May 2019

The ECHO

Volume 58 Number 5

MOUNTAIN VIEW BUDDHIST TEMPLE

May Highlights

- ***5/5 Sun, 10:00 am***
  - *Guset Speaker:* ***Prof. Duncan Williams***
- ***5/12 Sun, 8:45 - 9:45 am***
  - *YBA Mother's Day Brunch*
- ***5/12 Sun, 10:00 am***
  - *Shotsuki Hoyo*
  - *Gotan-e Service*
  - *Graduating Senior Talk:* ***Neil Fujitani***

11:00 am

- *Japanese Language Service*

- ***5/19 Sun***
  - *Chicken Teriyaki Fundraiser*
- ***5/26 Sun, 9:30 am***
  - *Memorial Day Service at Alta Mesa Cemetery*
  - ***NO SERVICE AT TEMPLE***

Perspectives from Graduating High School Seniors

We recognize and celebrate our graduating high school Seniors by printing their Dharma Talks

Learn to Listen and Cooperate

By Scott Morimoto

Thank you, Dad for that amazing introduction.

Well good morning everyone, how's everyone doing? Good, good. Well, the time has finally come. I never thought that I would be doing a Senior Talk in front of all of you; I can't believe I am actually graduating high school...hopefully. I will always remember the first time being in the preschool class. I was hiding behind my parents because I was so scared when all of a sudden this little kid comes up to me and says, "Hi! My name is Evan Tsukahara, What's your name?" Little did I know that Ms. Tsukahara made Evan go up to me and introduce himself. I was very shy when I was little and to have Evan come up to me like that made me feel like I was a part of a community. Quick shout out to my boy Evan.

For a long time, I never really understood the purpose of going

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Joining YBA Was Best Decision Ever

By Lara Nakamura

Thank you, Mr.Morimoto for the introduction.

Hello and good morning. For those of you that don't know me, my name is Lara Nakamura and unlike many of the other Senior Talks that you will hear, I can't start mine by looking back on attending Dharma school when I was little, reminiscing about all the childhood memories that I have attending service. The truth is, I only attended service for the first time a year and a half ago, not quite as heartfelt as reminiscing about my earliest childhood memories of as those would have been in like 2017.

My first service wasn't just my first my first service at the Temple, but my first Sunday service of any kind, ever. And I can say, it was some kind of intimidating. On top of having NO clue what I was doing, I was surrounded by my peers who had been doing it since they

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Incredible and Unique Community at Temple

By Nick Kikuta

Thank you for the introduction Mr. Morimoto.

Hello, my name is Nicholas Kikuta, and to be frank, I had a lot of trouble coming up with something to discuss during my Senior Talk today. After a number of drafts that I ended up scrapping, I thought about what made my experience here unique, and one theme stood out above all. Community.

Community is an incredible thing to see in this day and age, and is so hard to find. But it was a constant every Sunday that I could make it. I can see this massive congregation of Asian-American people united under the common front of Buddhism. I think that having a community to support me as I developed throughout high school was incredibly important and a driving factor to make me who I am today.

One main instance of this community is what I can see hap-

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may 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6:00 pm Boy Scouts - Junior Leaders/Parents' Meeting 7:00 pm Boy Scouts Troop Mtg. 7:00 pm FPC Meeting 7:30 pm MVBT Choir 7:30 pm MVBT Fishing Club	**2** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**3** 6:00 pm YBA Volleyball Practice	**4** 10:00 am Girl Scouts 10:00 am MVBT Taiko
5 10:00 am Sunday Service & Dharma School 12:00 pm Miroku General Meeting 12:00 pm Taiko - Kids 12:00 pm YBA General Meeting 2:00 pm JD Taiko	**6** 6:30 pm Girl Scouts 7:00 pm Tannisho Study Class	**7** 7:00 pm Cub Scouts 9:00 pm JD Taiko	**8** 7:00 pm Boy Scouts Troop Mtg. 7:00 pm Temple Board of Directors Meeting 7:30 pm MVBT Choir	**9** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 6:30 pm Girl Scouts 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**10** 6:00 pm YBA Volleyball Practice 7:30 pm ABA Meeting	**11** 9:00 am BWA Meeting 10:00 am MVBT Taiko 7:00 pm YBA Mother's Day Brunch Prep
12 8:00 am YBA Mother's Day Brunch 10:00 am Shotsuki Hoyo & Gotan-e Service & Dharma School 12:00 pm Taiko - Kids 12:45 pm Girl Scouts Meeting 2:00 pm JD Taiko	**13** 11:00 am Senior Group Meeting 6:30 pm Girl Scouts	**14** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**15** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**16** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**17** Chicken Teriyaki Fundraiser Prep 6:00 pm YBA Volleyball Practice	**18** Chicken Teriyaki Fundraiser Prep 10:00 am MVBT Taiko
19 Chicken Teriyaki Fundraiser 10:00 am Sunday Service & Dharma School 11:45 am Dharma School Teachers' Meeting 12:00 pm Taiko - Kids 2:00 pm CDYBL Meeting 2:00 pm JD Taiko	**20** 6:30 pm Girl Scouts	**21** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**22** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm Bazaar Committee Meeting 7:30 pm MVBT Choir	**23** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 7:15 pm Dharma School Cabinet Meeting 8:00 pm JD Taiko	**24** 6:00 pm YBA Volleyball Practice	**25**
26 9:30 am Alta Mesa Memorial Day Service 12:00 pm Taiko - Kids 2:00 pm JD Taiko	**27** 6:30 pm Girl Scouts 7:30 pm RPC Meeting	**28** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**29** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**30** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**31**	

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Religious Planning — May 2019

May 5, 2019, Sunday, 10:00 am — Sunday Service

Guest Speaker: **Prof. Duncan Williams,** who will discuss

May 6, 2019, Monday, 7:00 - 8:30 pm — Monthly Study Class

Rev. Mukojima's monthly study class continuing through June. Class is based on the Tannisho written by Yuien, who was Shinran's disciple.

May 12, 2019, Sunday, 10:00 am — Shotsuki Hoyo & Gotan-e Services

Gotan-e: Observes the birth of Shinran Shonin, the founder of Jodo Shinshu. Born near Kyoto, Japan on May 21, 1173.

8:45 - 9:45 am: Mother's Day Brunch by YBA
High School Senior Dharma Talk: **Neil Fujitani**
11:00 am Japanese Language Service

May 19, 2019, Sunday, 10:00 am — Sunday Service

Regular Service

May 26, 2019, Sunday, 10:00 am — Service at Alta Mesa Cemetery

NO SERVICE at MVBT
Memorial Day Interfaith Service at Alta Mesa Memorial Cemetery Park

Shotsuki Hoyo Service

O-asaji (Morning Chanting) - 9:00 am

Study Class - 7:00 pm

Adult Discussion - 11:00 am

Dharma School - 11:00 am

Donate to the Upcoming Services

Support Your Temple

Donations go to General Fund supporting day-to-day operations

Gotan-e / Kangi-e (Obon) & Hatsubon

Use the MVBT online donation "DONATE NOW,"
send a check to the Temple office, or
donate at the Service

Prez Doug's Message: "What's in your email signature?"

Hi again! I hope you are all doing well. In this day of everything electronic, mobile, instant, etc., I thought it relevant to discuss my new email signature as email has become a primary means of communication.

I recently attended a seminar here at MVBT where two of the most beloved retired BCA ministers shared their experiences as California State Assembly Chaplains. Reverends Patti & Bob Oshita graciously attended our recent Spring Ohigan service, gave the Dharma Talk and led a related Spring Ohigan Seminar. My personal takeaway from their talk was how important it is to distill the teachings (a.k.a. the Dharma) into small, bite-size chunks that are easily consumable by any human being. You shouldn't have to go to Dharma School for 10 years, or attend every Sunday service to be able to understand our Jodo Shinshu teachings. Some of you may be seeing the following phrase added to our members' email signatures. This phrase was developed by the Oshita's and ends each of their Reflections given in front of the Assembly. These six simple words attempt to answer the question: "What does Namo Amida Butsu or Gassho really mean?" "With kindness and gratitude beyond words." Think about it, what do we strive for in our daily lives as Jodo Shinshu Buddhists? Why do we choose to attend services, volunteer to run activities, or if you're really brave, become a member of MVBT? Why do we make these choices? It's definitely not to receive any benefit (because a pat-on-the-back is rare here). Rather it's simply an expression of our deep appreciation towards whatever we believe in that makes ourselves and others happy each and every day of our lives.

Namo Amida Butsu: "With kindness and gratitude beyond words."

MVBT President
Doug Sawamura

Buddhist Women's Association

BWA Activities

NEW MEMBERS

BWA is happy to announce that we have two more new members. We have a total of 10 new members to date. We had our Welcome New Member Luncheon including the spouses at Chef Chu's on April 20.

COAST DISTRICT MEETING

On April 25, 2019, MVBT BWA will serve our special udon dinner for the Coast District Meeting held at our Temple. We are very appreciative that our special udon is so well liked.

CHICKEN TERIYAKI FUNDRAISER

BWA will be making *Otsukemono* for the Temple's Chicken Teriyaki Fundraiser

DONATION

Gratefully accepted:
Go and Kay Sasaki - Special

MEMBERSHIP

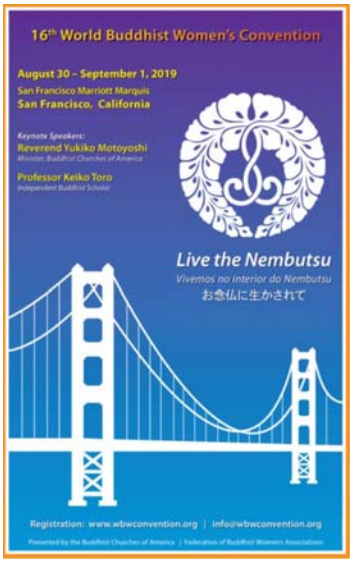
We are now accepting 2019 membership dues of $20.

JOIN BWA

Anyone interested in joining our BWA, contact **Reiko Murakami** at 408-257-0687 or at reikomurakami @comcast.net.

NEXT MEETING

Saturday, May 11, 2019, at 9:00 am in the YBA Hall.



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Learn to Listen and Cooperate

SCOTT MORIMOTO

Woodside High School 2019

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to Temple every single Sunday. This is a little embarrassing, but when a test or quiz was coming up the next day, I would always pray the night before saying, "Listen Buddha, I really need your help on this one. I didn't really study, so I like really need your help. Namo Amida Bustsu, Namo Amida, Namo Amida." I don't think my parents know about that, so sorry guys.

My parents would always wake me up at 8:30 in the morning, and I would always dislike going to church. It wasn't until this year that I finally understood why I was going to church, and I found that out at the CDYBL Conference in San Jose a couple weeks ago. I've been involved with YBA for two years throughout high school, and it was all thanks to Evan for making me participate in YBA my senior year. Mitchell Kita and I volunteered to be a part of this conference and we had to come up with a workshop that had to incorporate the theme, "Who are you meant to be" in the movie Moana. We chose the character Pua the pig. As a matter of fact, who has watched the movie Moana? It's funny because I still haven't watched the movie yet and I had to do this workshop. In our workshop, we decided to make puzzles.

We assigned people to four groups and we had seven puzzles mixed up throughout the groups. The goal for the first half of the workshop was to have one group finish one puzzle first, everyone had to compete against each other. That sounds pretty easy, so we added restrictions: no one could talk and one person was blindfolded, and they were the only ones that could put the puzzle pieces together. Once the first group finished the puzzle, we had everyone stop. After that, we told all four groups to work together and try and put all seven puzzles together within a certain time frame. It was interesting to see how people acted when they had to compete against one another versus working together. I remember Evan bumping into people trying to get one puzzle piece for his group. They had to work without communication and they had to cooperate with one another with restrictions. After everyone finished the puzzles, we asked questions like, "What was hard about the workshop? What would you do differently if you had to do this again?" After everyone finished answering, Mitchell and I wanted to tell people how this workshop relates to Buddhism.

As Buddhists we learn to be selfless human beings that compassionately support other people's needs. The workshop exemplifies how having a selfish mindset makes us close minded so that we cannot see the strengths that others bring to the table, causing the situation to become very chaotic. After being told to work together, we learned that it is much more beneficial to work as a team for a more efficient and peaceful outcome. This activity also closely ties to the key Buddhist lesson of Right View. Right View means to be understanding of others point of view rather than just one's own. In the workshop we learned to work with those who have restrictions, which can be commonly translated into a range of limitations in the real world. We must learn to understand different situations through the perspectives of others because everyone has their differences, which gives them strengths and weaknesses. By taking different angles at problem solving, it makes it easier to work together as a whole and shows that cooperating as one will bring success.

Then Mitchell and I wanted to communicate to everyone our theme: the idea of listening and cooperation, and I think that everyone needs this in their lives. Being able to cooperate and listen to others is so essential and relevant to our society today. We now live in a society where I believe we do not listen to the other side of the argument. Take Democrats and Republicans, liberals and conservatives for example, they only listen to one side of the argument. We have our own opinions, yet we don't appreciate it when someone goes against it. We as the younger generation and even all generations must learn to listen and cooperate with others because if we don't, then our society and culture will forever be divided. Whether it's something as small as making puzzles together to having a formal discussion with someone who has opposing views as us, we must learn to listen and cooperate with one another. If we are able to do that, then maybe we can make our world just a little bit better.

And one final note. I would like to thank my parents, Joy and Bruce Morimoto. Words can't describe how grateful I am to be your son. You have taught me to become a better person every single day, challenging me to be a better man. Thank you for forcing me to go to Temple every single Sunday. Thank you for putting up with me for the past 18 years and always having my back. I wouldn't be the man I am today without you two, and I am beyond grateful to have you guys as my parents. We are a team, and nothing is going to stop us from being happy. You mean the absolute world to me, and as always, I love you. Thank you.

Joining YBA Was Best Decision Ever

LARA NAKAMURA

Palo Alto High School 2019

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were like five. I remember on the car ride before service, I was practicing the steps to oshoko, to make sure that I was doing it right and didn't mess up the order of the first bow, incense sprinkling, second bow and whatever to make sure that I didn't hold up the line, I hate being that one person that holds up the whole line to anything.

While I don't have any childhood memories of attending service, I do however have memories of being at the Temple. Some of my fondest summer memories were at Nakayoshi Gakko. Despite only seeing each other for two weeks out of the whole year, it still felt as if our class grew up together. It's amazing to think that the first time I ever met Scott, Evan, Caitlyn, Kimberly, Lauren, even Kylie, we were six years old.

The ending of Nakayoshi was bittersweet, as we were all on to start our high school careers. And then, not too long after, we were able to come back as sempais. It was these summers, being back at Nakayoshi, this time not as students, that I first got word of YBA. Although I didn't even completely understand what YBA was a time, I was curious after hearing about the campout, the volleyball tournaments and other activities. Initially intrigued by social opportunity, but joining YBA turned out to be one of the most rewarding on-a-whim decisions that I've ever made. Not only has being a part of YBA allowed me to meet amazing new people, but it also opened my eyes to a religion and a community that I am so thankful to have found.

Right from the start, I was welcomed into the YBA community, Uncle Bob was someone who was very supportive and showed me how everything worked, and of course, all of my friends from Nakayoshi who were already in YBA were extremely supportive and kind. I remember Evan even told me that he was surprised I did it, to be honest I was too, but I'm so glad that I did. I'm sure Evan is too.

I remember one of my very first YBA events, it was the Coast District sleepover with the San Jose and Salinas chapters. I didn't know a majority of the people there, I still didn't really know how YBA worked, but by the end of the night, which consisted of staying up until 4:30 am with a 7:00 am wake up, although delirious, I felt as if I had just made 20 new friends.

As my time in YBA and in high school comes to an end, I have started to look back and reflect on all the lessons I have learned and fun that I have had even in my short time here as a part of the Temple community and YBA member.

Service Dharma talks and Dharma School have taught me lessons and principles to implement in my life that have not only helped me to be a better person, but a better daughter and friend.

I have learned what to takes to be a part of a larger community that takes care of one another. I have learned to always try and see the bigger picture, to reflect on and accept responsibility for my actions. I've learned to always try and find perspective on every situation, to be more open, self-aware and more thoughtful about the real impact of my actions.

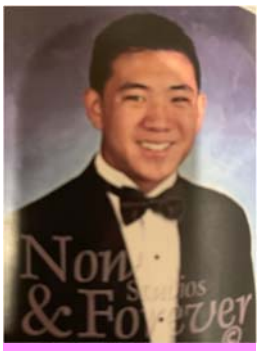
But not only have I learned so much from just being a part of this community, but I am continuing to learn based on these lessons.

I am still learning how to be a better leader by always thinking of others when collaborating. I am always trying to see the positive of even the worst of things and remember that every situation is truly what you make of it, to always try and uplift those around me.

The positive learning I have been exposed to at Temple has only strengthened my fondness for the Buddhist community. I am grateful for all of the lessons I have learned, people that I have met, and bonds that I have built here.

Although I was only here for half the amount of time the normal YBA member, I still feel as if I have been here the whole four years and more. I want to say a "thank you" to every single person in YBA for putting up with me being my crazy self and for asking me so, so many random late night truth or dare questions. The advisors and parents for always being supportive and helpful and driving us to conferences at 4 in the morning and to everyone in the whole Temple community that have allowed me to have such an impactful and positive two years. Although I don't know where I will end up after graduation, and right now it all feels very uncertain, I know that I will always look back on my time at the Temple and as a member of YBA with the fondest of memories, and for that I am so deeply grateful.

Incredible and Unique Community at Temple



NICK KIKUTA

Mountain View High School 2019

(Continued from page 1)

pening in the Hondo. Every week, as I walk in, I am amazed at the number of people here who woke up early to celebrate Buddhism. The rest of my family is Christian, so I sporadically attended a Christian Church from a young age before switching here for my time in high school. My first time attending a Sunday Service here I had no clue what was going on through the chanting and singing, to put it simply, I felt out of place. I probably would not have come back the next week if it weren't for Tyler Deterring helping me through the service and telling me what pages we were flipping to, how to oshoko, and where we were going for Dharma School. This was just my first small taste of how incredible and unique this community experience is, for someone who didn't know me to go out of his way to help me through the service.

For the majority of you who don't know, in our high school group during Dharma School, we do an activity every Sunday called "pits and peaks," where we go around in a circle discussing our highlights and low points of the week. I hadn't realized this until I began reflecting on my time here, but this simple activity practicing communication, reflection, and sometimes vulnerability was something that cannot be found in many other places, and in addition to being a therapeutic release of frustration (or a place to brag about accomplishments), was an activity that created a camaraderie in our group. For the most part, I think the people who attend Dharma School also are members of YBA, so this closeness makes YBA activities much more fun and interactive. The more I have considered this activity, the more I wished that my first few years of doing "pits and peaks" did not constitute of me taking the easy way out and saying: "I have a lot of homework," and "it is the weekend," but rather delving deeper into my week so I could open the valve to alleviate the pressure of schoolwork and social anxiety that flooded my conscience. I think that if I had, my attendance through sophomore year would have been much more consistent, and I would have had a much better and less stressful time studying for the ACT, taking my SAT Subject tests, and taking my first few AP Exams.

The community that was cultivated in Dharma School has made many memorable moments for me. For example, Evan's skirmishes with Alex, taking poorly timed pictures of Tyler, and hearing about everyone's accomplishments throughout the past four years, but in all honesty, the reason that I first started attending Temple and Dharma School was to join Taiko. From 1st through 8th grade, I had taken ukulele lessons in downtown San Jose every Sunday from 1-2 pm, and although I enjoy picking up my uke and playing it every so often, I can't tell you how much I dreaded going to practice every week. As it is with I'm sure many of you who play instruments, I didn't practice the required 120 minutes a week, and as a result, I had no idea what was going on in class. I remember one time, the rest of the class was practicing the Hawaii Five-0 theme song, and I had no idea how to do it, so I was playing Twinkle Twinkle Little Star in the corner with my head down, pretending like I knew what was going on. Beside the point, I joined Temple to play Taiko, and although it was incredibly fun, I couldn't find the time to slot it into my busy Sunday schedule, so I discontinued it. But when one door closes, I learned about YBA.

The prospect of doing all the fun volleyball activities and conferences with people that I knew from Dharma School was enough to prompt me to join, but again, my busy schedule left YBA at the lower end of my priorities, so I barely attended for freshman and sophomore year. Once Junior year rolled around however, I found myself falling into a rut of studying and more studying, so I needed a release. Once I showed up to Dharma School and I got to complain about how I had been up until 4 a.m. a couple days in a row studying for my AP Chem test that was on the same day as my AP Bio test, as well as an oral exam in AP Spanish, I could feel the pressure release. It felt good to actively participate in "pits and peaks," so I tried much harder to show up every week. The more I showed up, the more I learned about Buddhism that was not in my fundamental knowledge because I had not been a member when the foundations were being developed in elementary school. From Sensei, I learned that the character traits taught by Buddhism--ethics, wisdom and moral virtue--were ones that I could strive to achieve in this world. His weekly Dharma Talks kept me rooted, and were much needed breaks from the monotony of studying all the time. And once these aspects of Temple became more meaningful to me, I found myself being more active in YBA and having a lot of fun doing so with my peers. YBA built a great community, because nothing builds friendships like trying to pull an all-nighter after walking around all day at Disneyland and just talking.

In conclusion, I am incredibly grateful to have been welcomed into this community. I grew and matured so much in these past four years, and I have no idea what my life would look like if it weren't for the friendships I have made, the Dharma Talks I have heard, and the connections I have established in my time here. I am excited to go off to college next year, and I believe that I am better prepared to do so thanks to this community.

Mountain View Buddhist Temple YBA

YBA Activities

SENIOR SPEECHES

Please join us at Sunday Service on May 12 to hear the following graduating seniors give their Dharma Talk: **Neil Fujitani**.

BAY DISTRICT VOLLEY-BALL TOURNAMENT

On Memorial Day weekend, members of the Mountain View Buddhist Temple YBA will go to the Alameda Military Base to take part in the annual Bay District Volleyball Tournament. Our members along with the San Jose and Salinas YBA will join forces and compete with other chapters from Bay District.

BCA SUMMER YOUTH RETREAT

The BCA-CBE will host this retreat from June 30 - July 6 at the Jodo Shinshu Center for high school students. Registration is now open and is due by April 30. **Megan Nakagawa** will be one of the representatives from our YBA.

In Gassho,
Evan Tsukahara
2018 - 2019 YBA President

PLEASE SAVE THESE DATES

- **Sunday, May 12, 2019** Mother's Day Brunch
- **Sunday, June 2, 2019** YBA's Hawaiian Breakfast Fundraiser

MVBT Seniors Activities and Craft

Seniors Activity Program

ATTENTION: We are looking for any organization that may be interested in taking charge of the Manju Sales at the Midori Kai Boutique held in September. Our Senior Activities and Craft have chosen to end this fundraising activity. Any organization, please consider using this opportunity for a great fundraiser.

UPCOMING ACTIVITIES

May 16, Thursday: We will have Matt Mukoyama as our guest speaker giving us information on "Senior Care." Many of us may want to ask questions about Senior Care and now you can get first hand answers from Matt Mukoyama. Lunch will be provided at 11:30 am. The presentation is at 12:15 pm.

June 13, Thursday: We are planning another fun day of Bingo, with lunch and Bingo prizes to be won. What better way to spend an afternoon enjoying lunch with friends and a fun day of Bingo. Everyone is welcome.

LAST DAY

June 13 will be our last day before the summer break. Please mark this date on your calendar.

SENIOR ACTIVITIES

9:00 am to 12:00 noon. **Debbie Kitani** has been very helpful with the Senior Craft Class every Thursday morning, showing the ladies many new ideas in knitting and different crafts. Please support Debbie with any ideas in craft for our upcoming events.

9:15 am to 10:00 am. Line dancing instructors **Reiko Tsuchida** and **Reiko Kameda** with **Toshiko Uyehara** assisting. Come join in the fun learning new steps in line dancing.

10:00 am to 10:45 am. Join **Kinji Ushiba** with the "Sing Along Group."

10:45 am to 11:00 am. **Julie Ushiba** helps us start the day with a chair exercise. What better way to start your day.

11:15 am to 11:45 am. We truly are fortunate to have **Sue Yuen** and **Linda Uyechi** volunteer their precious time instructing our Senior group TAIKO. This is a great program for all our seniors. It helps our balance, to remember the sequence given, timing, and for us seniors, this is all so important. Do yourself a favor and join the group. Anyone is welcome to join. Thank you, Sue and Linda.

SENIOR HOURS

Every Thursday,
9:00 am - 12:00 noon

Light refreshment of coffee, tea and desserts are always provided. Everyone is welcome to join us to share new ideas and to make new friends.

In Gassho,
Aiko Sugimoto-Miyamoto

MVBT Girl Scout Troop #60736

In March our Troop celebrated Girl Scout Month, and held their Girl Scout Sunday on March 24.

Girl Scout Sunday

During the month of March, we also presented some awards:

- Miya Kosakura was awarded the Junior level Padma Award
- Stacey Kawabata and Vicky Shinkawa were awarded their Ambassador level Padma Award.

Awards Presentation

Congratulations to these girls for their hard work and dedication!

RIBBON LEI FUNDRAISER

Our Cadette Scout Kendall Ho is holding a Ribbon Lei fundraiser. The profits will go towards her Silver Award project. Order form is below:

Ribbon Leis

$20

(attach money to form)

Choose up to 2 primary colors:

Black	☐	White	☐
Yellow	☐	Blue	☐
Green	☐	Red	☐

Name: _____

Email/Phone number _____

✦ This form is due April 30 ✦

- Will deliver to MVBT @ Dharma School, 5/19/2019 (weekend after Mother's Day)
- Please turn in this form to the Girl Scout mailbox in the Temple office
- Checks can be made out to "MVBT Girl Scout Troop 60736"
- If there any questions, email me at gry_sea@yahoo.com
- Thank you for supporting this fundraising for my Girl Scout Silver Award

MVBT New Members Welcomed

The Mountain View Buddhist Temple welcomed new members who joined since March 2018. At the Sunday Service on March 31, each new member was introduced to the Sangha and, after the service, a luncheon was held at the Kirin Chinese Restaurant.

Adult Buddhist Association

ABA News

ALTA MESA CEMETERY CLEAN-UP

Twenty-three ABA members remembered and honored our ancestors who helped to establish Mountain View Buddhist Temple by cleaning their headstones near the Pioneer Memorial Monument at Alta Mesa Cemetery. After the clean-up, we shared a yummy lunch.

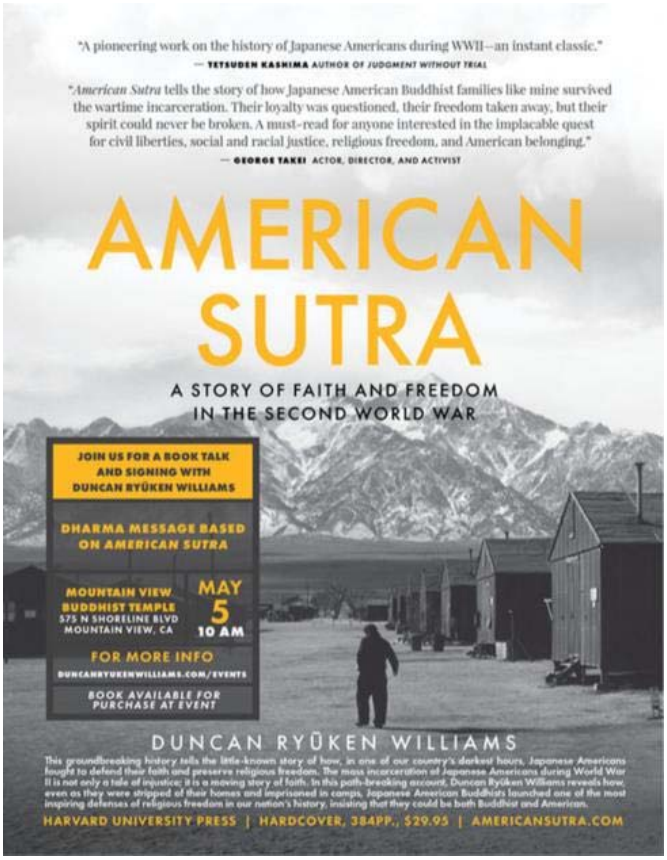
SHIATSU WORKSHOP

After lunch **Rev. Nekoda** shared his knowledge of ***shiatsu***. "Shiatsu" means "finger pressure." Rev. Nekoda discussed various ways to apply pressure, kneading and other techniques to various parts of the body. Shiatsu is therapy that helps reduce stress and contribute to overall well-being. Thank you Rev. Nekoda.

With Gassho,
Jean Shimoguchi
ABA President

ABA Members at Alta Mesa Cemetery

Rev. Nekoda talking about Shiatsu



Please join us on May 5 for our Sunday Service.
Our Guest Speaker will be the author of
"American Sutra" –
Dr. Duncan Williams

Information is also available on the Mountain View Buddhist Temple website and Facebook page.

Dharma School News

ANNOUNCEMENTS

Senior Speeches

Every year, it is such a treat to be able to hear the graduating seniors share their reflections on being a part of the Temple community and participating in Temple programs like Dharma School and YBA.

Thank you to **Scott Morimoto**, **Lara Nakamura** and **Nick Kikuta** for starting off the senior speeches with your thoughtful and heartfelt messages on April 7.

The remaining speeches will be delivered as follows:

April 21
Lauren Hamasaki, **Caitlyn Higa**, and **Kimberly Yamaguchi**
May 12
Neil Fujitani
June 2
Evan Tsukahara and **Mitchell Kita**
June 9
Vicky Shinkawa, Aili Koga and **Caitlen Furuichi**

FDSTL Conference

The Coast District is hosting the annual Federation of Dharma School Teachers' League (FDSTL) conference at the Holiday Inn San Jose on April 26 through 28.

The 2019 FDSTL Conference Committee is still selling ads to support all of the conference activities. There are two levels:

- **Sponsorship Level:** $100
  Your name or organization will be included in a list of conference sponsors
- **Gold Level:** $250
  Submit a video ad as a mpeg, mp4, QuickTime, or QT format and it will be incorporated into the infinite loop that will be played throughout the weekend

Both ad opportunities come in the form of electronic advertisements.

Please let **Brent Izutsu** know know if you would like to purchase an ad. The deadline has been extended to April 15.

2019 Dana Project

For this year's Dharma School Dana Project, we are collecting supplies to benefit the homeless in our community. We would appreciate your donations of clothing, household and hygiene items in new condition:

Travel-sized shampoo, conditioner, lotion, body wash, toothpaste, toothbrushes, hand sanitizer, single-use sunscreen packets, deodorant, razors and sewing kits

We are also looking for clothing and household items:

- Gallon-sized food storage bags (e.g. Ziploc)
- Disinfecting wipes (e.g. Clorox)
- Liquid laundry detergent
- Paper towels
- Men's and Women's socks
- Men's and Women's underwear and bras sizes small to XXL

The items will be given to **Community Services Agency** (just down the street from the temple) and **Stand Up for Kids**, both of which provide resources and support for the homeless and others in need in Silicon Valley.

There will be collection boxes in the YBA Hall and in the back of the hondo. The drive will end on May 12. Thank you for your support!

Dharma School Birthdays

Dharma School students celebrating birthdays in March and April were given gifts and an enthusiastic rendition of "Happy Birthday to You" at the conclusion of service on April 7.

ACKNOWLEDGEMENTS

Family Fun Night

A **BIG MAHALO** to Traci Inouye, **Christine Hirabayashi** and **Jean Shimoguchi** for planning this wonderful event and making it a **HUGE SUCCESS**! It was so nice to see so many people of all ages (and skills) come together, socialize and express themselves artistically.

Hanamatsuri

Dharma School coordinated the Hanamatsuri Luncheon and entertainment on April 14. Thank you to **Yuki Hata-Kita**, **Sandy Furuichi**, **Jane Fujitani**, and **Marcy Mamiya** for planning the lunch. Thank you to **Joy Tanaka** for making all of the arrangements for the entertainment. And finally, thank you to all of the Dharma School students and teachers who performed!

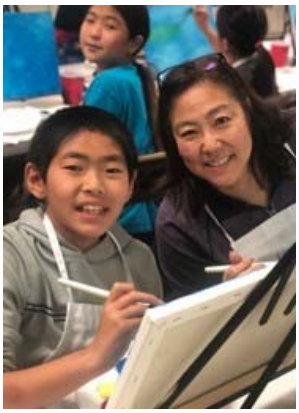
In Gassho,

Dharma School

March and April Birthdays

Spring Family Fun Night: Paint Night Fundraiser

We had a wonderful turnout for this Spring's Family Fun Night! Inspired by Reverend Candace Shibata's talk at our Hoonko Service about mindfulness in painting, Dharma School and ABA co-hosted a "Spring Paint Night" fundraiser run by Bottle and Bottega on March 22. In total, 53 painters took brush to canvas and painted their version of cherry blossoms in spring. It was a wonderful night of inter-generational comradery and creative expression…and we were also able to make a donation of $433 to the Temple. The photos speak for themselves, thank you for everyone who participated!



Kindness and Gratitude Beyond Words

ABA sponsored the Spring Ohigan Service and Seminar held at the Mountain View Buddhist Temple on Sunday, March 25. **Rev. Bob Oshita** and **Rev. Patti Oshita** were the guest speakers.

Rev. Bob Oshita served as the Chaplain of the California State Assembly in 2017 – 2018 with Rev. Patti Oshita as the Alternate Chaplin. For 2019 and 2020, they have reserved roles. Rev. Patti Oshita is now the Chaplin and Rev. Bob Oshita is the Alternate Chaplin. They are the first chaplains to be appointed together as husband and wife for the California State Assembly.

At the seminar Rev. Bob and Rev. Patti shared some of their California State Assembly openings, called "Moment of Reflection." These openings are of current world events. With simple words as "kindness" and "gratitude," Rev. Bob and Rev. Patti express the Buddhist Teachings to the State Assembly members without using Buddhist terms.

Using a simple word like "kindness" instead of "wisdom and compassion" and using "gratitude" for "interdependence and impermanence," the Buddhist Teachings are easier to explain to those who know nothing about Buddhism, and provide an opening message to the Assemble worthy of genuine consideration.

This approach with the State Assembly could very easily be used as a way towards the propagation of Jodo Shinshu Buddhism.

Time is always moving on, nothing can stop it. We cannot change the past, but we can shape the future.

Rev. Bob and Rev. Patti close their Reflection with

"Namo Amida Butsu -- Let us live with Kindness and Gratitude beyond words."

Below is a Reflection delivered by Rev. Patti at the California State Assembly on March 25, 2019.

Rev. Bob and Rev. Patti Oshita at Spring Ohigan Day

Rev. Bob & Rev. Patti with Rev. Mukojima

Reflection by Rev. Patti Oshita

Please join me in a moment of Reflection:

I have worried that our public conscience was growing numb to lies being called "misremembered facts" and that perpetrators of misdeeds were not being held accountable for their actions.

The recent College Bribery Scandal highlighted another scheme where those with means felt that rules do not apply to them. But once the bribery scheme was revealed, those involved were reminded that "Integrity Matters." Jobs were lost and reputations damaged.

One well known actress involved in the College Bribery Scandal said in an inspiring interview last year, "Money is not important. Doing the right thing is what counts." Her show sponsors have severed their ties with her and announced that she does not represent the integrity of their brand.

This recent College Bribery Scandal is a great reminder that Truth and Integrity and Honesty are not just words. These are values that will define who we are at the very core of our being.

As the author C. S. Lewis wrote:

> "Integrity is doing the right thing even when no one is watching."

In other words, at the heart of who we are, will be the integrity with which we have lived.

Namo Amida Butsu – With Kindness & Gratitude beyond words…

MIROKU

middle school group

Miroku

MONTHLY MEETING

At the April meeting, Miroku members decided to join with the Save The Bay organization for their community service project. Save The Bay is the largest regional organization working to protect, restore and celebrate the San Francisco Bay. The membership is in the process of finding the best date to meet for maximum participation.

Miroku would like to thank the MVBT ABA (Adult Buddhist Association) for its donation of a new AED machine to be located in the Hondo. When this device is installed, Miroku will add it to the AED checks it conducts every month.

Miroku's next meeting is scheduled for noon on Sunday, May 5.

In Gassho,
Miroku Parent Advisors

MVBT Chicken Teriyaki Fundraiser — Sunday, May 19

Major Activities Schedule

Help where you can

May 14, Tuesday

TBD..... Receive chicken delivery..... Don Fukuma & Zone 6
9:00 am..... Bring down barrels from stage..... Zone 6

May 15, Wednesday

8:00 am..... Wash chicken & tsukemono barrels..... Zone 6
..... Set up chicken cleaning area in patio ..... Zone 6
9:00 am..... Make teriyaki sauce..... Haruye Hoshi
6:00 pm..... Clean Chicken ..... All affiliated organizations and members)

ALL HANDS NEEDED. Pizza dinner will be served after cleaning

May 16, Thursday

TBD..... Receive Galli Produce ..... Zone 6

May 17, Friday

8:00 am..... Make Tsukemono..... BWA
..... Turn chicken and add sauce..... Zone 6 – Need 4 guys
..... Wash rice ..... Rice Washing Crew
7:00 pm..... Set up tables on gym floor, foyer & game room..... Boy Scouts
..... Bag Fortune Cookies ..... YBA

May 18, Saturday

5:30 am..... Start charcoal and preheat cinder block grill ..... 1st Chicken Cooking Crew
7:00 am..... 1st Chicken Cooking Crew starts cooking chicken
7:30 am..... Start chicken cooling ..... Richard Fujikawa & Volunteers
8:00 am..... Provide breakfast for cooking crew ..... Zone 6
9:00 am..... Pack tsukemono..... BWA
..... Clean & cut oranges and parsley ..... Zone 6 & Volunteers
..... Dharma School prepare lunch
12:00 pm..... 2nd Chicken Cooking/Cooling Crew starts ..... ABA

May 19, Sunday

4:00 am..... Rice cooking & cooling..... Glenn & Candace
6:00 am..... Start packing rice in cups ..... Need Volunteers
..... Clean-up crew starts
7:00 am..... Start packing Chicken Bento ..... YBA
9:00 am..... Ready for pick up

PICK UP TIMES and LOCATIONS

9 am to 3 pm .....**MVBT Pickup**: ..... Sangha Hall
10 am to 2 pm .....San Jose Pickup..... 4th Street Bowl, San Jose

Thank you
Zone 6

2019 Chicken Teriyaki Fundraiser

.....

Ticket Due Dates
1st Count: .... Apri 30
Final: .....May 8

.....

All Hands Needed at the following

Wed, May 15
6 pm—Clean chicken

Fri, May 17
8 am—Turn chicken

Sat, May 18
7 am & noon—Cook/Cool chicken

Sun, May 29
6 am—Pack rice
7 am—Pack chicken

For further information, please contact

Peter Matsumoto
408-506-6818
psmatsumoto@att.net

Mountain View Buddhist Temple Chicken Teriyaki Fundraiser
575 N. Shoreline Blvd., Mountain View, CA 94043
Temple Office (650) 964-9426
PICK UP DATE SUNDAY, MAY 19, 2019
PICK UP LOCATIONS & TIMES:
MVBT Sangha Hall Gym - Mtn View • 9:00 am - 3:00 pm
4th Street Bowl - 1441 N. 4th Street San Jose (Front South Corner) • 10:00 am - 2:00 pm
Please pick up at location marked above during designated time only
3356
Donation: $12.50
Mt. View Buddhist Temple Chicken Teriyaki Fundraiser

2019 Annual CPR/AED Training Class

Sunday, June 2 in the YBA Hall

1:30 - 5:30 pm

Registration Required by Monday, May 20

RSVP: Eileen Fujikawa, 408-996-0845, fujikawabachan@gmail.com

Open to Temple members and members of all affiliated organizations.

We cancelled the 2018 training class due to low interest, so now, if you were trained in 2017 or earlier, you need to be retrained and recertified!

The training fee is still $68 with FREE lunch! Class size is limited to 12 on first-come, first-served basis. Please make your check payable to "MVBT- ABA" with a note "CPR/AED class."

ABA will provide lunch, so you can attend the morning Sunday Service, enjoy lunch and refreshments, and then stay for the class.

For information, contact Eileen Fujikawa

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Are you an Amazon shopper? Help MVBT make money with your Amazon purchase.
If you buy at Amazon, please use the Amazon link on the MVBT home page to get to the Amazon site **BEFORE** you put the item into your cart. Your purchase will help MVBT earn 5% of your purchase — at **no cost you**.

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Questions? Contact Steve Tsuchida, MVBT Amazon Coordinator, (650) 336-0762, MVBT.amazon@gmail.com

& amazon.com

150 Club News

For the month of April, our winner is **Randy Sato**.

Congratulations and Thank You.

Toban & Echo Schedule

	Toban	Echo Article Deadline	Echo Print & Mail
MAY	Zones 2 & 3	N / A	N / A
JUNE	Zones 4 & 5	May 10 (Fri)	May 15 (Wed)
JULY	Zones 6 & 7	June 14 (Fri)	June 19 (Wed)

Please note the article deadline and printing dates. This will provide time to layout, proof and finalize the issue. Thank you. *Domo Arigato.*

May Shotsuki Hoyo (Monthly Memorial Service)

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the Temple in memory of the past members and their family members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The **May** Shotsuki loved ones are:

Robert Ariyama	**Hideo M. Kumamaru**	**George Sato**
Naka Chikasuye	**June Kusumoto**	**Shigemi Sato**
Rev Philipp Eidmann	**Roy Matsumoto**	**Betty Shidawara**
Judy Jean Furusho	**Edward Morimoto**	**Frank Shimizu**
Ruth Goto	**Hana Nagao**	**May Shimoguchi**
Levan Gray	**Charles Nagatoshi**	**Kazuko Springer**
Isano Hamada	**Minako Nakamoto**	**Aiko Taniguchi**
Hironori Honda	**Yoshito Nakamura**	**Mitsuye Togashi**
Dr. Yuta Hongo	**Harry Nakano**	**Fusako Tokuda**
Kay Ikeuye	**Naoko Nakashima**	**Sumiye Tomota**
Robert Imai	**June Naritomi**	**Lucia Towne**
Nancy Ishii	**Herbert Nishimura**	**George Tsukagawa**
Ishino Ishikawa	**Hajime Ogata**	**Seiko Tsumura**
Nobukichi Ishikawa	**Momoyo Ogino**	**Aleric Uyehara**
Caroline Izumi	**Yoshihiro Okasaki**	**Torao Watanabe**
Tomoyuki Kanzaki	**Iko Oku**	**John Wittlesey**
Yasuko Kariya	**Leonard Oku**	**Peggy Yamaguchi**
Joe Masao Kawaguchi	**John Okumura**	**Frances Yamaji**
Makoto Joseph Kawaguchi	**Joe Okuno**	**John Yamaji**
Shigeko Kawamoto	**Chizuo Sakae**	
Kiyono Kawano	**Koji Sakai**	

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **ymukojima@gmail.com**
Phone (Temple office) **(650) 964-9426**

May

Monthly

Memorial

Service

Sunday

May 12, 2019

10:00 am

MEMORIAL SERVICES

Memorial services allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2019 is the memorial year for those who passed away in:

1st Year Memorial	2018	3rd Year Memorial	2017	7th Year Memorial	2013
13th Year Memorial	2007	17th Year Memorial	2003	25th Year Memorial	1995
27th Year Memorial	1993	33rd Year Memorial	1987	50th Year Memorial	1970

june 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 12:30 pm Dharma School Campout 6:00 pm YBA Hawaiian Breakfast Prep
2 **Dharma School Campout** 7:00 am YBA Hawaiian Breakfast (Serving 8:30-9:45 am) 10:00 am Shotsuki Hoyo Service & Dharma School 12:00 pm Miroku General Meeting 12:00 pm Taiko - Kids 12:00 pm YBA General Meeting 1:00 pm ABA CPR Training 2:00 pm JD Taiko	**3** 6:30 pm Girl Scouts 7:00 pm Tannisho Study Class	**4** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**5** 6:00 pm Boy Scouts - Junior Leaders/Parents' Meeting 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**6** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**7**	**8** **In Joyful Nembutsu Choir Festival 1:30-4:30 pm**
9 10:00 am Graduation Service 12:00 pm Taiko - Kids 12:45 pm Girl Scouts Meeting 2:00 pm JD Taiko	**10** 11:00 am Senior Group Meeting 6:30 pm Girl Scouts	**11** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**12** 7:00 pm Boy Scouts Troop Mtg. 7:00 pm Temple Board of Directors Meeting 7:30 pm MVBT Choir	**13** 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**14** 7:30 pm ABA Meeting	**15** 9:00 am BWA Meeting
16 10:00 am Father's Day Service 12:00 pm Taiko - Kids 2:00 pm JD Taiko	**17** 6:30 pm Girl Scouts	**18** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**19** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**20** 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**21**	**22** 10:00 am Taiko - Kids
23 10:00 am Taiko - Kids 2:00 pm JD Taiko	**24** 6:30 pm Girl Scouts 7:30 pm RPC Meeting	**25** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**26** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm Bazaar Committee Meeting 7:30 pm MVBT Choir	**27** 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**28**	**29** 10:00 am Taiko - Kids 1:00 pm YBA (CYBA DANA Retreat)
30 **YBA (CYBA DANA Retreat)** 10:00 am Taiko - Kids / All class rehearsal 2:00 pm JD Taiko						

Upcoming Events

June 2, 2019, Sunday
Shotsuki Hoyo

June 9, 2019, Sunday
Graduation Service

June 16, 2019, Sunday
Father's Day Service

July 7, 2019, Sunday
Kangi-e Obon Hatsubon Service

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Mountain View Buddhist Temple
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