May 2020

Volume 59 Number 5

MOUNTAIN VIEW BUDDHIST TEMPLE

Beyond Love and Hate

May Highlights

- ***5/3 Sun, CANCELLED***
  - *Shotsuki Hoyo*
  - *11:00 am - Japanese Language Service*
- ***5/4 Mon, 7: CANCELLED***
  - *Buddhist Discussion Group*
- ***5/10, Sun, CANCELLED***
  - *Gotan-e Service*
- ***5/10, Sun, CANCELLED***
  - *YBA Mother's Day Breakfast*
- ***5/17, Sun, CANCELLED***
  - *Chicken Teriyaki Fundraiser*

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Check Temple Website for latest information about Temple activities

In the middle of March, the U.S. government declared a state of emergency in response to the coronavirus pandemic. Because most states have issued a shelter-in-place order, it requires that public facilities such as our temple close which, of course, severely restricts our activities.

Because the coronavirus is highly contagious, many people all over the world are infected and the number of people who die of this virus has increased day by day. All of us are now filled with the anxiety and fear of this uncertain predicament. Yet, we still need to act responsibly and stand in solidarity with one another so that we can get through this terrible pandemic as quickly as possible.

By Rev. Yushi Mukojima

However, it has been three weeks since we began sheltering in place, and we are stressed out and tired because of the unprecedented situation our country finds itself in. No matter how much we try to tell ourselves that we should stay calm and mindful at all times, it is not at all the same as being worried about our jobs, our kids' school or the state of economy. I am not sure there has been anything in recent history that has upset our peaceful daily lives more than dealing with this coronavirus situation. It is a global threat that is so new that even our leaders are unsure how we should handle it. That's certainly why there are so many people throughout the world who, over time, have become easily irritated. This has resulted in normally reasonable people whose thinking has become irrational and caused them to hurt others' feelings, sometimes

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A Message from the President

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By Doug Sawamura
MVBT President

Temple closed through September 6, 2020

Hi Everyone!

I hope you are all making the best of the current situation and are practicing **Shanti (Patience)** one of the most important of the Six Paramitas, in addition to, physical distancing and staying-at-home.

During our April Board of Directors Meeting, held virtually via Zoom video conferencing, we had to make a few very difficult decisions. In order to protect the health and safety of our Sangha, Sensei and greater public, we decided to cancel all in person events at the Mountain View Buddhist Temple through September 6, 2020. This includes all in person

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may 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
					6:00 pm YBA volleyball practice	
3	4	5	6	7	8	9
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
10:00 am Shotsuki Hoyo Service & Dharma School 12:00 pm Miroku 12:00 pm Taiko - Kids 12:00 pm YBA General Meeting 2:00 pm JD Taiko	6:30 pm Girl Scouts 7:00 pm Buddhist Discussion Group	7:00 pm Cub Scouts	6:00 pm Boy Scouts - Junior Leaders/Parents' Meeting 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm YABA	8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 6:30 pm Boy Scouts (Stanford Dist., PacSky, BSA) 7:00 pm MVBT Adult	6:00 pm YBA volleyball practice 7:30 pm ABA Meeting	:00 am BWA Meeting 7:00 pm YBA Mother's Day Corsage Making
10	11	12	13	14	15	16
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
8:00 am YBA Mother's Day Brunch (Serving 8:45 - 9:45 am) 10:00 am Gotan-e Service & Dharma School 12:00 pm Taiko - Kids 12:00 pm YABA General Meeting 1:00 pm Girl Scout Ambassadors Meeting 2:00 pm JD Taiko	1:00 pm Senior Group 7:00 pm FPC Meeting	6:00 pm Taiko - Adults 7:00 pm Cub Scouts 7:00 pm YABA 8:00 pm JD Taiko	7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm Temple Board of Directors Meeting	8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**Chicken Teriyaki Fundraiser Prep** 6:00 pm YBA volleyball pratcice	**Chicken Teriyaki Fundraiser Prep**
17	18	19	20	21	22	23
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
Chicken Teriyaki Fundraiser Prep 10:00 am Sunday Service & Dharma School 11:45 am Dharma School Teachers' Meeting 12:00 pm Taiko - Kids 2:00 pm JD Taiko	6:30 pm Girl Scouts	6:00 pm Taiko - Adults 7:00 pm Cub Scouts 7:00 pm YABA 7:15 pm Dharma School Cabinet Meeting 8:00 pm JD Taiko	7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm VISION Meeting	8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	6:00 pm YBA volleyball practice	
24	25	26	27	28	29	30
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
9:30 am Alta Mesa Memorial Service 12:00 pm Taiko - Kids 1:00 pm Girl Scout Ambassador's 2:00 pm JD Taiko	10:00 am Oak Hill Memorial Park Service 7:30 pm RPC Meeting	6:00 pm Taiko - Adults 7:00 pm Cub Scouts 7:00 pm YABA 8:00 pm JD Taiko	7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm Obon Committee Meeting	8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko		
31						
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
10:00 am Sunday Service & Dharma School 12:00 pm Taiko - Kids 2:00 pm CD YBL Meeting 2:00 pm JD Taiko						

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While Sunday Services are cancelled, Dharma Messages are available on the Temple website.

https://www.mvbuddhisttemple.org

Namo Amida Butsu – "Let us live with Kindness and Gratitude beyond words."

Religious Planning — May 2020

May 3, 2020, Sunday, Shotsuki Hoyo — CANCELLED

11:00 am Japanese Language Service

May 4, 2020, Monday, Buddhist Discussion Group — CANCELLED

May 10, 2020, Sunday, Gotan-e Service — CANCELLED

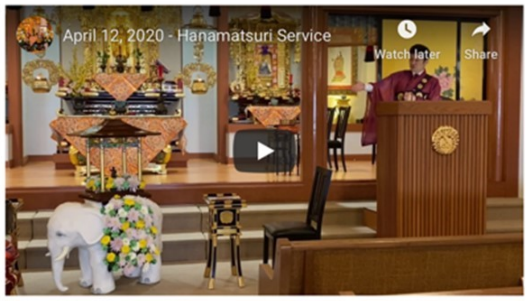
Gotan-e: Observes the birth of Shinran Shonin, the founder of Jodo Shinshu. Born near Kyoto, Japan, on May 21, 1173.

May 17, 2020, Sunday, Sunday Service — CANCELLED

May 24, 2020, Sunday, Service at Alta Mesa Cemetery — CANCELLED

No Services at MVBT

May 31, 2020, Sunday, Sunday Service — CANCELLED



Hanamatsuri Service for April 12, 2020

Dharma Talks by Rev. Mukojima and Minister's Assistant John Arima are available at the MVBT website.

Check the Temple Website for latest information about Temple activities

Shotsuki Hoyo Service | **O-asaji (Morning Chanting) - 9:00 am** | **Study Class - 7:00 pm**

Adult Discussion - 11:00 am | **Dharma School - 11:00 am** | **Discussion Group - 7:00 pm**

May Shotsuki Hoyo Service

The **May Shotsuki Hoyo Service** is cancelled.

Take a moment to do your own service at your personal ***Obutsudan***.

The names of the May loved ones who passed away this month are on Page 17.

Think of the sincere respect for and gratitude to the Shotsuki loved ones. They have and will continue to influence our lives and the future of the Mountain View Buddhist Temple.

Namo Amida Butsu.

Gotan-e Service

The **Gotan-e Service** celebrates the birth of our founder Shinran Shonin, who was born on May 21, 1173.

Shinran Shonin spent his simple and modest life of ninety years with no thought of making himself spectacularly prominent and impressive among the people. But millions of Nembutsu followers are rejoicing over his way of life through the guidance of Amida Buddha and his Teachings. Let us see the true aspect of Shinran Shonin's Shinjin (true entrusting mind) and live the life of Oneness with the strength and conviction through the Teachings of the Nembutsu.

Namo Amida Butsu.

Beyond Love and Hate (cont'd)

(Continued from page 1)

even doing them harm.

In particular, there have been many incidents throughout the world where innocent people of Asian descent have been yelled at or even assaulted by others who ignorantly believe that the coronavirus is the fault of those with Asian faces. Even here, many instances of discrimination are being reported. A few weeks ago, I was saddened by news from Cupertino where an Asian woman was at the store in line at the register when the cashier accused her of bringing the virus into the store and told her to get out. The other clerks and customers joined in and began shouting at her to get out of the store. It is heart-wrenching to think how sad and horrified that poor woman must have felt to have her neighbors show their terrible ignorance in such a cruel way.

Unfortunately, in our current situation, the fear of uncertainty is making many people impatient. Many people who are usually kind and considerate of others might become aggressive and hurt the feelings of others by using hateful words they would usually avoid. Our founder Shinran said, "Under the influence of our karmic past, we human beings will do anything." We know that this is true because we really don't know what we would do if faced with such a situation. So, we should be mindful of Shinran's words, and be careful not to hurt the feelings of others even when we are feeling stressed during the very time that we need to foster a community free from discrimination.

Buddha embraces all beings equally, as if each of us is his only child, precious and irreplaceable.

After thinking about it, discrimination is not just limited to this case. Over the past few years, there have been many hate crimes committed by citizens in various parts of the country. In addition to discrimination against specific races or religious groups, there have been those whose negative attitude toward the handicapped or against LGBTQ people have caused them to slander or even attack innocent people.

These are terrible actions on the part of a small number of prejudiced people. But unfortunately, we humans have a sense of discrimination because even during the time of Sakyamuni Buddha over 2,500 years ago, there was a well-established caste system—discrimination by social class. Discrimination of all kinds has long been part of human history. Sakyamuni Buddha rejected the caste system outright because the concept of the superiority of the richest class denies the value of existence of all others. It is one of the most cruel behaviors for humans.

In his writing, the Hymns of the Pure Land, Shinran says:

> *The state of gaining the true mind of non-discrimination is the loving gaze directed at all sentient beings, like that of a parent who truly loves his or her only child. The mind which loves all living beings as a parent loves an only child—that is Buddha-nature. We will awaken to it on reaching the Pure Land.*

In this poem, Shinran makes clear that the Buddha embraces all beings equally, as if each of us is his only child, precious and irreplaceable. Sakyamuni Buddha's compassionate mind is condensed and revealed in this passage.

Then, what is the mind of non-discrimination? Actually, it doesn't discriminate between love and hate. That is, the Buddha's mind is beyond love and hatred. Because such a state is difficult to understand, it is even difficult to imagine it. But it is indeed the state of the Buddha's enlightenment, and the one who possesses the mind of non-discrimination between love and hatred is Buddha.

When we follow the Buddha's teaching, we reject the idea of discriminatory behavior like racism, and always say things like, "Everyone is equal," without thinking. Of course, this is a really important concept and is quite right. But do we always regard all those whom we love or hate as equals? It is a really difficult practice, isn't it? We try very hard to take action towards the realization of a society free from bias and discrimination. Yet, once we see those whom we dislike or hate, we ignore them and talk about them behind their back. Every one of us has one person whom we dislike. But can we open our minds to that person without prejudice like we do to our friends? If not, this type of treatment is both unfair and egoistic. And of course, it is a great contradiction, because those who cannot accept and embrace everyone could end up practicing discrimination, such as racism. That's why we must never forget that each of us is capable of discrimination.

When we follow the Buddha's teaching,

"Everyone is equal"

The state of enlightenment — namely, a mind that doesn't discriminate between love and hate — completely defeats our selfish way of thinking. It also means to become fully aware that those whom we love and hate are merely delusions of our own creation. It is not that a hateful person stands before us, but rather that we, who hate that person, stands here. We must understand this reality. When we realize that our feelings of love and hatred are products of our delusional thinking, then the world of seeing all people equally as irreplaceable will

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Beyond Love and Hate (cont'd)

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be open to our view.

The Nembutsu is our precious mind's mirror that reflects our imperfect selves clearly. It makes us reflect deeply on our selfish way of living and accept all

When we realize that our feelings of love and hatred are products of our delusional thinking, then the world of seeing all people equally as irreplaceable will be open to our view.

existence that has Buddha-nature. So, during this challenging period, I sincerely hope that with the Nembutsu we will look deep into our own sense of discrimination that exists in our mind and hearts so that we can do something to help bring about a society free from bigotry and discrimination. Let us get through this terrible pandemic by helping and supporting each other as fellow human beings.

In Gassho,

A Message from the President (cont'd)

(Continued from page 1)

services, Chicken Teriyaki Fundraiser, the Obon Festival & Bazaar and the Sasaki Golf Tournament. The Board of Directors will continue to meet regularly (via Zoom) and will provide updates as needed. Please be sure to check the Temple's website for current information regarding our response to the COVID-19 pandemic.

It makes me proud to know that our Sangha is sticking together during these tough times.:

- We have a group led by YABA, ABA and Jun Daiko providing assistance for our senior members;
- Our Temple has been able to donate some greatly needed supplies to people in need in the greater Santa Clara County; and
- We now have a group of volunteers sewing masks for Temple members.

I have one request of all of you and that is to reach out and call a senior that you know who lives alone. Did you know that over 50% of our Sangha is +70 years old and there are many more seniors out there who are less fortunate than our Temple seniors. It's a tough time for us all, but it is an extremely tough time for senior citizens who live alone.

Please take care of yourselves and others as well!

Trying to live a life of gratitude.

Doug Sawamura
MVBT President

Donate to the Major Services

Support Your Temple

Hanamatsuri / Gotan-e / Kangi-e (Obon)

Your donations go to the General Fund to support day-to-day operations

(1) Use the MVBT online donation "DONATE NOW"
(2) Mail a check to the Temple office

マウンテンビュー仏教会「回向」
二〇二〇年五月法話

― 愛憎を越えて ―

駐在開教使　向嶋裕史

先の三月半ば、アメリカ政府は新型コロナウイルスの感染拡大を受けて、国家非常事態を宣言し、ほとんどの州で自宅待機命令が発動されました。そのため、仏教会や学校などといった公共施設が閉鎖され、私達の行動がかなり制限されています。

コロナウイルスの感染力は非常に高く、世界中で多くの方が感染し、亡くなる方も日々増えている現状です。いつ終息するのか分からないという不安と恐怖が常に付きまといますが、私達一人ひとりが責任ある行動をとって共に一丸となって乗り越えていかなくてはなりません。

しかし、自宅待機命令が出て約三週間が経った今、先の見えない自粛生活に私達の多くはストレスと疲労で精神的に厳しい状態にあります。どれほど平常心を保とうと努力しても、仕事や子供の学校、そして経済のことを考え出すと冷静ではいられません。多くの方が自分達の日常がコロナウイルスによって奪われている現状を腹立たしく感じ、未だ誰もこのウイルスに対して最善の策が見いだせない世界的脅威に恐怖を感じています。それ故に、世界中で多くの人達が心のバランスを失い、ストレスを蓄積し、激しい苛立ちから相手の心を傷つけ、危害を加えるなどといった出来事が多発しています。

特に、コロナウイルスの元凶はアジア人だという認識の下、世界中で心無い人達から何ら罪のないアジア人が罵声を浴びせられ、暴行を受けたりする事件が発生しています。このアメリカに於いても、多くのコロナ差別が横行していますが、先日、クパチーノにある食料品店でアジア人女性が数名の店員や買い物客にウイルスを持ち込んだと罵声を浴びせられ、店から追い出される侮辱を受けたという悲しいニュースがありました。アジア人というだけで隣人から心無い差別を受けたこの女性の気持ちを考えると胸が締め付けられる思いで一杯です。

残念ながら、先の見えない不安が原因で、普段は他人に優しく寛容な人であっても攻撃的になり、通常使わないような侮辱的な言葉で相手の心を傷つけてしまっている方が数多くいると思います。親鸞聖人は「縁によって私達人間は何をしでかすか分からない凡夫である」とおっしゃっておられます。このお言葉を胸に、ストレスのはけ口が差別行為とならぬよう自分の言動に気を付けると同時に、差別を許すことのない地域社会を目指していかなくてはなりません。

よくよく考えてみますと、差別問題は今回に限ったことではありません。ここ数年、残念なことに、特定の人種や宗教に対する差別をはじめ、障碍者や同性愛者などに否定的な立場をとる人々が公の場で彼らを誹謗中傷するような悲しい出来事をニュースで目にします。

人間の心の中には、誰もが差別意識は少なからずあるもので、二五〇〇年前のお釈迦さまの時代でさえもカースト制度という身分差別が確立されていたほど差別意識は人間の歴史に深くかかわっています。お釈迦さまは、差別という概念は相手の存在価値を否定する最も卑劣な行為の一つであるとカースト制度を真っ向から否定しておられます。

親鸞聖人は、浄土和讃の中で、「仏さまは平等の心でもって全ての衆生を分けへだてなく、かけがえのない一人子を愛するように見つめておられる」と明らかにされています。このお言葉の中にお釈迦さまのお心が凝縮されているように思います。

お釈迦さまのお心である平等心とは何かといいますと、それは、「怨親平等の心」をいいます。怨親とは愛憎を超えた心をいいます。これはとても大変なことで、私達凡夫には到底想像も尽かない世界ではありますが、実はこれこそが、仏さまのお悟りの領域であり、この怨親平等の心を開いた尊いお方を仏というのです。

差別を認めない私達仏教徒は、当たり前のように「みんな平等だ」と言います。これは大変尊い思想です。ですが、愛するものと憎むものを全て平等に見ていくという生き方が日常生活の中で本当に実践されているでしょうか？私達は、どれだけ差別根絶の社会を目指して行動しようとも、一度、自分の嫌いな人や憎んでいる人に出会うと、たちまち偏見の目で見てしまいます。これは非常に自分勝手で大いに矛盾しています。この相手を受け入れられない感情が差別思想へとつながっていくのです。

悟りの境地、怨親平等の心とは、その自己中心的なものの考え方を完全に打ち破ることであり、自分の嫌いな人は単に自分がつくり出した心の迷いにすぎないと目覚めることなのです。目の前に憎い人がいるのではありません。その人を憎んでいる私がここにいるのです。憎いも愛しいも心の迷いにすぎないということを悟ったとき、全ての人がかけがえのない尊い存在なのだという平等の世界が開けてきます。

お念仏は、不完全な我が身をはっきりと映し出して下さる尊い心の鏡です。常にお念仏を申す中で、どこまでも自己中心的な生き方しかできない己を省みつつ、仏性としての存在を互いに認め合い、差別根絶のために内なる差別としっかり向き合っていきたいものです。同じ人間同士共に助け合いながらこのコロナ危機を力強く乗り越えていきましょう。

"Reflection" on the COVID-19 Pandemic

Mini-Sermon by Rev. Bob Oshita & Rev. Patti Oshita

Rev. Bob Oshita &
Rev. Patti Oshita

OPENING

A few months after retiring from active ministry in September of 2016, Patti and I accepted the invitation to become the first Buddhist Chaplains to serve the California State Assembly. Since taking office in December of 2016, it has been our honor to share the Dharma in the legislative arena.

We are now in our fourth year of serving as the Assembly Chaplains. We open the each Assembly Floor Session with a "Reflection," which we hope will resonate in a timely and meaningful manner. Just prior to the State Legislature calling a recess during this time of self-quarantine, we prepared this Reflection that Rev. Patti shared with the Assembly on March 12, 2020.

REFLECTION

Rev. Patti presenting at the California State Assembly Opening on March 12, 2020

Please join me in a moment of Reflection:

Often, it is a shared adversity that will bring people together. When that adversity is a pandemic, then borders dissolve; and we are made to see again that beyond all the boundaries that may separate us, we are all a part of One Humanity. With our Wisdom Eyes open, we see again that no life can exist in a vacuum. All Humanity is interconnected. We are all One, in the Fabric of Life. As we move forward together through this crisis, let us nurture our awareness of truly being One Humanity: for Kindness flows from our awareness of being One.

Namo Amida Butsu – With Kindness & Gratitude beyond words…

CLOSING

Past Bishop Koshin Ogui would often say, "We like to say that the Dharma is Universal Truth." He would then add, "If the Dharma is truly Universal Truth, then it should make sense to anyone, anyplace, at any time, without exception. If it does not, then it is NOT Universal Truth." I have never heard a better definition of Universal.

As "Teachers of the Dharma," it is our responsibility to share what is Universally True without using any words or phrases that would become hindrances or obstacles to clear and immediate communication of what is True. And if ever we wish to use a "traditional" word or phrase, we must try to do so with meaningful simplicity.

It continues to be an honor to represent the Dharma Tradition in this unique capacity.

We are now one month of trying to "Shelter-in-Place." We hope everyone is doing their best to stay safe and well. And, if you are in need of assistance, remember that we are all a part of a Sangha.

Namo Amida Butsu - With Kindness & Gratitude Beyond Words…

MVBT Senior Outreach Network

The foundations of the Mountain View Buddhist Temple Senior Outreach Network were laid a couple of days after Santa Clara County issued its Shelter-in-Place order. By that Sunday, over forty volunteers from Mountain View Buddhist Temple's Adult Buddhist Association (ABA), Jun Daiko and the Young Adult Buddhist Association (YABA) joined the first meeting over Zoom.

There are now five regional teams and one Japanese-speaking team to support Temple members over the age of 70 with the following:

- Buying groceries and other essentials *
- Ordering meals through DoorDash, Uber Eats, GrubHub and other meal delivery services
- Sharing in a friendly phone call

* If a senior needs help with shopping, please have them use the Shopping List template (see next page). Please note that deliveries will be made to the senior's doorstep – our volunteers cannot enter their home and they will be maintaining physical distancing for their shared health and safety.

While we are unable to pick up or deliver prescription medicine at this time, we are recommending the NowRX service, which is a full-service pharmacy in the Bay Area that delivers within five hours, free of charge to Medicare subscribers (please no tipping either). They also accept most major insurance policies except for those from Kaiser and Medi-Cal. Seniors can speak to a pharmacist on the phone, and their delivery drivers are HIPAA certified NowRX employees. Seniors can either enroll online or over the phone.

NowRX

Phone: 844-466-6979

Website: https://nowrx.com/

If urgent medical assistance is required, please call 911. Otherwise, call the relevant non-emergency helpline:

Non-Emergency Phone Numbers by City

Campbell.....408-866-2101
Los Altos.....650-947-2770
Mountain View.....650-903-6395
Palo Alto.....650-329-2413
San Jose.....408-277-8911 or text 311
Sunnyvale.....408-730-7180

Team Leads for the MVBT Senior Outreach Network

North (including Palo Alto, Half Moon Bay, etc.)
Donna Okubo

Mountain View
Bob Imai

Sunnyvale
Bob Matsumoto

West (including Los Altos and Los Altos Hills)
Sterling Makishima

South Santa Clara County (including Santa Clara, San Jose, Campbell, etc.)
Jean Shimoguchi

Japanese-Speaking
Hiroshi Tanaka

MVBT Senior Outreach Network Leads

Alec Matsumoto
Brent Izutsu
Jean Shimoguchi
Susan Yuen

2019 Kerio Kai: Keiros at the Luncheon. Half of the +70 year olds at MVBT.

MOUNTAIN VIEW BUDDHIST TEMPLE
SENIOR OUTREACH SUPPORT NETWORK SHOPPING LIST

If you would like a volunteer to assist you with shopping, please use this template to categorize your essential and nice-to-have items. You will be asked to set a dollar amount that is not to be exceeded, and your essential items will be prioritized.

Please list items for at least one week's worth of shopping. We are trying to minimize shopping trips for our volunteers as well.

For your health and safety, and the health and safety of our volunteers, deliveries will be made to your front doorstep. We will take every precaution to minimize the spread of germs through hand sanitizing and gloves, and we will be maintaining social distancing guidelines (keeping at least six feet away). Volunteers will not be able to enter your home. *No tips will be accepted.*

NOT TO EXCEED $_____	
ESSENTIAL ITEMS	NICE TO HAVE ITEMS
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.

Our volunteers will be calling you soon. Please have this list ready for when they call.

MVBT Sewing Group

Fabric Face Masks

A newly formed Sewing Group is lovingly producing face masks for the MVBT Community. Our most senior members will be prioritized to receive masks as requested. We believe we will be able to provide a good number to the MVBT Community beyond the seniors. Fabric face masks are NOT sterile and DO NOT provide complete protection from the coronavirus. These are designed to cover the mouth and nose and is something in addition to social distancing and hand-washing that can slow the spread of the disease, according to the CDC.

If you are interested in receiving a fabric face mask (designs variable), please fill in the online form and we will try to fill as many orders as possible. ONE mask per person in the household for the moment. We are requesting a $5 donation/per order (not per mask) to cover mailing and distribution.

https://tinyurl.com/mvbtmasks

Call (650-787-9133) or email julie@satakenursery.com for any questions. If you or someone you know would like to join with our MVBT Sewing Group, just let me know.

MIROKU

middle school group

Miroku

In April, Miroku had our meeting virtually using Zoom technology with 14 members who came.

We discussed what has been happening at the church, and where we left things with the Fuzzy Feelings sock drive. We discussed whether Miroku can do anything to help any homebound seniors. Then, we voted on a virtual social activity and had it right after the meeting. We played "skribblo.io" at the website skribbl.io. Our dad won the first round and Connor won the second. It was a lot of fun!

Our next meeting is scheduled for Sunday, May 5, at noon.

In Gassho,
Kendall & Mason Inouye
6th & 8th Grade members

Namo Amida Butsu: *"With kindness and gratitude beyond words."*

Meeting via Zoom

"skribbl.io" online activity

MVBT YBA

Although all YBA activities through August have been cancelled due to COVID-19, we are continuing to hold monthly meetings using Zoom.

We hope everyone stays healthy and safe during this time.

In Gassho,
Stacey Kawabata
2019-2020 YBA President

Mountain View Buddhist Temple YBA

Annual Chicken Teriyaki Fundraiser — Cancelled

At the April MVBT Board meeting, the decision was to cancel the Chicken Teriyaki Fundraiser scheduled for May 17 because of concerns about the COVID-19 pandemic. The Temple is driven by the overriding concerns for the health and safety of our Temple members and friends. We hope to resume the Chicken Teriyaki Fundraiser next year.

In Gassho,

Don Fukuma and Bob Yamanaga, Zone 7
2020 Chicken Teriyaki Chairpersons

Sunnyvale Golf

CANCELLED

Sasaki Memorial Golf Tournament
at
Sunnyvale Golf Course
Sunday, August 23

Seniors Activities & Crafts Program

MVBT Seniors Activities and Crafts

Due to the unfortunate crisis of the Coronavirus, the Seniors Activities & Crafts scheduled for May and June have been cancelled. The Seniors Board hopes to resume on the first Thursday after Labor Day.

The Board will try to reschedule Julie Nakatani to show us simple ways to do flower arrangements and Rev. Nekoda to share his Shiatsu techniques.

Continue to stay safe and healthy until we meet again.

In Gassho,
The Seniors Board

Seniors Board
Left to right: Richard Endo, Aiko Sugimoto-Miyamoto, Kimi Nishimura, Miyo Takegami, Reiko Tsuchida, Carolyn Sakae, Allan Nara and Chuck Uyeda

(Sadly, Richard Endo entered Nirvana on December 28, 2019)

Welcome New MVBT Members!

The Mountain View Buddhist Temple warmly welcomes the following new members who joined between March 2019 and March 2020:

Zone 2
- Larry Bradley
- Ellen Kamei
- Wayne Yoshimoto & Anna Yong

Zone 3
- Curt Fukuda & Monica Smith

Zone 5
- Brian Shoda
- Hiro Shoda

Zone 7
- Donald & Lori Parkison

Zone 9
- Robin Lai

Zone 11
- Hiroto Yamada

Zone 12
- Minae Nishimura

Zone 13
- David Hori

The introductory service and welcome luncheon has been postponed because of the COVID-19 pandemic and will be rescheduled when Sunday Services resume.

In Gassho,
MVBT Membership Committee

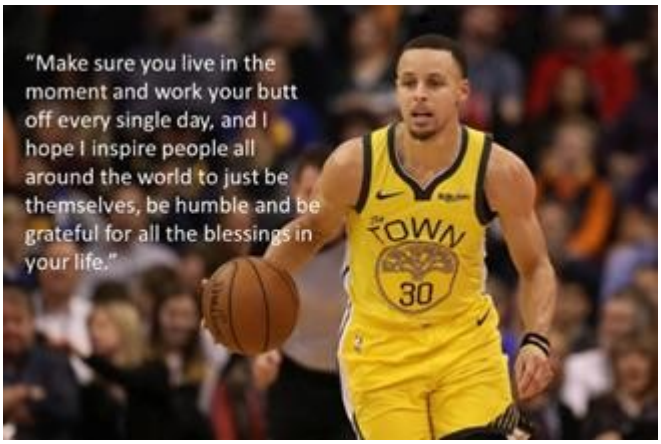
MVBT Adult Buddhist Association

MVBT Adult Buddhist Association

Everyone in the Bay Area is sheltered-in-place in their homes. The situation feels like a science fiction movie. Unfortunately, it is our new reality because of the COVID-19 pandemic.

Things we took for granted are now put on hold: haircuts, lunches with friends, church services, family dinners and more. In the meantime, we are grateful for all those things we had and look forward to when we can do them again.

To maintain a connection to the Mountain View Buddhist Temple, ABA members will listen to Rev. Mukojima's and Minister Assistant John Arima's Dharma Talks every Sunday. The members will also "meet" on Zoom to maintain our friendship, talk about our shelter-in-place experiences and maintain our connection to the Temple.



With Kindess and Graditude
beyond words,
Jean Shimoguchi
ABA President

150 Club News

Our April winner is **Chuck Uyeda**.

Congratulations Chuck and thank you everyone for participating in 150 Club!

Everyone please stay healthy and well!

Toban & Echo Schedule

	Toban	Echo Article Deadline	Echo Email
MAY	No Toban	N / A	N / A
JUNE	No Toban	May 15 (Fri)	May 20 (Wed)
JULY	No Toban	June 12 (Fri)	June 17 (Wed)

Please note the article deadline and printing dates. This will provide time to layout, proof and finalize the issue. Thank you. *Domo Arigato.*
Email all articles to echo@mvbuddhisttemple.org

Dharma School News

Dharma School

If it were a normal April, I would be writing about all of the preparation that our Dharma School students, teachers, and families were doing for the Temple's Hanamatsuri luncheon and program. There would be conversations and meetings about the Dharma School campout in June and the game booths at Obon in July. And, I would be wondering when we last celebrated Dharma School birthdays during a Shotsuki Hoyo service. But this is not a typical April.

In response to the COVID-19 pandemic's threat to our Sangha's and broader community's safety, health, and wellbeing, the Temple has extended its suspension of in-person meetings, activities and events through the end of August. While it was a difficult decision, it is the prudent one. The last few weeks have been challenging for all of us, and the weeks ahead will continue to be difficult with impacts felt personally, physically, financially and socially. But we are all in this together, and we must continue to do what it takes to keep not only ourselves safe, but others as well.

Keep washing your hands. Wear your face masks. Continue to practice physical distancing.

みんなで乗り越えよう。
(We will get through this together.)

Pre-School Making Masks on Google Hangouts

ANNOUNCEMENTS

Preschool Class Does Google Hangouts

The current Shelter-in-Place order couldn't keep MVBT's Preschool class from meeting on Sunday, April 5. That is, Dharma School students, parents and teachers alike used Google Hangouts to learn about making face masks to protect each other and those around them from the spread of the COVID-19.

To make your own masks at home, preschool teacher JoAnn Yamani shared the following lesson:

We are continuously receiving news about how to avoid and prevent the spread of COVID-19. Recently, the Centers for Disease Control has advised wearing a mask when in a grocery store or other enclosed building that is not your residence.

Materials

- Bandana (or square cotton cloth approximately 20"x20")
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)

Directions

1. Fold the cloth into half or thirds.
2. Place the one hair tie or rubber band at each end
3. Fold the ends toward the center
4. Slip the hair ties/rubber bands around your ear and adjust the length of the cloth to your comfort level

You can also use a coffee filter between the folds of the cloth for additional protection.

Please refer to the CDC website for more instructions:

https://tinyurl.com/preschoolmasks

Namo Amida Butsu,
Brent Izutsu
Dharma School Superintendent

MVBT Girl Scout Troop #60736

As our March Girl Scout Sunday Service was cancelled due to the current state of affairs, we were unable to acknowledge our six graduating seniors who have been Girl Scouts for 12+ years. They have all earned the Bronze Award, five earned the Silver Award, and they all have been participants in the BCA Padma program.

These graduating Girl Scout Ambassadors would like to express their gratitude to the Temple and Sangha for their support of the troop and their activities throughout the past 13 years.

In Gassho,
Girl Scout Troop #60736

(left to right)
Kylie Mukoyama, Stacey Kawabata, Lauren Ho,
Kalyn Wong, Wendy Sakuma & Julianne Ho

Amazon and MVBT — Fundraise While You Shop

Are you an Amazon shopper?

If so, please use the Amazon link on the MVBT home page to get to the Amazon site before you select your item and make a purchase. Your purchase will help MVBT earn some income—at no additional cost to you.

Even if you're not an Amazon shopper, give it a try.

Go to

https://www.mvbuddhisttemple.org

and then press the Amazon logo.

Questions? Please contact **Steve Tsuchida**

MVBT's Spring VISION Workshop — POSTPONED

The **SPRING VISION WORKSHOP** has been POSTPONED as part of our response to comply with shelter-in-place guidelines for Santa Clara County. We are hopeful we will SPRING BACK in September for this valuable opportunity to engage with the community.

Meanwhile, please stay safe and healthy!

In Gassho,
Julie Satake Ryu
MVBT Vision Committee

Spring VISION Workshop

POSTPONED

This is your opportunity to have your voice shape the future of MVBT

2020 MVBT Obon Festival & Bazaar — CANCELLED

Dear MVBT Community,

Due to the accommodations each of us has had to make for the safety and welfare of all and the decision by the Board to cancel all events at the Mountain View Buddhist Temple through the end of August, the Temple is CANCELLING this year's Obon Festival & Bazaar. The Obon Festival & Bazaar Committee appreciates any and all work each one of you has contributed to this wonderful event year after year. We will look forward to having a 2021 Obon Festival & Bazaar and hope you will all join us to celebrate next year.

In Gassho,
2020 Obon Festival & Bazaar Committee
Julie Satake Ryu, Sterling Makishima & Ed Ryu

MOUNTAIN VIEW BUDDHIST TEMPLE

2020 OBON FESTIVAL & BAZAAR

All chairpersons, PLEASE attend the meetings

Meeting Dates: YBA Hall Be… …om @ 7:30 pm

Wed… …2020
W… …May 27, 2020
We… …esday, June 24, 2020

CANCELLED

In Gassho,
Obon Festival & Bazaar Co-Chairs
Julie Satake Ryu
Sterling Makishima
Ed Ryu

CANCELLED

May

Monthly

Memorial

Service

May Shotsuki Hoyo (Monthly Memorial Service)

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the Temple in memory of the past members and their family members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The **May** Shotsuki loved ones are:

Robert Ariyama	**Hideo M. Kumamaru**	**Shigemi Sato**
Naka Chikasuye	**June Kusumoto**	**Betty Shidawara**
Rev. Philipp Eidmann	**Roy Matsumoto**	**Frank Shimizu**
Judy Jean Furusho	**Edward Morimoto**	**May Shimoguchi**
Ruth Goto	**Hana Nagao**	**Kazuko Springer**
Levan Gray	**Charles Nagatoshi**	**Aiko Taniguchi**
Isano Hamada	**Minako Nakamoto**	**Mitsuye Togashi**
Gary Hirotsu	**Yoshito Nakamura**	**Fusako Tokuda**
Hironori Honda	**Harry Nakano**	**Sumiye Tomota**
Dr. Yuta Hongo	**Naoko Nakashima**	**Lucia Towne**
Kay Ikeuye	**June Naritomi**	**George Tsukagawa**
Robert Imai	**Herbert Nishimura**	**Seiko Tsumura**
Nancy Ishii	**Hajime Ogata**	**Sumi Uyeda**
Ishino Ishikawa	**Momoyo Ogino**	**Aleric Uyehara**
Nobukichi Ishikawa	**Yoshihiro Okasaki**	**Torao Watanabe**
Caroline Izumi	**Iko Oku**	**John Wittlesey**
Tomoyuki Kanzaki	**Leonard Oku**	**Peggy Yamaguchi**
Yasuko Kariya	**John Okumura**	**Frances Yamaji**
Joe Masao Kawaguchi	**Joe Okuno**	**John Yamaji**
Makoto Joseph Kawaguchi	**Chizuo Sakae**	
Shigeko Kawamoto	**Koji Sakai**	
Kiyono Kawano	**George Sato**	

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **ymukojima@gmail.com**
Phone (Temple office) **(650) 964-9426**

MEMORIAL SERVICES

Memorial services allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2020 is the Memorial Year for those who passed away in:

1st Year Memorial	2019	3rd Year Memorial	2018	7th Year Memorial	2014
13th Year Memorial	2008	17th Year Memorial	2004	25th Year Memorial	1996
27th Year Memorial	1994	33rd Year Memorial	1988	50th Year Memorial	1971

june 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	**2**	**3**	**4**	**5**	**6**
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
	6:30 pm Girl Scouts	6:00 pm Taiko - Adults 7:00 pm Cub Scouts 7:00 pm YABA 8:00 pm JD Taiko	6:00 pm Boy Scouts - Junior Leaders/Parents' Meeting 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm YABA	8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 6:30 pm Boy Scouts (Stanford Dist., PacSky, BSA) 7:00 pm MVBT Adult Basketball	4:00 pm Girl Scouts campout	**Girl Scouts campout** **Girl Scouts campout** 12:30 pm Dharma School Campout
7	**8**	**9**	**10**	**11**	**12**	**13**
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
Dharma School Campout 10:00 am Shotsuki Hoyo Service & Dharma School 12:00 pm Miroku 12:00 pm Taiko - Kids 12:00 pm YBA General Meeting 1:00 pm ABA CPR Class 2:00 pm JD Taiko	1:00 pm Senior Group 7:00 pm Buddhist Discussion Group	6:00 pm Taiko - Adults 7:00 pm Cub Scouts 7:00 pm YABA 8:00 pm JD Taiko	7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm Temple Board of Directors Meeting	8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	7:30 pm ABA Meeting	9:00 am BWA Meeting
14	**15**	**16**	**17**	**18**	**19**	**20**
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
10:00 am Graduation Service 12:00 pm Taiko - Kids 12:00 pm YABA General Meeting 1:00 pm Girl Scout Ambassadors Meeting 2:00 pm JD Taiko	6:30 pm Girl Scouts	6:00 pm Taiko - Adults 7:00 pm Cub Scouts 7:00 pm YABA 8:00 pm JD Taiko	7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm VISION Meeting	6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko		10:00 am Taiko - Kids
21	**22**	**23**	**24**	**25**	**26**	**27**
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
10:00 am Taiko - Kids 2:00 pm JD Taiko		6:00 pm Taiko - Adults 7:00 pm Cub Scouts 7:00 pm YABA 8:00 pm JD Taiko	7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir 7:30 pm Obon Committee Meeting	6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko		10:00 am Taiko - Kids
28	**29**	**30**				
ALL MVBT SERVICES, MEETINGS AND ACTIVITIES ARE CANCELED THROUGH SEPTEMBER 6 BECAUSE OF THE COVID-19						
10:00 am Taiko - Kids/All Class Rehearsal 1:00 pm Girl Scout Ambassador's 2:00 pm JD Taiko	7:30 pm RPC Meeting	6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko				

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Mountain View Buddhist Temple

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