The ECHO

December 2025

Volume 64 Number 11

MOUNTAIN VIEW BUDDHIST TEMPLE

December Highlights

- ***12/7 Sunday, 10:00 am***
  December Shotsuki Hoyo & Bodhi Day Service
  * *11:00 am: Japanese Language Service*
  * *11:00 am: English Language Discussion*
- ***12/14, Sunday, No Services***
  * *Mochitsuki*
- ***12//21, Sunday, 9:45 am***
  Short Sunday Service
  * *Osoji after Service*
- ***12/31, Wednesday, 7:00 pm***
  Joya-e Service -
  New Year's Eve Service

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January Highlights

- ***1/1, Thursday, 10:00 am***
  Shusho-e Service -
  New Year's Day Service

Do You Have Your Own Smartphone?

Do You Have Your Own Smartphone?

According to recent research, about 91% of U.S. adults own a smartphone. I think that most of you probably own one. If so, you can learn to do just about anything using an app. You can take photos, send emails, read articles, share information, attend meetings, send money, play games, watch movies, and so much more. The smartphone is an amazing little gadget that has completely changed our world. It's incredible how far we've come! Because of this, we can't put them down. And these days, our phone even feels like part of our body, doesn't it?

Rev. Yushi Mukojima

Galaxy S25

But no matter how "smart" our phone is, once the battery dies, it's nothing more than a shiny little brick. That's why we are always asking, "Do I have enough juice?" Some of us even carry two chargers!

When our phone battery starts to run low, we immediately panic, get anxious or even irritated. That shows you how much we keep an eye on our phone's battery. However, what about the "battery of our own hearts?" I think that we are a bit careless with

iPhone 17 Pro

(Continued on page 4)

Highlights In This Issue

President's Message	*6*
2026 Membership Drive	*6*
Mochi Tsuki	*8 - 9*
BWA Dana Youth Fund Drive	*11*
YBA	*12*
QCD	*17*

Mochitsuki — Sunday, December 14

Order Deadline: Monday, November 30

Order Online: Go to:

https://tinyurl.com/2025MochitsukiOrder

Order Form by Mail or Drop Off : Go to:

Page 9 in this Echo

To Sign Up for Work Shifts: Go to:

https://tinyurl.com/2025MochitsukiSignup

Komochi
$ 15
(2-pound pkg)

Okasane
$ 8
(1-pound pkg)

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	**2** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**3** **6p-9p** Boy Scouts	**4** **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**5** **6p-8p** MVBT Pickle Ball	**6**
7 **6a-2p** BWA Udon Fundraiser (Pickup 11 am - 1pm) **10a-12p** Shotsuki Hoyo & Bodhi Day Service & Dharma School **11:30a-12:30p** YBA Lunch **12p-2p** Kids Taiko Class **12p-1p** Miroku Monthly Meeting **12:30p-2p** YBA Meeting **2p-4p** Jun Daiko	**8** **7p-8:30p** Buddhist Discussion Group	**9** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**10** **7p-9p** Boy Scouts **7:30p-9:30p** MVBT Board Meeting	**11** **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**12** **6p-10p** ABA General Meeting **6p-8p** MVBT Pickle Ball	**13** **9a-12p** BWA Meeting
14 MOCHITSUKI - 5:30 am - 4:00 pm	**15**	**16** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**17** **7p-9p** Boy Scouts	**18** **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**19** **6p-8p** MVBT Pickle Ball	**20**
21 Winter Solstice **10a-12p** Osoji **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**22**	**23** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**24** **7p-9p** Boy Scouts	**25** Christmas **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**26** **6p-8p** MVBT Pickle Ball	**27**
28 **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**29** **7:30p-8:30p** RPC Meeting	**30** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**31** **7p-9p** Boy Scouts **7p-8p** Joya-e Service **7p-8p** Joya-e Service			

Volume 64 Number 11

"Let us live with Kindness and Gratitude beyond words..."

Religious Planning — December 2025

December 7, 2025, Sunday — 10:00 am, Shotsuki Hoyo & Bodhi Day Service

11:00 am: Japanese Languare Service
11:00 am: Engliish Language Discussion Group

December 14, 2025, Sunday, No Sunday Services — Mochitsuki

December 21, 2025, Sunday, 9:45 am — Short Service

10:00 am: Osoji - Temple Cleanup - After Service

December 28, 2025, Sunday, No Sunday Services

No Services

December 31, 2025, Sunday, 7:00 pm — Joya-e Service / New Year's Eve Service

Joya-E Service: Express our gratitude for the countless blessings received throughout the year

After the Service: **Toshikoshi-soba** served by **Rev. & Mika Mukojima** after service in Sangha Hall

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January 1, 2026, Monday, 10:00 am — Shusho-e Service / New Year's Day Service

Shusho-E Service: Renew our resolution to live with Nembutsu gratitude

JOIN US

Sunday Services are on Zoom. These Hybrid Services allow the Sangha to attend the service in person or on Zoom.
The Link to the Zoom Livestream can be found on Putra's Post that is emailed before the service.

JOZAI: SUNDAY SERVICE DONATION

Put your Jozai into the Dana Box
Go to MVBT website, Press the Donate Tab & Select Jozai

Shotsuki Hoyo Service | **Study Class** | **Dharma School - 11:00 am**

Check Temple Website for latest information about Temple activities

MVBT Annual General Meeting

Sunday, January 25, 2026 @ 11:00 am

EVERYONE INVITED

In the Hondo immediately following the Service
Hybrid meeting

Do You Have Your Own Smartphone? — cont'd

(Continued from page 1)

that. Do we get busy, stressed and frustrated? Or before we know it, have we missed smiling for days? If so, that's a sure sign that our heart's battery is running low.

Do We Know When Our Heart Battery is Running Low

The problem, of course, with that our heart doesn't have a battery icon like a smartphone does. There is no warning that says "3% charge remaining." And by the time we notice, our energy has been running on Empty like it's shut down.

When our heart's battery runs low, what happens? We get upset easily over what people say, feel down about little things, or start comparing ourselves to others or even blaming ourselves. It's like a phone that still turns on, but runs painfully slowly. It is hard to put up with.

Passwords are Critical

Something else that's very important when using our smartphones is the Internet. We have become very dependent on it. That's why everyone gets upset when there's no Wi-Fi. Last year when there was construction happening at the apartment next door, and we didn't have Wi-Fi at home for an entire day. Without Wi-Fi, we couldn't do anything. It was really frustrating and everyone in my family complained about it. So, in our daily lives, Wi-Fi is absolutely essential.

But thinking about this topic one day, I realized something important. When we connect to Wi-Fi, we need a password. And to my way of looking at it, the Wi-Fi password feels a lot like the Nembutsu, "Namo Amida Butsu." In other words, the Nembutsu functions like the password that connects our hearts with Amida Buddha. Wi-Fi signals are everywhere - at home, in cafés, even at the Temple. But if we don't actually enter the password on our smartphones, we can't be connected to Wi-Fi, so our smartphones are pretty much useless.

Recite the Nembutsu to Keep Connected with Amida Buddha

It's the same with the working of Amida Buddha's compassion, which is always reaching out to each one of us. We won't connect unless we remember the right password. If we forget to say the Nembutsu, we won't feel that connection nor compassion. When we get busy, distracted or caught up in worry and ego, our minds go offline without realizing it. We may sometimes accidentally switch to "airplane mode" as well! If we don't recite the Nembutsu, we lose that connection. Amida Buddha's "server" is always switched on and working perfectly. But the reason we are disconnected so often is that the problem lies on our "receiver's side."

Life moves so fast these days — emails, news, social media, traffic, deadlines and so much more are always demanding our time and attention. For these reasons, we often live like our hearts are running on just 3% battery. If our phone drops to 3%, we stop everything and plug it into a power source immediately. But when our hearts drop to 3%, we just keep pushing ourselves…until one day they will suddenly shut down.

Have you ever thought, "Today's sutra chanting is taking forever" or "Sensei's Dharma Talk sure is dragging on…?" I know many of you probably feel that way at times. But the time you spend chanting and listening is also when your hearts are plugged in and recharging. When you charge your phone, you plug it in and wait, don't you? It doesn't hit 100% right away. But little by little, the energy comes back. It's the same when we chant together and listen to the Dharma. Our heart's energy is also slowly recharging.

When we are tired, impatient and complain about or blame others - these are all signs that our energy is running very low! When our phone battery runs down, it goes into low-power mode and its screen begins to fade. And certainly, when our tolerance and patience wear thin, our faces reflect these emotions, too.

Recharge Your Battery at Every Sunday Service

When that tiredness hits us, we should immediately "plug in." For most of us, our heart's battery lasts about a week. So, please come to the Sunday Service and recharge yourselves there! Your home altar (Obutsudan) is also like a charger for your heart and you can rely on it anytime.

When our heart's battery is fully charged, we feel light, calm and positive. We can smile naturally and be kind to others. We can also move forward with strength and live each day with joy and gratitude.

We should always remember that our Temple is like "a charging station for the heart." Let us keep recharging our hearts together in the Hondo every Sunday, and keep our connection with Amida Buddha strong by saying the Nembutsu every day.

Thank You to Our Sangha & Dharma Friends

There are only a few weeks left in 2025. My family and I would like to express our sincere appreciation to all of our Sangha and Dharma friends for your ongoing support throughout this year. Please look forward to welcoming a wonderful New Year with the Nembutsu!

In Gassho,

マウンテンビュー仏教会「回向」二〇二五年十二月法話

ー スマホと 心 のバッテリー ー

駐在開教使 向嶋裕史

皆さんはスマートフォンをお持ちですか。アメリカでのスマホ保有率は九十一%というデータがあるので、おそらくほとんどの方がお持ちだと思います。スマホさえあれば、アプリを通じて何でもできる時代になりました。写真を撮る、メールを送る、ニュースを読む、映画を見る、会議に参加する、健康をチェックする、お金を送る、ゲームを楽しむなど、いまやこの小さな端末でほとんどのことができてしまいます。

それゆえ、片時も手放せなくなって、まるで身体の一部のようになっているのではないでしょうか。まさに世の中をがらりと変えた画期的な発明品です。

しかし、どんなにスマートな携帯電話であっても、バッテリーが切れてしまえば、ただの文鎮です。なので私たちはつねにバッテリー残量を気にかけ、中にはモバイルバッテリーを二つ持ち歩く人もいます。

そしていよいよ、スマホのバッテリーが減ってくると、急に心配になって、落ち着かなくなり、イライラしてきます。そうならないよう、スマホのバッテリーには細心の注意を払っているのですが、一方で、自身の「心 のバッテリー」のこととなるとかなり無頓着です。

日々の忙しさ、ストレス、人間関係の悩みなどで、最近笑顔が減っていませんか。もしそうであれば、それは、心 のバッテリーが少なくなっているサインです。

この見落としがちなサインですが、問題は私たちの心にスマホのようなバッテリーアイコンがなく、「残り三%」と警告してくれるようなものがないというところです。気づいた時にはすでに気力ゼロ―まさに電池切れの状態です。

では、心 のバッテリーの残量が少なくなると、どうなるでしょうか。ちょっとした他人の言葉に腹を立てたり、些細なことで落ち込んだり、他人と比べて自分を責めてしまったりとさまざまな弊害が生じてきます。まるで、動作が重くなってしまったスマホのように、心もスムーズに動かなくなるのです。

もうひとつスマホに欠かせないのがインターネットです。W-Fi-がつながらないと、とても不便です。昨年の話ですが、仏教会の隣のアパートで工事があり、自宅で一日中W-Fi-が使えなかったことがありました。その時は本当に何もできず、家族全員が愚痴をこぼしていました。それだけ、W-Fi-は私たちの生活に欠かせない存在になっています。

そんな時、ふとあることに気づきました。W-Fi-につなぐにはパスワードが必要ですが、そのパスワードというのは、まるで「お念仏」のようだと。W-Fi-の電波は、家でも、カフェでも、そして仏教会でも、どこにでも飛んでいます。しかし、私たちがパスワードを入力しなければW-Fi-に接続できません。

阿弥陀仏のお慈悲も同じで、そのおはたらきはつねに私たち一人ひとりへと至り届いています。しかし、パスワードを入れなければつながらないように、私たちが「南無阿弥陀仏」を称えなければ、そのつながり、つまり、お慈悲を感じとることはできません。日々の忙しさや心配ごと、そして自我にとらわれて、知らぬ間に心がオフラインになってしまっています。また、誤って心が「機内モード」になってしまっていることもしばしばあります。阿弥陀仏のサーバーはいつも安定し快調に稼働しているのですが、接続がすぐに途切れてしまうのは、私たちの受信機の方に問題があるのです。

現代社会では、メール、ニュース、SNS、締め切り、交通渋滞など、つねに情報と時間に追われています。まるで心のバッテリー残量が三%のままで生活しているようです。もし、スマホバッテリーが残量三%になってしまったら、私たちは全てを中止して即座に充電します。ところが、心が三%になっても、立ち止まることもなく、無理を重ねながら頑張り続けてしまう。そして、ある日、突然プツンと電源が切れてしまうのです。

日曜礼拝の際、「今日のお勤め長いなぁ」、「先生の話、いつまで続くのだろう…」と思うことがありませんか。しかし、このお経をお勤めする時間、法話を聞く時間こそが心を充電する大切な時間なのです。スマホも充電を始めてすぐには満タンになりません。少しずつ時間をかけて充電し、やがて百%になるのです。お勤めをし、仏法に耳を傾けることも同じで、少しずつ心のエネルギーが満たされていきます。

疲れを感じ、イライラしたり、人を責めたり、比べたりするのは、全て心のバッテリーが切れるサインです。バッテリーが尽きそうになるとスマホは低電力モードに切り替わり画面が暗くなりますが、心もバッテリーが減ってくると顔の表情がしだいに暗くなっていきます。そんな時は、迷わず「充電」です。心のバッテリーは、約一週間が限界です。ですから、毎週日曜礼拝に参加して、心を充電するのです。ご家庭のお仏壇も、いつでも頼れる心のモバイルバッテリーです。

心のバッテリーが満タンになると、心は明るく、穏やかで、前向きな気持ちになります。自然と笑顔が生まれ、人に優しくなります。そして、一日一日を感謝と喜びをもって過ごすことができるのです。

私たちの仏教会は「心 の充電ステーション」です。毎週日曜、本堂で共に心を十分に満たし、つねに報恩謝徳のお念仏を称え、阿弥陀仏とのつながりを力強く育み続けていきましょう。

President's Message

A = AWARENESS
K = KINDNESS
A = APPRECIATION

We are all familiar with the acronyms we use on a daily basis, LOL (laugh out loud), CU (see you), GTG (got to go). These make our texting a bit easier, not having to spell things out while communicating in our increasingly time-condensed world.

At the Nembutsu Family Conference in Salinas on October 19, **Rev. Harry Bridge** of the Buddhist Church Oakland of Oakland discussed several other Buddhist acronyms developed by mentors and colleagues, but I personally felt the one that he created, AKA was especially meaningful.

Rev. Harry Bridge
Resident Minister of the
Buddhist Church Oakland

A = Awareness, being aware of yourself and others and trying to understand the causes and conditions that affect those around you

K = Kindness, practice kindness both to yourself and others

A = Appreciation, express appreciation for all that others have done for you and graciously accept appreciation that others express for you

So, the next time you use **AKA**, usually meaning "also known as," you can also think of Rev. Harry Bridge and **A**wareness, **K**indness and **A**ppreciation.

With kind and gentle thoughts,
Julie Satake Ryu

MVBT Membership Committee News

Mountain View Buddhist Temple
2026 Membership Drive - New and Renewal

THANK YOU FOR YOUR SUPPORT

The Mountain View Buddhist Temple and Board of Directors appreciate and invest in the Sangha Community who keep MVBT thriving. As a member of MVBT, you are part of a supportive family, connected group of friends and vibrant Jodo Shinshu Buddhist community.

RENEW OR JOIN NOW

To maintain our thriving Temple, we request that the Sangha renew their 2026 membership or become a new member.

New and renewal membership information will be sent to the Sangha at the end of January.

Keep an eye out for the membership information. We look forward to seeing everyone at the MVBT services and events in 2026.

QUESTIONS?

If you have any questions, please contact the Membership Committee at membership@mvbuddhisttemple.org.

With Gassho,
MVBT Membership Committee

New Year's Eve and New Year's Day Services

JOYA-E

Year-End Service

Wednesday, Dec 31, 2025 at 7:00 pm

The Sangha is invited to the final service of 2025, the ***Joya-E*** (year-end) gathering on New Year's Eve.

This service is held to express gratitude for the countless blessings received throughout the year.

The service includes sutra chanting, meditation, a Dharma message from Sensei and the ringing of the Kansho (bell).

After the service, **Rev. and Mrs. Mukojima** invite everyone to enjoy traditional ***Toshikoshi-soba*** (buckwheat noodles) in the Sangha Hall.

SHUSHO-E

New Year's Day Service

Thursday, Jan 1, 2026 at 10:00 am

The new year is a new beginning. Attend the Shusho-E service to renew your resolution to live with Nembutsu gratitude

Rev. Mukojima looks forward to sharing his first Dharma Talk in 2026 with you, followed by a toast to the New Year.

2026 150 Club News

Thank you all for participating in the 2025 MVBT 150 Club Temple Fundraiser

The 2026 150 Club tickets are now available. Each ticket now costs $150.

Check with you Zone Representative for tickets.

Purchasing more than one ticket is OK.

Good luck!

Namo Amida Butsu – "Let us live with Kindness and Gratitude beyond words"

150 Club Committee

The **Mountain View Buddhist Temple** would like to express its heartfelt condolence to the families and friends of:

Robert Michio Kusumoto	***Sept 14, 1943***	***- Oct 16, 2025***
Tad Tatsuo Nakagawa	***May 13,1928***	***- Oct 25, 2025***
Naomi Higaki	***Sept 8,1924***	***- Nov 7, 2025***

May you find comfort in the Embrace of Infinite Light and Life and the Wisdom and Compassion of Amida Buddha.

Namo Amida Butsu — With Kindness and Gratitude beyond words.

MOCHITSUKI - Sunday, December 14

Everyone Is Invited

It's that time of year again. This year's MVBT Mochitsuki will be held on Sunday, December 14, 2025. Everyone is invited to come and participate. Have fun while working with family and friends making mochi for New Year's.

Work Shifts

To ensure enough help on that Sunday, we are setting up 2-hour work shifts from 6:00 am to 4:00 pm. The online sign-up sheet will be available beginning October. 31. The online sign-up link will be in Putra's Post and the MVBT website at **https://tinyurl.com/2025MochitsukiSignup**

Mochi Orders

This year's prices will be:

Komochi, 2 lbs for $15
Okasane, 1 lb for $8

To be more ECO-Friendly, containers will be 100% compostable fiber. No plastic carry bags will be provided, so you must provide your own bag just as you would when grocery shopping or purchase a blue reusable MVBT tote for $5 each.

All orders will be done:

(1) **Online**. An online order link will be available in early November.

(2) **Paper version**. This is for those without email or computer access. These will be available in the back of the Hondo or in the MVBT Temple office. All orders will be due by: **Sunday, November 30, 2025**.

EVENT WORK SCHEDULE

MOCHITSUKI PREP

Sat.,	Dec. 6	8:00 am	Preparation, Test equipment, Hang plastic
Fri.,	Dec. 12	8:00 am	Wash barrels and Soak rice
Sat.,	Dec. 13	8:00 am	Final setup, Clean area, Move equipment

MOCHITSUKI DAY

Sun.	Dec. 14	5:30 am	Start Steamers
		6:00 am	Start Cooking Rice
		6:30 am	Start Pounding
		7:00 am	Start Shaping Mochi
		11:00 am - 3:00 pm	Mochi Pickup
		2:00 pm	Start Clean up

CLEAN UP

Wed.	Dec. 17	8:00 am	Final Clean Up

If you have any questions, please contact zone 5 or 13, at mochitsuki2025@gmail.com

Komochi
$ 15
(2-pound pkg)

Okasane
$ 8
(1-pound pkg)

Reusable MVBT Bag
$ 5

Order form on next page

MVBT
2025 Mochi Order Form

Order Deadline: November 30, 2025

Name:	
email:	
Phone:	Mobile Phone _____ Home Phone _____

Item	Quantity	Cost per Item	Total Amount
Komochi (2 lb)		@ $15 each	= $
Okasane (1 lb)		@ $8 each	= $
Reusable MVBT Bag		@ $5 each	= $
		Additional Donation:	$
		Total Amount Due:	$

Mail or drop off order form and check to:

Mountain View Buddhist Temple
575 N. Shoreline Boulevard
Mountain View, CA 94043

Make checks payable to: "MVBT" with note "Mochitsuki"

Order Online – use the link or QR code below

https://tinyurl.com/2025MochitsukiOrder

Remember, all orders must be received by Sunday, November 30, 2025.

Pick up your mochi on Sunday Dec. 14, in the Sangha Hall Gym between 11 am and 3 pm.
Please bring your own bags to pick up orders unless ordering blue reusable bag(s).

If you have any questions, please contact Zone 5 &13 via email: mochitsuki2025@gmail.com

2025 EVENT WORK SCHEDULE:			
MOCHITSUKI PREP	Sat, Dec 6	8:00 am	Preparation, Test equipment, Hang plastic
	Fri, Dec 12	8:00 am	Wash barrels and Soak rice
	Sat, Dec 13	8:00 am	Final setup, Clean area, Move equipment
MOCHITSUKI DAY	Sun, Dec 14	5:30 am	Start Steamers
		6:00 am	Start Cooking Rice
		6:30 am	Start Pounding
		7:00 am	Start Shaping Mochi
		11 am – 3 pm	Mochi Pickup
		2:00 pm	Start Cleanup
CLEAN UP	Wed, Dec 17	8:00 am	Final Clean Up

ABA News

MVBT

Adult Buddhist Association

ABA Meet & Mingle

On Friday, November 14, ABA hosted its annual Meet & Mingle fun activity. About 60 ABA members and guests, enjoyed an evening of food, drinks and competitive games.

The highlight of the evening was a gender game called "How Well Do You Know Your Partner" that was won by the women! Thanks to the contestants:

Mika and Rev. Mukojima,
Phyllis and Doug Sawamura,
Shirley and Peter Matsumoto and
Marilyn and Irving Ozawa

for being such good sports.

Much appreciation to the M&M Committee members who planned the entire evening:

Joanne and Sterling Makishima,
Mieko and Ken Nakano,
Lorrie and Glenn Kitasoe,
Reiko and Steve Tsuchida,
Judy and Russ Nakano and
Alice Ishida.

Join ABA

If you are interested in joining ABA or have any questions, please contact **Reiko Tsuchida** (Membership Chairperson), **Mieko Nakano** (Assistant Membership Chairperson) or any ABA member

Next Meeting

The next ABA meeting will be Friday, December 12, 7:30 pm (Hybrid). You're welcome to join us.

In Gassho,
Ken Nakano
2025 ABA President

2026 ABA Cabinet

President	**Glenn Kitasoe**
Vice President	**Russ Nakano**
Treasurer	**Sterling Makishima**
Auditor	**Steve Tsuchida**
Recording Secretary	**Lois Okino**
Assistant Recording Secretary	**Shirley Matsumoto**
Corresponding Secretary	**Joyce Okumura-Lee**
Assistant Corresponding Secretary	**Marilyn Ozawa**
Co-Social Chairperson	**Alice Ishida**
Co-Social Chairperson	**Judy Nakano**
Historian	**Will Dea**
Assistant Historian	**Peter Matsumoto**
Membership Chairperson	**Reiko Tsuchida**
Assistant Membership Chairperson	**Mieko Nakano**
Hospitality Chairperson	**Joanne Makishima**
Ministerial Advisor	**Rev Yushi Mukojima**
Advisor	**Ken Nakano**

ABA Meet & Mingle on November 14.
Pictured are ABA members and guests

Miroku

November Meeting

Miroku held our third meeting of the year in November. We began with an icebreaker to welcome new members, then discussed our responsibilities for the upcoming Keiro Kai Luncheon and the Bodhi Day Service.

We also split into groups to brainstorm ideas for our annual Dana Service Project, discussed details about our holiday party, and distributed Miroku shirts to our new members.

AED Check

We closed our meeting by checking the AED units.

Next Meeting

Our next meeting will be held on Sunday, December 7, in the YBA Conference Room after Dharma School lets out.

In Gassho,
Oji Mukojima
8th Grade Miroku Student

MIROKU

middle school group

Volume 64 Number 11

Buddhist Women's Association

MVBT BWA Dana Youth Fund Drive

In keeping our tradition with our annual Dana Youth Fund Drive, the MVBT BWA will be sending out our letters in November. All donations received through the end of December are gifted to our MVBT affiliated youth organizations.

Your donations will be presented to our Temple's youth organizations at the BWA Memorial Service on January 11, 2026.

Donate on the Temple website or send a check to the BWA (payable to "MVBT BWA") with Note: Dana Youth Fund. Thank you for your support to our youth.

In Gassho,
Shirley Matsumoto
BWA President

MVBT Youth Organizations for Dana Youth Fund

Dharma School | Miroku | Girl Scouts | YBA | Cub Scouts / Boy Scouts

MVBT Girl Scout Troop #60736

Archery Field Trip

Our older Scouts took a field trip to the Bowhunters Archery Range in the Saratoga foothills. They participated in a fun archery lesson. Our Junior and Senior Scouts received a fun patch for this trip, and our Cadette Scouts earned their Archery Badge.

Fall Sales

Thank you to the Sangha for your support of our Fall Sales of Nuts and Magazines. We appreciate your support!

In Gassho,
Girl Scout Troop #60736

MVBT YBA News

Mountain View Buddhist Temple

YBA

Central California Conference

Our YBA attended the Central California Conference on Saturday, November 8. The conference was held at the Fresno Betsuin Buddhist Temple, and we had 19 members attend. YBA members who went to the conference participated in workshops, a dinner/dance, and performed a skit at lunch for everyone based on the Conference theme, which was "Mario's Middle Path."

Babysitting Fundraiser

YBA will be hosting a babysitting fundraiser on Saturday, December 6, from 5 pm to 8 pm. There will be games, activities, and dinner provided.

If you are interested, please sign up using our RSVP form. Capacity is limited, so please sign up as soon as you can.

Thank you so much for supporting our YBA and we hope to see you there! We will be charging $30 per child, and $25 for every additional child.

Link to RSVP form:

https://tinyurl.com/2025-YBA-Babysitting

Or, use QR code to form:

In Gassho,
Emi Hirabayashi
2025-2026 YBA President

YBA at CC Conference Dinner and Dance

Upcoming Events

January 1, 2026, Thursday
Shusho-e Service /
New Year's Day Service

January 4, 2026, Sunday
Shotsuki Hoyo

January 11, 2026, Sunday
BWA Memorial Service
BWA Dana Youth Fund Presentation

January 18, 2026, Sunday
Hoonko Service

January 25, 2026, Sunday
Annual MVBT General Meeting

* * * * * * * * * * * * * * *

February 1, 2026, Sunday
Shotsuki Hoyo

February 8, 2026, Sunday
Nirvana Day & Pet Memorial

February 22, 2026, Sunday
Scout Sunday Service

Dharma School News

ANNOUNCEMENTS

Dharma School Registration Forms Due

If you have not yet submitted your Dharma School student registration form for this year, please do so. It will help us get an accurate headcount for this year's Dharma School classes that allow us to determine class groupings, funding for classroom activities, and birthday books.

Go to:

https://tinyurl.com/mvbtds-reg25

November Birthday

Happy Birthday to **Ar**i!

ACKNOWLEDGEMENTS

Halloween Parade

It was fun to see all of the creative costumes of the Dharma School students, teachers, and the Sangha!

Donations

The Dharma School gratefully received donations from:

- Cheryl and Mike Shay
  In Celebration of Carter's birthday
- Barry Tao and Mari Ueda-Tao
- Alice Ishida
- Candace Murata
- Bob Matsumoto and
  Naomi Nakano-Matsumoto

In Gassho,
Brent Izutsu
Dharma School Superintendent

MVBT Dharma School

LEFT PHOTO: November Birthdays on November 9
From Left: Brent Izutsu, Ari, and Rev. Devon Matsumoto

RIGHT PHOTO: Halloween Parade participants on October 27

MVBT Seniors Activities and Crafts

Thursday, November 20, 2025: This will be our last day for the year, with holidays soon approaching. Please mark this date on your calendar.

Thank you all for supporting our Senior Activities Program.

Have a safe and enjoyable Holiday Season. Everyone continue to stay well.

Thursday, January 8, 2026: We will resume our Senior Activities on January 8, 2026. We plan to make it another great year for your enjoyment every Thursday from 9 am to 12 noon. Everyone is welcome to make new friends and renew old friends.

Senior Cookbooks

The Senior Cookbook is still available. It can be purchased at the Temple office or through our committee members. The price is $10. It makes a wonderful gift.

Senior Craft and All Activities

The Craft and all Activities programs start at 9:00 am and end at 12 noon.

During All Senior Activities

A light refreshment is provided that includes coffee and tea. Everyone is welcome.

In Gassho,
Aiko Sugimoto-Miyamoto

Buddhist Women's Association

BWA Activities

Coast District Nembutsu Family Conference – Salinas

Representing our MVBT BWA, **Diane Durst**, **Toshiko Uyehara**, Alice **Ishida** and **Lillian Terada** attended the Coast District Nembutsu Family Conference led by San Luis Obispo Buddhist Temple and hosted at the Buddhist Church of Salinas. Other MVBT attendees included **Rev. and Mika Mukojima, Julie Satake Ryu** and **Emily Terada**.

BWA Ladies – Lillian, Diane, Alice and Toshiko

Everyone enjoyed the Dharma Talk "Having Fun with Namo Amida Butsu" by **Rev. Naomi Nakano** and guest speakers, **Rev. Harry Bridge** and **Rev. Hibiki Murakami**.

Our BWA ladies helped with some of the game activities and even won "The Price is Right" grand prize (bragging rights and a picture of a new car).

In Gassho,
Shirley Matsumoto
BWA President

BWA Ladies with Julie Satake Ryu, Mika Mukojima, Rev Mukojima and Emily Terada

Rev. Naomi Nakano

Trivia winners - Lillian & Emily Terada

2025 150 Club News

Congratulations to 150 Clubs winners for the last two months:

October ..... Traci & Mike Inouye
November ..... Candice & Dave Maruyama

Congratulations to our winners.
Thank you for participating in the 150 Club!

Everyone, Happy Holiday!

Namo Amida Butsu – "Let us live with Kindness and Gratitude beyond words"

150 Club Committee

Toban & Echo Schedule

	Toban	Echo Article Deadline	Echo Sent in Mail
DEC	Zones 2 & 3	N / A	N / A
JAN	Zones 4 & 5	Dec 12 (Fri)	Dec 17 (Wed)
FEB	Zones 6 & 7	Jan 16 (Fri)	Jan 21 (Wed)

Please note the article deadline and mailing dates. This will provide time to layout, proof, finalize and print the issue.
Thank you. ***Domo Arigato***. ありがとう ございます。
Email all articles to echo@mvbuddhisttemple.org .

December

Monthly

Memorial

Service

* * * * *

Shotsuki Hoyo for December to be held on Sunday, December 7

* * * * *

See MVBT website or Putra's Post for details of the Service

December Shotsuki Hoyo (Monthly Memorial Service)

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the Temple in memory of the past members and their family members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The **December** Shotsuki loved ones are:

Yoshiko Akizuki
Frank Nobuo Bunya
Edward Chikasuye
Ichiro Chikasuye
Richard Endo
Sandra Aiko Enomoto
Emiko Fujikawa
Mamoru Fukuma
June Furuichi
Emiko Furuta
James Furuta
Eigoro Hashimoto
Myrna Hayashi
Sato Hiroshige
Dorothy Horiuchi
June Hoshi
Frank Hoshida
Teruko Ikeda
Amy Imai
Suyeno Imamura
Hana Inouye
Harry Ishii
IJ Iwamoto
Muriel Izumi
Shogo Kaku
Mae Kawaguchi
David Kawamoto
Junso Kawamoto
Tsue Kawamoto
Toshiko Kawamoto
Itaru Kawano
James Ichiro Kawaye
Tomiko Kosakura
Alice Koyano
Tomoe Kumamaru
George Kunimoto
Yoshio Kusaba
Nobuichi Masaki
Toshiko Mori
Kiyoko Murakami
Tamae Nagatsuyu
Paul Nakagawa
Jane Nakamura
Masazo Nakamura
Miyuki Nakano
Shunsuke Nakano
Leo Nakayama
Richiko Obuchi
Frank Okimoto
Kelly Sakae
Jiro Sakano
Hatsue Sako
Yoshio Sato
Fumiko Frances Sawamura
Chiyo Shimoguchi
Yasuki Shinke
Laurie Takasugi
Scott Takasuka
Junichi Takimoto
Robert Taniguchi
Kiyomi Tanouye
Florence Tsukagawa
Hiro Uyehara
Edward Yonemura
Teruo Yukawa

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **reverend@mvbuddhisttemple.org**

Phone (Temple office) **(650) 964-9426**

MEMORIAL SERVICES

Memorial services allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2025 is the Memorial Year for those who passed away in:

1st Year Memorial	2024	3rd Year Memorial	2023	7th Year Memorial	2019
13th Year Memorial	2013	17th Year Memorial	2009	25th Year Memorial	2001
27th Year Memorial	1999	33rd Year Memorial	1993	50th Year Memorial	1976

Building MVBT: A Historical Look Back

This is the sixth of many look backs into the artifacts of your Mountain View Buddhist Temple.

Lanterns in the Geijin

Donated by:
Akira Hoshiko

Donated by:
Tsuyuko and Ichiro Asada

Other Historical Look Back

Order	Echo Edition	MVBT Artifact
1st	*December 2018*	*Wheel of Dharma on top of Hondo*
2nd	*January 2019*	*Incense burner in Hondo*
3rd	*February 2019*	*Gold Wisteria on Geijin Podium*
4th	*April 2019*	*Cook Pine Tree in Parking Lot*
5th	*September 2020*	*Face of the Buddha in Circle*

Support Your Temple

Donate to Past & Upcoming Services

Eitaikyo Memorial / Keiro Kai

Bodhi Day / New Year's Eve

New Year's Day / Hoonko

Your donations go to the General Fund supporting day-to-day operations.
These donations make up one-third of the Fund Income.

(1) Use the MVBT online "DONATE" or
(2) Send a check to the Temple office
(3) Donate at the Service

Read if you are over 70 1/2 years old

Another Way to Donate to the Mountain View Buddhist Temple

Donate Your IRA Minimum Distribution Directly to the Temple and Avoid Taxes

If you are 70 ½ years or older, you can take advantage of a simple way to benefit the Mountain View Buddhist Temple and receive tax benefits for yourself. QCDs can start as early as 70 ½ even though Required Minimum Distributions (RMDs) from your IRAs are not required until age 73.

Benefits of an IRA Qualified Charitable Distribution

- Avoid taxes on transfers of up to $108,000 from your IRA to Mountain View Buddhist Temple
- Satisfy your required minimum distribution (RMD) for the year
- Reduce your taxable income, even if you do not itemize deductions
- Make a gift that is not subject to the 60% deduction limits on charitable gifts
- Help further the work and mission of Mountain View Buddhist Temple

How an IRA Charitable Rollover Gift Works

1. Contact your IRA plan administrator to make a gift from your IRA to the Temple (Your IRA administrator must make the distribution directly to the Temple).
2. Your IRA funds will be directly transferred to Mountain View Buddhist Temple to help continue our important work.
3. Please note that IRA Qualified Charitable Distributions do not qualify for a charitable deduction.
4. Please contact us if you wish for your gift to be used for a specific purpose.

Contact Us

If you have any questions about an IRA Qualified Charitable Distributions, please contact us at treasurer@mvbuddhisttemple.org. We would be happy to assist you and answer any questions you might have.

The above information is not intended as legal or tax advice. Please contact your attorney or tax advisor for further details on making an IRA Qualified Charitable Distribution.

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Year's Day **10a-11a** Shusho-e Service **7:30p-9:30p** Thursday Night Basketball	**2** **6p-8p** MVBT Pickle Ball	**3**
4 **10a-12p** Shotsuki Hoyo Service & Dharma School **11:30a-12:30p** YBA Lunch **12p-2p** Kids Taiko Class **12p-1p** Miroku Monthly Meeting **12:30p-2p** YBA Meeting **2p-4p** Jun Daiko	**5** **7p-8:30p** Buddhist Discussion Group	**6** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**7** **6p-9p** Boy Scouts **7p-9p** Boy Scouts	**8** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**9** **6p-10p** ABA General Meeting **6p-8p** MVBT Pickle Ball	**10**
11 **10a-12p** BWA Memorial Service & Dharma School **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**12**	**13** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**14** **7p-9p** Boy Scouts **7:30p-9:30p** MVBT Board Meeting	**15** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**16** **6p-8p** MVBT Pickle Ball	**17** **9a-12p** BWA Meeting
18 **10a-12p** Hoonko Service & Dharma School **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**19** Martin Luther King Holiday	**20** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**21** **7p-9p** Boy Scouts	**22** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**23** **6p-8p** MVBT Pickle Ball	**24**
25 **10a-12p** Sunday Service & Dharma School **11a** MVBT General Meeting **12p-2p** Kids Taiko Class **2p-4p** Jun Daiko	**26** **7:30p-8:30p** RPC Meeting	**27** **5:30p-7:30p** MVBT Adult Taiko **6:30p-7:30p** Adult Continuing Taiko **7p-8p** Cub Scout Pack Meeting **7:30p-8:30p** MVBT Ukulele Club **8p-10p** Jun Daiko	**28** **7p-9p** Boy Scouts	**29** **9a-12p** Senior Activities and Crafts **5:30p-7:30p** MVBT Adult Taiko **7:30p-9:30p** Thursday Night Basketball **8p-10p** Jun Daiko	**30** **6p-8p** MVBT Pickle Ball	**31**

MOCHITSUKI
December 14

Komochi
$ 15
(2-pound pkg)

Okasane
$ 8
(1-pound pkg)

See Pages 8 & 9
for more information

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Eitaikyo Memorial

Bodhi Day / New Year's Eve

New Year's Day / Hoonko

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Highlights in December Issue

President's Message	*6*
2026 Membership Drive	*6*
Mochi Tsuki	*8 - 9*
BWA Dana Youth Fund Drive	*11*
YBA	*12*
QCD	*17*

Mountain View Buddhist Temple
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Mountain View, CA 94043
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