくなる。玄関にあった靴がなくなる。部屋の明かりがつかなくなる。そう考えると、子どもが家を出ていくというのは、親にとって人生の大きな節目です。子どもの成長を喜ぶ一方で、いなくなってしまう寂しさもあります。けれど、離れて暮らすようになっても、子どもがいくつになっても、親にとって子どもはいつまでも大切な存在です。

浄土真宗では、阿弥陀さまをしばしば「親さま」とお呼びします。親鸞聖人は『高僧和讃』の中で「釈迦弥陀は慈悲の父母」と讃えられ、阿弥陀さまのお慈悲を子を想う親心にたとえておられます。「親さま」という言葉には、私たち一人ひとりをわが子のように慈しみ、誰一人取り残すことなく救おうと誓われた阿弥陀さまのお慈悲が凝縮されているように思います。

子どもは、親からどれほど深く愛されているかを知ると安心し、自然と感謝の心が芽生えます。そして、その感謝の心は、生き方を変える力となります。親の愛情の深さに気づくことで、その愛に応えたいという思いが自然と生まれてくるのです。

阿弥陀さまのお慈悲もまったく同じではないでしょうか。阿弥陀さまのご本願に触れたとき、私たちは、これまでずっと大きなお慈悲に包まれていたことに気づかされます。私たち一人ひとりを救わんと立ち上がられた阿弥陀さまのお姿にあらわれる限りないお慈悲に思いをいたすとき、私たちの心に自ずと深い感謝の念が湧き起こってくるのです。

そしてその感謝の心は、お念仏となってあらわれ、私たちの日々の生き方にも表れていきます。「六波羅蜜」や「八正道」に説かれる、他者を思いやり、人のため、社会のために尽くそうとする姿勢も、そうした徳のある生き方の一つといえるでしょう。

阿弥陀さまのお慈悲を知らされ、「南無阿弥陀仏」とお念仏を申す日々の中で、自分のことだけでなく、周りの人々を大切にする心も育まれていきます。それは、私たちが「こうすべきだ」と自らに言い聞かせて実践するものではありません。阿弥陀さまのお慈悲に導かれ、報恩感謝のお念仏とともに、やさしさや思いやりの心が日々の暮らしに自ずと表れてくるのです。

娘の旅立ちを通して、親心と阿弥陀さまのお慈悲の深さを、あらためて味わわせていただきました。私たちは皆、大きなお慈悲のはたらきの中に生かされています。両親に温かく見守られながら、今、希望に満ちあふれ、新たな人生を歩み始めた娘のように、私たちもまた、大きな安らぎの中で、お念仏とともに、喜びいっぱいの人生を歩んでまいりましょう。

Buddhist Women's Association Activities

Buddhist Women's Association

BWA ACTIVITIES MVBT BWA

Udon Fundraiser

BWA will have our popular take-out Udon Fundraiser on Sunday, Dec 6, 2026.

Pickup will be at Sangha Hall from 11:30 am to 1:00 pm. Pre-orders only. Cost is $14. Udon Takeout includes noodles, dashi, toppings and a dessert treat.

Order deadline is November 15, 2026. Use the hardcopy order form in this Echo or order online at URL:

https://tinyurl.com/2026-BWA-Udon-Fundraiser

or QR code below:

Thank you, Sangha, for your support.

FBWA Conference in San Diego held Oct 2-4

Reverend Mukojima and ten MVBT members attended the 48th BCA FBWA Conference in San Diego at the DoubleTree Mission Valley from October 2 through 4.

The conference was hosted by the Southern District Buddhist Women's Association with the theme "To Remember As We Build For Tomorrow" and over 300 people attended.

On Friday, our MVBT group enjoyed a nice dinner at a local Mexican restaurant. In the evening was the BCA FBWA Delegate meeting, square dancing and onenju-making.

Saturday's opening service was highlighted by a warm hearted and inspirational sermon by **Bishop Marvin Harada**. Service was followed by two very wonderful talks by English keynote speaker, **Rev. D.r Kenji Akahoshi** and Japanese keynote speaker **Rev. Yuika Hasebe**. After lunch, there were many thoughtful workshops. The Saturday night banquet was highlighted with entertainment by **KO-HA**, a Japanese American singer/songwriter duo, **Miharu Okamura** and **Miko Shudo**, who have written several Buddhist songs including "Lantern Song" with Bonbu Stories. They were also joined by **Ellie Mizushima** from Sacramento Betsuin. There was also yummy food in the Southern District hosted hospitality room, on Friday and Saturday evening.

The conference concluded on Sunday with a general meeting and closing service. The temperature in San Diego was close to 100 degrees but everyone enjoyed being together, meeting new people and learning new things about our Dharma.

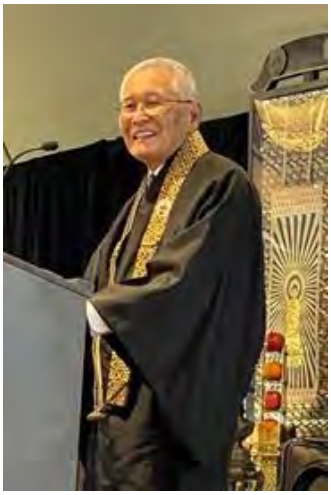
The DoubleTree also gives you a chocolate chip cookie.

Pre Conference Dinner at Mexican restaurant. Sensei recommended we get Fish Tacos!!!

Diane Durst & Ashley Jones enjoying Conference Banquet

Photos from FBWA Conference

Buddhist Women's Association Activities - Cont'd



Far Left: Dharma Talk by Bishop Marvin Harada

Near Right: English Keynote Speaker – Rev Dr Kenji Akahoshi

Opening Service

Banquet entertainment by KO-HA (Miharu Okamura & Miko Shudo) & Ellie Mizushima

More Photos from FBWA Conference

18th World Buddhist Women's Convention 2027

The 18th World Buddhist Women's Convention will be September 11 – 12, 2027 in Honolulu, Hawaii, at the Hilton Hawaiian Village and hosted by Hawaii Federation of Buddhist Women's Associations. People from Hawaii, Japan, Canada, South America and the BCA will be in attendance.

18th WORLD BUDDHIST WOMEN'S CONVENTION 2027

Japanese Keynote Speaker, **Rev. Dr. Masumi Kikuchi** of Japan is a scholar in Shin Buddhist studies, international propagation, American and Japanese American Buddhism, and Buddhist music and rituals.

English Keynote Speaker, **Dr. Miki Tomita Okamoto** of Hawaii is Founder and CEO of Education Incubator, a Hawai'i based nonprofit organization dedicated to empowering people and communities to live with passion and purpose for a better world.

Please see the attached URL link for detailed information and the schedule.

https://hawaiibwa.org/world-convention-2027/

The convention is already accepting registration. Please note: Hotel room confirmation is required to register. Go to:

https://hawaiibwa.org/world-convention-2027/registration/

We anticipate several MVBT BWA members and non-BWA members attending this exciting convention. If you have questions, you can email

mvbt.bwa@gmail.com.

Buddhist Women's Association Activities - Cont'd

Rev. Dr. Kenji Akahoshi's New Book – Coming Soon

At the FBWA Conference, **Rev. Dr. Kenji Akahoshi** announced his new book "Shifting from Please to Thank You" – A Guide to the Contemporary Shin Buddhism Path of Awakening and a Life of Gratitude will be coming soon!

Bishop Marvin Harada says "Kenji Akahoshi's book takes Shin Buddhism out of its centuries old terminology and expressions and brings it into a contemporary way of understanding the teachings as they relate to our everyday life."

For pre-order and publisher inquiries you can email the publisher Slow Drum Press at pear@slowdrumpress.community.

For questions for the author, email Rev. Dr. Akahoshi at kenjiakahoshi@gmail.com.

New Members

Welcome to our newest member:

Diane Umemoto

New members of all ages, are welcome at any time. Membership dues are **$20**. Contact mvbt.bwa@gmail.com for more information.

Donations

Gratefully Acknowledged

David & Amy Kato and Kato Family
In memory of Mary Kato

Diane Durst

In Gassho,
Shirley Matsumoto
MVBT BWA President

BCA Member Survey

We want to hear your thoughts

We would like to invite you to participate in a brief survey to share your thoughts and perspectives regarding the Buddhist Churches of America (BCA).

The purpose of this survey is to better understand awareness of BCA programs and services, along with your perception of the value BCA provides to local Temples and Sangha members, and opportunities to strengthen communication and engagement.

Your feedback is important and will help guide future efforts to support Temples, ministers, and Sangha members across our organization.

We invite you to complete this anonymous online survey using the link below. We expect the survey will take approximately 5 minutes to complete.

Thank you for taking the time to share your thoughts and help shape the future of our Buddhist community.

In Gassho,
Gayle Noguchi
Executive Director
Buddhist Churches of America

2026 MVBT BWA Udon Fundraiser Order Form

Sunday, December 06, 2026

Pickup 11:30 AM – 1:00 PM
MVBT Sangha Hall (Pancake Room)
575 N. Shoreline Blvd
Mountain View, CA 94043

$14 Udon includes noodles, dashi, toppings and dessert treat. Pre-orders Only!

To Pre-Order Udon (Deadline November 15, 2026)

- Fill out the order form below
- Please drop off your payment with this order form at the MVBT Temple Office, or mail it to
  MVBT BWA – Udon Order
  575 N. Shoreline Blvd
  Mountain View , CA 94043
- Make checks payable to "MVBT BWA" **(For credit card payment, please order online. See QR code and online link below)**

Name _____ Contact Person _____

Contact Person Phone Number _____

Contact Person Email _____

	Quantity	Total
Udon (includes noodles, dashi, toppings and dessert treat)	_____ x $14	$_____
Additional Donation:		$_____
Total Amount Enclosed:		$_____

Your support is greatly appreciated. Questions ? Email mvbt.bwa@gmail.com

QR Code: Online order form & Credit Card payment

Or URL:
https://tinyurl.com/2026-BWA-Udon-Fundraiser

With Gratitude

MVBT BWA

Keiro-Kai Luncheon Following Eitaikyo Service

KEIRO-KAI LUNCHEON

Sunday, November 15, 2026

Following Eitiakyo Service

長寿 - Choju
The Path of Peace & Longevity

The **Mountain View Buddhist Temple** and **Zones 6 and 7** will host a Keiro-Kai Luncheon in honor of our members who are over seventy years young.

This year's theme is "Choju" or "The Path of Peace & Longevity." Please join us in celebrating our Keiro Kai with MVBT's spirit of appreciation and cooperation shared between our multiple generations.

Keiros should have received an invitation in the mail. Be sure to RSVP by returning the RSVP form by **October 26, 2026**.

Non-keiro Temple members are encouraged to join us for lunch as well. You can also order and RSVP online via the link below or using the QR code below. Please place your order by **October 26, 2026**.

https://tinyurl.com/2026-KeiroKai-Bento-Order-Form

Schedule of Activities

11:30 am..... Check-in at the Sangha Hall
12:00 pm..... Lunch and Program Begin
12:30 pm..... Entertainment
12:45 pm..... Raffle
1:30 pm..... Group photo. Then, program ends & clean up by non-Keiros

If you have any questions, please email 2026keirokai@gmail.com.

MVBT Girl Scout Troop #60736

REDEDICATION

The Troop held their Rededication Ceremony in September and welcomed back five of our Scouts. We now have one Daisy, one Junior, and three Seniors.

SANGHA DAY PICNIC GUESSING JAR WINNERS

The Troop hosted the "Guessing Jar Game" at the Temple Sangha Day Picnic. Congratulations to the 2026 winners!

Age 2-11: .....Avery Chu

Age 12-20: .....Hana Wong

Age 21-40: .....Caitlyn Higa

Age 41-60: .....Steve Katayama

Age 61+: .....Haruye Hoshi

In Gassho,
Girl Scout Troop #60736

2026 MVBT Keiro-Kai Luncheon
Sunday, November 15, 2026 at Noon

Bento Order Form for
Non-Keiro Attendees - Deadline Oct 26, 2026

長寿 - Choju
The Path of Peace & Longevity

If you are a Keiro, **do not** use this order form. Your lunch is complimentary. All Keiros were sent a letter via US mail and should RSVP using the form included with the letter. If you did not receive a letter, please contact 2026keirokai@gmail.com.

Bento Options (from Suruki Market) Price: $20 each

Bento A:	**Bento B:**
Futomaki, Inarizushi, Chicken Teriyaki, Salmon w/Mayo, Kabocha, Croquette, Kimpira Gobo, Wakame Salad, Rice w/takuan	2 PC Kappa Maki, 2 PC Takuan Maki, Nishime (without kamaboko and tamago), Vegetarian Croquette, Edamame Gyoza, Glazed miso tofu (3PC), rice w/takuan, salad with dressing, fruit

Contact Information

First and Last Name:	
Phone:	
Email:	

	Quantity	Total
Bento A	_____ x $20	$ _____
Bento B	_____ x $20	$ _____
Additional Donation		$ _____
Total Amount Enclosed:		$ _____

Please make checks to: "MVBT" and include "Keiro-Kai Luncheon" in the Memo section. Form and check can be dropped off at the Temple Office or mailed to MVBT 575 N. Shoreline Blvd, CA 94043. If you would like to pay by credit card or submit your order online, please go to online JotForm to order.

https://tinyurl.com/2026-KeiroKai-Bento-Order-Form

Or use the QR code

MOCHITSUKI - Sunday, December 13

Everyone Is Invited

It's that time of year again. This year's MVBT Mochitsuki will be held on Sunday, December 13, 2026. Everyone is invited to come and participate. Have fun while working with family and friends making mochi for New Year's.

Work Shifts

To ensure enough help on that Sunday, we are setting up 3-hour work shifts from 6:00 am to 1:00 pm. The online volunteer sign-up sheet will be available beginning October. 31. The online sign-up link will be in Putra's Post and the MVBT website as well mvbuddhisttemple.org.

Mochi Orders

This year's prices will be:

Komochi, 2 lbs $16
Okasane (for the altar), 1 lb $8

To be more ECO-Friendly, containers will be 100% compostable fiber. No plastic carry bags will be provided, so you must provide your own bag just as you would when grocery shopping or purchase a blue reusable MVBT tote for $5 each.

All orders will be done:

1. **Online**. An online order link will be available in early November.
2. **Paper version**. This is for those without email or computer access. These will be available in the back of the Hondo or in the MVBT Temple office. All orders will be due by: **Sunday, November 29, 2026**.

If you have any questions, please contact Zone 2 & 10 at mochi@mvbuddhisttemple.org.

Komochi
$ 16
(2-pound pkg)

Okasane
$ 8
(1-pound pkg)

Reusable MVBT Bag
$ 5

All photos from 2025 Mochitsuki

MVBT
2026 Mochi Order Form

Order Deadline: November 29, 2026

Name:	
Email:	
Phone:	Mobile Phone _____ Home Phone _____

Item	Quantity	Cost per Item	Total Amount
Komochi (2 lb)		@ $16 each	= $
Okasane (1 lb) (used for altar on New Year Day)		@ $8 each	= $
Reusable MVBT Bag		@ $5 each	= $
		Additional Donation:	$
		How Would You Like Your Donation to be Recognized?	
		Total Amount Due:	$

Mail or drop off order form and check to:

Mountain View Buddhist Temple
575 N. Shoreline Boulevard
Mountain View, CA 94043

Make checks payable to: "MVBT" with note "Mochitsuki"

Order Online - go to: Mochitsuki Online Order

Remember, all orders must be received by Sunday, November 29, 2026.

Mochi pick up: Sunday Dec. 13, Sangha Hall Gym from 11am - 2pm.
Please bring your own bags to pick up orders.

If you have any questions, please contact Zone 2 &10 via email: mochi@mvbuddhisttemple.org

MOCHITSUKI SCHEDULE – SIGN UP TO HELP

Sunday, December 13	5:30am	Start Steamers
	5:45am	Start Cooking Rice
	6:15am	Start Pounding and Shaping mochi
	11am – 2pm	Mochi Pickup
	11:00am	Start Cleanup

Miroku

Sangha Day Picnic

At the end of September, Miroku chaired the Sangha Day service and afterwards, stayed to enjoy the food and fun activities.

October Meeting

We also held our second Miroku meeting of the year on October 11 where we brainstormed possible ideas for our Dana project, midyear party, and the fall Miroku fundraiser.

Miroku members also discussed responsibilities for the upcoming Keiro Kai Luncheon.

We concluded the meeting by doing our monthly AED checks.

Next Meeting

Our next meeting will be held on Sunday, November 1, immediately after service in the Dharma School classroom.

In Gassho,
Kayley Chu
8th Grade Miroku Member

MIROKU
middle school group

MVBT YBA News

Mountain View Buddhist Temple

YBA

YBA General Meetings for 2026-2027

YBA has held its first two General Meetings of the year. We are currently planning our annual Halloween party in October, where we usually have a pumpkin carving and a costume contest.

We are also preparing our skit for the Central California YBA Conference to be held at the Fresno Betsuin Buddhist Temple in November, which is themed around Sanrio.

Sangha Day Picnic

YBA held fun activities and glitter-arm painting for the children at the Mountain View Sangha Day Picnic, which was a lot of fun for both the children and the YBA members.

We also held a Lucky Draw, and we hope everyone who participated had fun.

In Gassho,
Jeremy Tao
2026-2027 YBA President

Dharma School News

MVBT Dharma School

ANNOUNCEMENTS

Registration

Don't forget that registration should be completed by October 31:

https://tinyurl.com/mvbtds-reg26

Halloween Parade

Please wear your Halloween costumes to service on Sunday, October 25! We would like to encourage all of our students (and adults!) to dress up for the annual Halloween parade immediately following service in the Hondo before the students are excused for class.

UPCOMING ACTIVITIES

Sunday, October 25:

- 2nd and 3rd Grade Class chairs Service;
- Dharma School Halloween Parade

In Gassho,
Brent Izutsu
Dharma School Superintendent

Seniors Activities & Crafts Program News

MVBT Seniors Activities and Crafts

Every Thursday

We continue with our usual and popular activities:

- Line Dancing,
- Shanghai Card and Hana Card Playing,
- Sing Along,
- Seated/Chair Exercising and
- Taiko.

Everyone is welcome to join in on your favorite activities.

Seated/Chair Exercise

One of our important and popular activities is the Seated/Chair exercise led by **David Ujita**.

To keep our lungs healthy and strong, he has expressed the importance to slowly inhale through your nose and exhale through your mouth. He has printed a laminated chart to remind us of the many ways to exercise.

Even if you are using a walker or wheel chair, this exercise is for you. Please join us and exercise with your friends.

Thursday, November 19: You will enjoy your favorite game of BINGO and lunch with your friends.

Please note that November 19 will be our last gathering of 2026 due to the coming busy holiday season.

Thursday, January 7, 2027: We will resume Thursday Seniors on Thursday, January 7, 2027.

Please mark this date on your calendar.

Senior Cookbook

Senior Cookbooks are still available. They can be purchased at the Temple office or through any of our committee members. The price is still $10, and makes a wonderful gift.

Senior Crafts:

The Crafts and all Activities program starts at 9:00 am and ends at 12 noon.

Refreshments

During the Senior Activities, light refreshments are provided that includes snacks, coffee and tea.

Everyone is welcome.

In Gassho,
Aiko Sugimoto-Miyamoto

David Ujita leading the Seated/Chair exercise. Various exercises are shown on the chart

Seniors doing a Seated/Chair exercise

Many Seniors ready to start Seated/Chair exercise

ABA News

MVBT

Adult Buddhist Association

PAST ACTIVITIES

Japanese Tea Tasting & Pairing with Tsukemono

ABA had a "Japanese Tea Tasting and Pairing with *Tsukemono*," on Saturday. October 17. **Loreen Toji** demonstrated five different types of tea and **Donna Okubo** made twelve different tsukemonos to taste. All teas were tasted by all guests and all *tsukimonos* were available to pick and sample.

UPCOMING ACTIVITIES

Meet and Mingle

The most fun night of the year for ABA members and new members will be the "Mix and Mingle" event on Friday, November 13. ABA members and guests will have an evening of tasty bites, drinks, a Left-Center-Right tournament, and other games. It will be a fun night to meet and mingle.

The Left-Center-Right tournament is fabulous dice game with the top winner winning all of the monies.

One of the other games is our infamous "Battle of the Sexes" game. See how the ABA members truly act in competition.

Consider Joining ABA

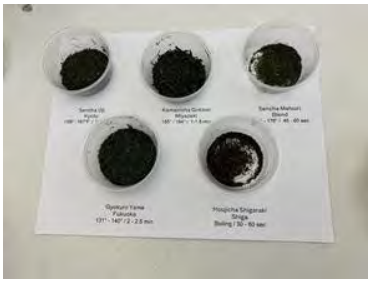
If you are interested in joining ABA or have any questions, please contact **Reiko Tsuchida** (Membership Chairperson), **Mieko Nakano** (Assistant Membership Chairperson) or any ABA member.

Next Meeting

The next ABA meeting will be on Friday, December 11, 7:30 pm. (Hybrid)

No November meeting due to our "Meet & Mingle" activity on November 13.

In Gassho,
Glenn Kitasoe
ABA President



5 different teas tasted

Loreen describing a tea

Loreen and Donna talking about tea & tsukemono

Different tsukemonos

2026 150 Club News

At the October 2026 Board Meeting of the Mountain View Buddhist Temple, the October winner was **Susan Yuen.**

Congradulations to Susan!

Thank you to everyone for participating in the 150 Club!

Everyone, please stay safe and healthy!

150 Club Committee

Toban & Echo Schedule

	Toban	Echo Article Deadline	Echo Sent in Mail
NOV	Zones 10 & 11	N / A	N / A
DEC	Zones 12 & 3	Nov 13 (Fri)	Nov 18 (Wed)
JAN	Zones 4 & 5	Dec 11 (Fri)	Dec 16 (Wed)

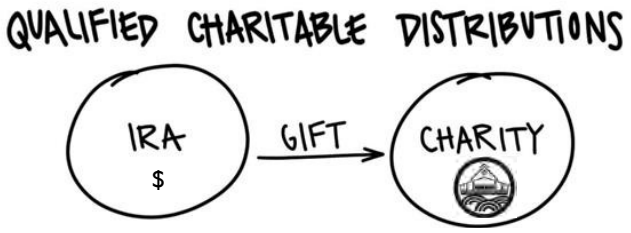
Please note the article deadline and mailing dates. This will provide time to layout, proof, finalize and print the issue.
Thank you. ***Domo Arigato***. ありがとう ございます。
Email all articles to echo@mvbuddhisttemple.org .

Volume 65 Number 10

READ ONLY IF YOU'RE OVER 70 ½ YEARS OLD

Donate from Your IRA using a QCD

Directly to the Temple and Save on Your Taxes



If you are 70 ½ years or older, you can take advantage of a simple way to benefit the Mountain View Buddhist Temple and receive tax benefits for yourself. QCDs can start as early as 70 ½ even though Required Minimum Distributions (RMDs) from your IRAs are not required until age 73.

Benefits of an IRA Qualified Charitable Distribution

- Satisfies part or all of your Required Minimum Distribution (RMD) for the year
- Reduces your taxable income, even if you are using the standard deduction
- Helps further the work and mission of Mountain View Buddhist Temple

How an IRA Charitable Rollover Gift Works

1. Contact your IRA plan administrator to make a gift from your IRA to the Temple. Your IRA administrator must make the distribution directly to the Temple.
2. Please note that your IRA Qualified Charitable Distributions does not qualify for a charitable deduction.

CONTACT US

If you have any questions about an IRA Qualified Charitable Distribution, please contact us at treasurer@mvbuddhisttemple.org. We would be happy to assist you and answer any questions you might have.

The above information is not intended as legal or tax advice. Please contact your attorney or tax advisor for further details on making an IRA Qualified Charitable Distribution

Building MVBT: A Historical Look Back

This lookback into the artifacts of your Mountain View Buddhist Temple first appeared in the December 2018 Echo.

Dharma Wheel on the top of the Hondo

The Dharma Wheel was built and donated by the Matsumoto Brothers, who owned and operated T & J Garage. The Dharma Wheel was installed on the completed Hondo in March 1979.

November

Monthly

Memorial

Service

* * * * *

Shotsuki Hoyo for November to be held on Sunday, November 1

* * * * *

See MVBT website or Putra's Post for details of the Service

November Shotsuki Hoyo (Monthly Memorial Service)

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the Temple in memory of the past members and their family members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The **November** Shotsuki loved ones are:

Tatsuko Adachi	**Shigeaki Kihara**	**Kanji Omokawa**
Tsutomu Akizuki	**Eugene Kono**	**Amy Osugi**
Tomoye Aoki-Johnson	**Kinuyo Kunimoto**	**Roy Ozawa**
Takiko Fukushima	**Shigeko Masaki**	**Tom Ozawa**
Frank Furuichi	**Gregory Matsumoto**	**Ichiro Sakae**
Fred Furuichi	**Rose Morimoto**	**Kosue Sakae**
Rosie Furuichi	**Haruko Nakamura**	**Akira Sasaki**
Robert Furusho	**Akira Nakano**	**Masako Alice Sato**
Sunao Furusho	**Miyuki Nakano**	**Osamu Shimoguchi**
Hana Furuto	**Tsuruye Nakano**	**Seikichi Shimoguchi**
Keiji Haruta	**Yutaka Nakano**	**Sei Tachibana**
Naomi Higaki	**Ayako Nakashima**	**Alice Takagi**
Eddie Higuchi	**Teiichi Naritomi**	**Masaru Takahashi**
George Hirota	**Yoshio Nishimoto**	**Mildred Takegami**
Kiyoko Kay Horita	**Kevin Nishita**	**Rick Eiji Tanimoto**
Fred Hoshi	**Nobuo Oda**	**Kay Tanouye**
Akira Hoshiko	**Patty Toshiko Ogino**	**Chieko Umeda**
Tom Ichikawa	**Masako Okazaki**	**Kaz Yanaba**
Frank Ikebe	**Walter Okino**	**Kiyoshi Yoshinaka**
Hideo Kato	**Nuiko Okuno**	

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **reverend@mvbuddhisttemple.org**

Phone (Temple office) **(650) 964-9426**

MEMORIAL SERVICES

Memorial services allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2026 is the Memorial Year for those who passed away in:

1st Year Memorial	2025	3rd Year Memorial	2024	7th Year Memorial	2020
13th Year Memorial	2014	17th Year Memorial	2010	25th Year Memorial	2002
27th Year Memorial	2000	33rd Year Memorial	1994	50th Year Memorial	1977

Eitaikyo Service on Sunday, November 15

The Eitaikyo Service will be held on Sunday, November 15. The guest speaker will be **Rev. Yukiko Motoyoshi**, retired BCA Minister.

After the service, the Mountain View Buddhist Temple will host its annual Keiro Kai Luncheon to honor the Seniors, who are MVBT members and who are 70 years old and older. A flyer is in this Echo on Page 10.

What is the Eitaikyo Perpetual Memorial Fund?

永代読経

The word *Eitaikyo* is a contraction of the more formal term, **Ei-tai dok(u)-kyo (永代読経).**

Ei means eternal. It is composed of the Chinese Characters for a river with many tributaries that flows on and on. ***Tai*** means generations. ***Kyo*** means sutras or the words of the Buddha. ***Doku*** means to read or chant. Thus the meaning of Eitaikyo is to eternally chant the sutras on behalf of our loved ones for generations and generations to come.

The Eitaikyo Perpetual Memorial Fund

A special Eitaikyo Perpetual Memorial Fund was established to ensure the continuation of the teachings of the Buddha and Nembutsu. It is to be used specifically for religious purposes such as to purchase candles and incense, religious articles, altar enhancements and altar repairs. This fund is established through the donations made in memory of deceased members of the family, relative, and friends. This ensures a perpetual service for the deceased even when there is no one left in the family to observe a Buddhist Service.

Because the purpose of Eitaikyo is to ensure that a Jodo Shinshu Buddhist Service be conducted eternally in memory of a loved one, an initial substantial donation is requested to place a loved one's name in the Eitaikyo Registry. An amount of $500 or more is suggested. However, due to circumstances any amount will be considered. Please consult with the resident minister.

The Eitaikyo Registry

After completing the Eitaikyo form and donating to the Eitaikyo fund, the name of your deceased loved one will be entered into a Special Eitaikyo Registry book. This is a calendar type book listing the deceased names on the day of death. This book is kept in the Mountain View Buddhist Temple's altar. Each day, the morning service is dedicated to the names that appear on the page for that particular day. Thus by donating to the Eitaikyo Fund, a sutra will be chanted in memory of your loved one for eternal generations to come. As an expression of appreciation and gratitude for the guidance, leadership and support in the growth of the Mountain View Buddhist Temple, automatically entered into this Eitaikyo registry will be:

1. Past Ministers and Ministers' spouses who served the Mountain View Buddhist Temple
2. Past Mountain View Buddhist Temple Presidents who have served two or more years. No donations from the family will be expected in these cases.

The Annual Eitaikyo Service

Every November an Annual Eitaikyo Service will be conducted at the Mountain View Buddhist Temple. This service will be dedicated in special memory to those loved ones newly recorded into the Eitaikyo registry within the past year. Those families will be sent an invitation to this service so that they can o-shoko in memory of their loved one during the service.

Mountain View Buddhist Temple

EITAIKYO PERPETUAL MEMORIAL FUND DONATION

No. _____

Date: _____

In Memory of ◆ _____ ◆

Last Name: _____ **First Name:** _____

Japanese Name: _____

Date of Birth: _____ **Date of Death:** _____

Buddhist Name ◆ _____ ◆

English: _____ **Japanese:** _____

Place of Funeral: _____

Name of Donor(s)

Last Name: _____ **First Name:** _____

Japanese Name: _____

MVBT Office Record Use Only

Amount of Donation: _____ **Date of Eitaikyo (Initial) Service:** _____

Acknowledgment Forwarded: _____

Remarks: _____

Signature of Minister: _____

December 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**2** **6p-9p** Boy Scouts **7p-9p** Boy Scouts	**3** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**4** **6p-8p** MVBT Pickle Ball	**5**
6 BWA Udon Fundraiser (Pickup 11 am - 1pm) **10a-12p** Shotsuki Hoyo Service & Dharma School **11:30a-12:30p** YBA Lunch **12p-2p** Kids Taiko Class **12p-1p** Miroku Monthly Meeting **12:30p-2p** YBA Meeting **2p-4p** Jun Daiko	**7** **7p-8:30p** Buddhist Discussion Group	**8** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**9** **7p-9p** Boy Scouts **7:30p-9:30p** MVBT Board Meeting	**10** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**11** **6p-10p** ABA General Meeting **6p-8p** MVBT Pickle Ball	**12** **9a-12p** BWA Meeting **4p-9p** Troop/Pack Court of Honor & Holiday Dinner
13 Mochitsuki	**14**	**15** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**16** **7p-9p** Boy Scouts	**17** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**18** **6p-8p** MVBT Pickle Ball	**19**
20 **10a-12p** Osoji **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**21**	**22** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**23** **7p-9p** Boy Scouts	**24** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**25** Christmas **6p-8p** MVBT Pickle Ball	**26**
27 **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**28** **7:30p-8:30p** RPC Meeting	**29** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**30** **7p-9p** Boy Scouts	**31** **7p-8p** Joya-e Service		

Upcoming Events

December 6, Sunday

- **Shotsuki Hoyo & Bodhi Day Service**

December 13, Sunday

- **Mochitsuki**

December 20, Sunday

- **Osoji**

December 31, Thursday

- **Year End / Joya-e Service**

January 1, Friday

- **New Year's Day / Shusho-e Service**

Support Your Temple

Donate to Past & Upcoming Services

BCA Bishops' & ABA Memorial

Eitaikyo Memorial

Joya-e & Shusho-e

Your donations go to the General Fund supporting day-to-day operations.

These donations make up one-third of the Fund Income.

(1) Use the MVBT online "DONATE" or
(2) Send a check to the Temple office

Highlights in November Issue

BWA Udon Fundraiser	*9*
Keiro Kai Luncheon	*10, 11*
Mochi Tsuki	*1,2, 13*
QCD	*17*
Eitaikyo Service & Memorial Fund	*19 - 20*

Mountain View Buddhist Temple

575 North Shoreline Boulevard
Mountain View, CA 94043

www.mvbuddhisttemple.org

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