December 2018

The ECHO

Volume 57 Number 11

MOUNTAIN VIEW BUDDHIST TEMPLE

Perspectives from Stacey Kawabata & Evan Tsukahara about their experiences at the 2018 Summer Youth Retreat. They presented their perspective as the Dharma Talks on Sunday, October 28, 2018

December Highlights

- ***12/2 Sun, 10:00 am***
  Shotsuki Hoyo Service & Bodhi Day Service
  11:00 am
  Japanese Language Service
- ***12/3 Mon, 7:00 pm***
  Tannisho Study Class
- ***12/9 Sun***
  Mochi Tsuki
  ****No Services***
- ***12/12 Wed, 7:30 pm***
  Temple Board Meeting
- ***12/16 Sun, 9:45 am***
  Short Service & Osoji (Temple Clean-up)
- ***12/31 Mon, 7:00 pm***
  Joya-E Service -
  New Year's Eve Service
- ***1/1/19 Tues, 10:00 am***
  Shusho-E Service -
  New Year's Day Service

Highlights In This Issue

Historical Look Back	*5*
YBA	*7*
ABA	*8*
Amazaon & MVBT	*9*
Mochi Tsuki	*14*

Tennis: Eightfold Path Influences How I Play

By Stacey Kawabata

As Reverend Mukojima mentioned, this past summer I had the privilege to attend the Buddhist youth retreat, with 19 other ybaers. During this conference I not only made some amazing new friends and memories, but I also learned more about myself through Buddhism and the various activities we did. Although some parts of the retreat I may not miss like having to sign up for shower times and getting way too little sleep, I definitely would make the decision to go again in an instant.

As a part of the retreat along with (long) lectures, yummy food, and late night talks, we also learned how to chant and lead a service. We also had to each give a Dharma Message, and I wanted to share part of mine with you today.

The Four Noble Truth states that life is suffering because of our selfish desires. However, by following the eightfold path, we can alleviate our suffering and attain enlightenment.

In my daily life, I try to incorporate the eightfold noble path into everything I do. Although I've only been playing tennis for about a year and a half, I'm going to explain how the eightfold path influences how I play.

The first eightfold path is Right View, which means to "keep free of prejudice and superstition and to see the true nature of life as

(Continued on page 4)

Making Memories and Having Fun

By Evan Tsukahara

Before I start today, I would like to thank Reverend Mukojima and the Mountain View Buddhist Temple for sending me on this once in a lifetime opportunity, and hopefully as conveyed in my Dharma talk today, it was money well spent.

"We didn't know we were making memories. We just knew we were having fun" (Winnie the Pooh). First uttered by the honey loving pooh bear himself, these words didn't mean much to me, that is until it was used by one of my new friends Anna Tsuchimoto (from the Denver Buddhist Temple). While reflecting on our experiences from the week prior, and giving thanks to all those who helped us along the way in becoming better Buddhists, Anna stepped on stage and started her thank you speech by saying this, her favorite quote. These words, although simple, made me truly appreciate how great of an experience the first Buddhist Youth Retreat was and how much I had to be thankful for. Coming out of the program, I can say with 100% certainty I made long lasting friendships, learned much about Buddhism, and especially gained a deeper understanding of what it means to be a young Buddhist in America. Although there were some downsides, such as my first impression of Berkeley being "are we in the hood?" and "are we going to get robbed?", my time at the Jodo Shinshu Center

(Continued on page 6)

december 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 am Mochitsuki Preparation
2 5:00 am BWA Udon Fundraiser 10:00 am Shotsuki Hoyo Service & Dharma School 11:00 am Senior Group Boutique 12:00 pm Miroku General Meeting 12:00 pm Taiko - Kids 12:00 pm YBA General Meeting 2:00 pm JD Taiko	**3** 6:30 pm Girl Scouts 7:00 pm Tannisho Study Class	**4** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**5** 6:00 pm Boy Scouts - Troop/Parent Meeting 7:00 pm Facility Planning Meeting 7:30 pm Temple Choir	**6** 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**7** 8:00 am Mochitsuki Preparation	**8** 8:00 am Mochitsuki Preparation 4:00 pm Boy Scouts - Court of Honor 6:00 pm Boy Scouts/Cub Scouts - Fuji Dinner
9 5:00 am Mochitsuki 12:00 pm Taiko - Kids 12:45 pm Girl Scouts Meeting	**10** 6:30 pm Girl Scouts	**11** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**12** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm Temple Board of Directors Meeting 7:30 pm Temple Choir	**13** 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**14** 7:00 pm ABA General Meeting 7:30 pm Fuji Club	**15** 9:00 am BWA Meeting
16 10:00 am Osoji 12:00 pm Boy Scouts Eagle Court of Honor (4 pm) 12:00 pm Taiko - Kids 2:00 pm CDYBL Meeting 2:00 pm JD Taiko	**17** 11:00 am Senior Group Meeting 6:30 pm Girl Scouts	**18** 7:00 pm Cub Scouts 8:00 pm JD Taiko	**19** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm Temple Choir	**20** 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**21** 6:00 pm YBA Holiday Party	**22** **YBA Holiday Party**
23 12:00 pm Taiko - Kids 2:00 pm JD Taiko	**24**	**25** 8:00 pm JD Taiko	**26**	**27** 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**28**	**29**
30 12:00 pm Taiko - Kids 2:00 pm JD Taiko	**31** 7:00 pm Joya-e Service					

Volume 57 Number 11

Religious Planning — December 2018

December 2, 2018, Sunday, 10:00 am — Shotsuki Hoyo & Bodhi Day Services

Bodhi Day Service: Siddhartha Gautama, as he meditated under the Bodhi Tree, attained Enlightenment and became the Sakyamuni Buddha

11:00 am: Japanese Language Service

December 3, 2018, Monday, 7:00 - 8:30 pm — Monthly Study Class

Rev. Mukojima's monthly study class and continuing through June. Class is based on the Tannisho written by Yuien, who was Shinran's disciple.

December 9, 2018, Sunday — Mochi Tsuki

No Services

December 16, 2018, Sunday, 9:45 am — Short Service

10:00: Osoji — Temple Cleanup

December 23, 2018 — No Services

No Services

December 31, 2018, Monday, 7:00 pm — Joya-E / New Year's Eve Service

Joya-E Service: Express our gratitude for the countless blessings received throughout the year

After the Service: Toshikoshi-soba served by the Rev. & Mika Mukojima after service in YBA Hall

* *

January 1, 2019 Tuesday, 10:00 a.m. — Shusho-E / New Year's Day Service

Shusho-E Service: Renew our resolution to live with Nembutsu gratitude

Shotsuki Hoyo Service

O-asaji (Morning Chanting) - 9:00 am

Study Class - 7:00 pm

Adult Discussion - 11:00 am

Dharma School - 11:00 am

Year-End and New Year's Day Services

JOYA-E

Year-end Service

Monday, Dec 31 at 7:00 pm

The Sangha is invited to the final service of 2018, the ***Joya-E*** (year-end) gathering on New Year's Eve.

This service is held to express gratitude for the countless blessings received throughout the year.

The service includes sutra chanting, meditation, a Dharma message from Sensei and the ringing of the Kansho (bell).

After the service, **Rev. and Mrs. Mukojima** invite everyone to enjoy traditional ***Toshikoshi-soba*** (buckwheat noodles) in the YBA Hall.

SHUSHO-E

New Year's Day Service

Tuesday, Jan 1 at 10:00 am

The new year is a new beginning.. Attend the Shusho-E service to renew your resolution to live with Nembutsu gratitude

Rev. Mukojima looks forward to sharing his first Dharma Talk in 2019 with you, followed by a toast to the New Year.

Tennis: Eightfold Path Influences How I Play

Stacey Kawabata

(Continued from page 1)

it is." During a tennis match, I have to see the ball with a clear mind not clouded with bias. In high school, we have the responsibility to call the balls on our side of the court. If the ball is in, I have to call it as it is, even if it means I'll lose the point, or even the match. It really takes integrity and honesty because sometimes you're the only one who would know.

Right Thought means to direct our minds towards purity, and turn away from the evils of the world. I interpret that to mean that I should have positive and encouraging thoughts for my opponent, and compliment how well they play tennis instead of being upset/bitter that I'm losing. Even if I am winning, I should not gloat even just to myself, but instead be humble.

Right Speech means that I should speak courteously to my all. Speaking harmfully to my teammates, opponents, and coach is pointless. And actually, a match this year that I had the most fun in wasn't because I won it, but because my partner and our opponents were talking and having a good time between points.

Right Conduct means to behave peaceful, benevolent, and compassionately, and right livelihood is "to live my life in a way to entail no evil consequences." When you're on the court, you act respectfully towards everyone. Which means even if you're in an argument, even if you think your opponent is cheating, you still need to handle things calmly/professionally. When I play, I need to be aware of my actions and not do anything I would regret later.

During a tennis match, I can display Right Effort by not giving up or becoming frustrated. Right Effort means to "direct our efforts incessantly to the overcoming of ignorance and craving desire." I have to be persistent during practices and always give effort even when I'm tired, frustrated, or upset.

Right Mindfulness is "to cherish good and pure thoughts, for all that we say and do arise from our thoughts." Most sports are as much as a mental sport as physical. While playing in a match, it's very important to not obsess or show frustration over missing a point, but to be focused on the next point and move forward.

Right Meditation is to "concentrate our will on the Buddha, his life, and his teachings." While playing tennis, I need to constantly be aware of not only the Eightfold Noble Path, but also other Buddhist teachings, such as impermanence and interdependence. Even though tennis may seem like an individual sport since you only play with 2 or 4 people on a court, your win or loss contributes to the team score. 1 person can't win a match by themselves. Reflecting back on this years season, it felt bittersweet because I knew as this season drew to close it might be the last time I played as a team. Similarly, during the retreat, the days passed really quickly. However, it's important to recognize that you need to live in the moment and not be too focused on the future.

Please join me in Gassho.

Namo Amida Butsu

Namo Amida Butsu

Namo Amida Butsu

Volume 57 Number 11

Building MVBT: A Historical Look Back

This is the first of many look backs into the artifacts of your Mountain View Buddhist Temple.

Dharma Wheel on the top of the Hondo

The Dharma Wheel was built and donated by the Matsumoto Brothers, who owned and operated T & J Garage. The Dharma Wheel was installed on the completed Hondo in March 1979.

BWA Actiities

BWA SEMINAR & ESSHINNI-KO MEMORIAL SERVICE

On Saturday, November 10, 2018, Rev. Mutsumi Wondra from the Orange County Buddhist Church had a seminar on four Shin Buddhist Ladies: Lady Eshinni, Lady Kakushinni, Lady Takeko Kujo and Mrs. Chiyono Sasaki of Kona, Hawaii. It was a very interesting and informative seminar that all attendees enjoyed. It was followed by a dinner at Hanabi Restaurant.

Also, on Sunday, November 11, 2018, Rev. Wondra was our guest minister at BWA's Eshinni-ko/BWA Memorial Service. Following the Sunday Service and refreshments, a luncheon was enjoyed at Kirin Restaurant.

UDON FUNDRAISER

Tickets are still available from any BWA member. The cost is $8.00. Pick-up will be from 11:00 am to 2:00 pm.

JOIN BWA

Anyone interested in joining our BWA, contact **Reiko Murakami** at 408-257-0687 or at reikomurakami@comcast.net.

NEXT MEETING

Saturday, December 15, 2018, at 9:00 am in the YBA Hall.

Buddhist Women's Association

Evan Tsukahara

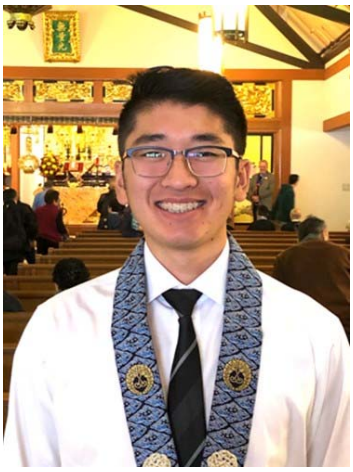
Making Memories and Having Fun

(Continued from page 1)

with my newly christened BYR family made this experience one that I will never forget.

Upon arrival at the Jodo Shinshu Center, with bags in hand, I found myself filled with anxiety as I stared at the detailed color coded schedule and froze when my "baby" (my cell phone) was being confiscated. However unfortunate this seemed at the time, it was the best thing that could have happened to me. Immediately after, I sprung into action viewing the list of applicants and trying to memorize all their names before arrival. Looking back now, I may have come off a bit too energetic but hey, you only get one shot at a first impression so it's better to be remembered as loud than not at all. Once settled down, a wave of people began to enter, first from Colorado, next from Washington, then from Orange County, and finally those from the Bay Area.

After introductions were made, ice breakers were finished, and dinner was eaten, the real bonding began. While upstairs for our first ever "teen talk," we began to share stories, ranging from comedic to heart-felt and personal. As conversations grew in depth and barriers were lowered, our ragtag group of strangers became a family. As a result of chanting sutras lasting half an hour each, twice a day, every single day for six days straight, I learned to become an



experienced chanter, that is until falling asleep during service and being nudged awake by Reverend Candace. Although clearly exhausted, our group became so close by just talking until the sun rose the next morning. As we ate smores together and watched fireworks burst in the sky, I began to think to myself what I really enjoyed about this retreat. Although sitting through three hour lectures about the Buddha was enlightening, what I truly enjoyed about this retreat was how close I became with all of these incredible people. Eating smores together over a fire pit made for beef teriyaki, playing on a jungle gym in front of the Asian art museum, and especially making a human golden chain, these events were what made this retreat so special to me.

While exploring the campus of UC Berkeley, and touring the historic San Francisco Japantown, all I could think of was impermanence. As days passed by and the clock began to count down to our graduation day, my only thought was how much I would miss all of the people I had come to call my family. On our last night at the JSC, I became sad as we sang along to songs ranging from Aladdin's, "Friend like Me" to "See You Again." I clearly remember telling myself repeatedly one of my favorite quotes from Doctor Who, "I don't want to go." As the night continued with the deep voiced Reverend Matt rapping his heart out, our group had the bright idea to pull an all nighter. One by one, we began to fall asleep and yet for some reason, against my better judgment, I was trying to hold on. However, at around 5:30 a.m., I finally fell asleep, I finally let go. Although this experience was easily one of the greatest of my life, and brought me happiness beyond compare, I now realize the great thing about impermanence. All good things must come to an end or else they lack purpose and lose all the value of being so special. Sure I had a great time, and learned A LOT from all those lectures, but what made the first BYR retreat so special was impermanence.

Would you please join me in Gassho. "We didn't know we were making memories. We just knew we were having fun" (Winnie the Pooh).

Namo Amida Butsu

Namo Amida Butsu

Namo Amida Butsu

YBA Activities

HALLOWEEN ACTIVITY

The YBA gathered for its annual Halloween party on October 20. We had dinner from L&L Hawaiian. The highlight of the evening was the Iron Chef competition with the 'secret ingredients': Halloween Oreos and Cheez-its! Congratulations to the 1st place winners who created the 'Caramel Apple Psuedo Pazooki'. We practiced our CCYBL skit and unfortunately ran out of time, so we missed out on our scary/comedy

movies for the evening. Thank you to our Activities Chair, **Lara Nakamura** and our Advisors for planning a fun evening!

CENTRAL CAL JR. YBA CONFERENCE

On November 10, our YBA members and Advisors attended the CC Jr. YBA Conference at the Fresno Betsuin Family Dharma Center. Members took part in workshops based on the conference theme: ***Lion King - The Wheel of Life***. We participated in the talent show by performing a dance routine to "Hakuna Matata." A special "thank you" to our

talented choreographer, **Kelli Kosakura**! We enjoyed the workshop activities, food and camaraderie with YBA members from throughout California.

KEIRO KAI LUNCHEON

YBA members served refreshments at our Temple's annual Keiro Kai Appreciation Luncheon on November 18. This gathering was the perfect opportunity for our youth to pay tribute to the many Keiros at the Mountain View Buddhist Temple.

HOLIDAY ACTIVITY

We will be gathering for our annual holiday activity on December 21-22. Thank you to our YBA Advisors for leading the planning process for this event.

SPAGHETTI DINNER

Stacey Kawabata, our Vice President and this year's Spaghetti Dinner Chair, has started the planning for our largest fundraiser of the year. Spaghetti dinner order forms will be in the mail shortly. We sincerely appreciate the continued support we receive from our Temple members at this event.

DONATIONS

Our sincere gratitude to the following individuals for their generous donations to the YBA: **Mr. Irving Ozawa & Mrs. Marilyn Ozawa** and **Mr. Bob Matsumoto & Mrs. Naomi Nakano-Matsumoto**.

In Gassho,
Evan Tsukahara
2018 - 2019 YBA President

Mountain View Buddhist Temple YBA

SAVE THE DATE

Saturday

FEBRUARY 9, 2019

YBA SPAGHETTI DINNER FUNDRAISER

150 Club News

Our winner for the month of **November** is **Craig Hamasaki**

Congratulations to our winner and thank you to all our participants!

You can also be a future winner. Talk to your Zone Chair for a 150 ticket for 2019.

Thank you to all those who participate in the 150 Club.

Toban & Echo Schedule

	Toban	Echo Article Deadline	Echo Print & Mail
DEC	Zones 5 & 6	N / A	N / A
JAN	Zones 7 & 8	Dec 14 (Fri)	Dec 19 (Wed)
FEB	Zones 9 & 10	Jan 11 (Fri)	Jan 16 (Wed)

Please note the revised article deadline and printing dates. This will provide time to layout, proof and finalize the issue. Thank you. *Domo Arigato.*

Email all articles to echo@mvbuddhisttemple.org

MVBT

Adult Buddhist Association

ABA News

ABA DANCE

The "Unforgettable" dance was a big success. Great music and dancing, delicious snacks and drinks, fabulous silent auction prizes, fun photos and people reconnecting with old friends. Thanks to everyone who attended and made generous monetary and in-kind donations. Special thanks to the non-ABA members who volunteered their time and talents to the dance. The profits will be earmarked for upgrades to the AV system in the YBA Hall.

ABA Dance: ABA members & friends dancing

ABA and BISHOP'S MEMORIAL SERVICE and REV. RYE'S SEMINAR

On Sunday, October 21, ABA sponsored the annual ABA and Bishop's Memorial Service with Rev. Kurt Rye as the guest speaker. Thanks to everyone who attended and donated to the service. We also were honored to have Rev. Kurt Rye provide his insight at a seminar that afternoon. For more details, please read Russ Nakano's article about the seminar on **Page X**.

MEET and MINGLE

Our annual dinner for new members was held on November. 9. Another evening of great food and fun. And once again, the women won the annual Battle of the Sexes game.

DONATIONS

Thank you for the following donations:

ABA Dance

Will Dea and Lois Okino
Noreen Ikeuye
Alice Ishida
Charlie and Ann Kulas
Go and Kay Sasaki
Chuck and Sumi Uyeda
Anonymous

ABA/Bishops Memorial Service

Eileen and Richard Fujikawa
Haruye Hoshi
Audrey and Mel Inouye
Sterling and Joanne Makishima
Reiko & Ray Murakami
Judy and Russ Nakano
Mieko and Ken Nakano
Marie Ochi-Jacobs and Allan Jacobs
Marilyn and Irving Ozawa
Jean Shimoguchi
Aiko Sugimoto-Miyamoto
Miyo Takegami
Ed Tsumura
Min and Ann Uyehara

Rev. Rye's Seminar

Will Dea and Lois Okino
Eileen and Richard Fujikawa
Audrey and Mel Inouye
Carolyn and Ron Murata
Judy and Russ Nakano
Kimi Nishimura
Miyo Takegami
Reiko and Steve Tsuchida
Ed Tsumura
Toshiko Uyehara
Anonymous

With Gassho,
Jean Shimoguchi
ABA President

In Memory of MVABA Members

George Abey
Sue Abey
Robert Ariyama
Helen Fukurna
Amy Imai
Robert Imai
Yasuko Kariya
Katsuko Kochi
Dave Kawamoto
Jim Kawaye
Sets Kuboyama
George Kunimoto
Muneo Masaki
Keiko Mizuhara
Akira Morishima
Emi Morishima
George Nakano
Sally Nakayama
Jim Nakayama
Miki Nishimoto
Yoshio Nishimoto
Stanley Okamura
George Okashima
Sam Okimura
Lou Osato
Harry Sakae
Karen Sakae
Kinuko Sasaki
Jim Satake
Betty Shidawara
May Shimoguchi
Yas Shimoguchi
Sam Sugimoto
Dave Takegami
Seiko Tsumura
Roy Uyehata
Akio Yamamoto
Henry Yusa

Dharma School News

ANNOUNCEMENTS

Keiro Kai Placemats >> Thank you to all of our Dharma School students for making such a diverse and colorful assortment of placemats in appreciation for our keiros.

Dharma School Registration >> If you have not already done so, please turn in your completed Dharma School student registration forms to **Janice Lee** (michiko1084@yahoo.com).

ACKNOWLEDGEMENTS

Keiro Kai Luncheon >> Dharma School organized and served (along with the YBA) coffee, tea, and dessert during the Keiro Kai Luncheon on November 19. Special thanks goes to **Yumi Higa**, **Debbie Kitani**, **Grace Kosakura** and **Dana Nakagawa** for coordinating.

After-Service Refreshments >> Thank you to the Dharma School parents and teachers for all of the help with after-service refreshments throughout September and October.

DONATIONS

Gratefully acknowledged.

Bob Matsumoto & Naomi Nakano-Matsumoto
For Maddie's High School Graduation

In Gassho,
Brent Izutsu
Dharma School Superintendent

Dharma School

Do's & Don'ts

DO's

1. Do place your item into cart only if you started at MVBT website
2. Do help MVBT earn free money
3. Do tell your friends to use the Amazon button on MVBT before buying

DON'T's

1. Don't forget to use the MVBT link to Amazon
2. Don't start at Amazon.com and put item into cart. Start at MVBT website, and then into cart
3. Don't forget to help MVBT earn free money from Amazon

mvbuddhisttemple.org → press Amazon Logo → amazon.com → Place into Your Cart → Place Order

&

amazon.com

The **Mountain View Buddhist Temple** would like to express its heartfelt condolence to the family and friends of:

George Ogino ***Sept 9,1925 - Oct 9, 2018***

May you find comfort in the embrace of Infinite Light and Life, the wisdom and compassion of Amida Buddha.

Namo Amida Butsu

MIROKU

middle school group

Miroku

NOVEMBER MEETING

Miroku had its third meeting of the school year on Sunday, November 4. The meeting started out with a quick ice breaker where everyone found ways to line up by height, age, and alphabetically by name without talking.

KEIRO KAI HELP

Discussions about helping pass out desserts at Keiro Kai Luncheon and when we would have our first fun activity were finalized. We also spoke about chairing a Sunday Service coming up on December 2.

AED CHECKS

At the end of the meeting members completed the monthly AED checks.

ComedySportz

On Saturday, November 10, Miroku held its first fun activity. Members, advisors, parents and siblings all met up at Pizza My Heart where we feasted on pizza and salad. Afterward, we all walked a block down the street and attended a ComedySportz show. ComedySportz is an improvisational comedy show that relies heavily on audience participation. To make the event even more fun, parent advisor **Mike Inouye** joined the ensemble cast and was featured during the entire show.

MEMBERSHIP

We are still encouraging families to submit their registration forms, and we continue to recruit for new parent advisors.

In Gassho,
Traci Inouye, Mike Inouye &
Randy Sato
Miroku Parent Advisors

Miroku at ComedySportz

MVBT Girl Scout Troop #60736

DAISY/BROWNIE

The Daisy/Brownie troop has been busy earning fun patches and badges. So far they've earned the following badges:

- Snack Badge by learning about all different types of snacks;
- Senses Badge by seeing how all five senses work together; and
- Home Scientist Badge by finding out how science is hiding in their home.

JUNIOR/CADETTE

The Junior/Cadette troop learned jewelry making from **Mrs. Pauline Shinkawa**, she showed them how to make cabochon pendants. The girls will next start working on a "textiles" project.

SENIOR/AMBASSADOR

The Senior/Ambassador troop are working on their Temple Service project. They will be painting a mural in the Preschool classroom.

ABA Seminar with Rev. Kurt Rye

On October 21, following the annual ABA/BCA Bishop's Memorial Service, a large group of Temple members were treated to an enjoyable afternoon workshop by guest Rev. Kurt Rye of the Placer Buddhist Church. Rev. Rye began the seminar with his personal path to the ministry as a "hakujin" from receiving his Tokudo and Kaikyoshi in Japan to his first assignment at the Seattle Betsuin in Washington, then to the Ekoji Temple in Richmond, Virginia, and to the Midwest Buddhist Temple in Chicago, Illinois, and now as resident minister of the Placer Buddhist Church in our Central District…a most revealing journey in itself exposing him to a variety of cultures and people.

Rev. Rye then switched gears and started his workshop challenging his audience to ponder three questions:

1. What do you like about MVBT?
2. What type of changes would you like to see at MVBT?
3. What do you envision MVBT to be like in 10 years?

Everyone answered each question anonymously and it resulted in a most fascinating composite of opinions prompting thoughtful discussions the rest of the afternoon.

Rev. Rye's primary aim was to make us think seriously of our own Temple's mission statement, as he ended the discussions with the all-encompassing Mission Statement from his home Temple:

"The Placer Buddhist Church strives to nurture compassion, mindfulness, gratitude, peace, tolerance, inclusiveness and spiritual exploration by providing a place where everyone is welcome. Our mission is to continuously learn and live the Buddhist Teachings to reduce suffering and support our lives and the lives around us. We offer an open door to sharing these teachings, as well as friendship and community."

Finally, a few comments from attendees:

"Best seminar I've attended at MVBT!"

"This seminar was fun!"

"Rev. Rye, hope you will come back soon to MVBT!"

And I think we all agreed!

With Gassho,
Russ Nakano
MVBT Board and
ABA Member

Rev. Rye discussing Question 3

Senior Activities & Crafts

Seniors Activity Group

UPCOMING ACTIVITIES

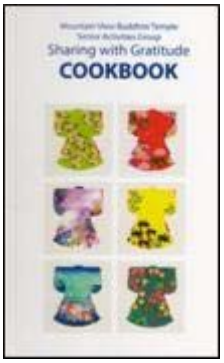
Sunday, December 2. Our Senior Boutique will be held in the Sangha Hall Foyer. Please come and shop for the many affordable items our Seniors have spent many hours making. A great time to stock up for the holiday from our Senior craft programs and the many donated items from our Temple friends and relatives. It will to be on Sunday December 2, from 11:00 am until 2:00 pm. Don't miss out. We thank you all in advance.

Thursday, January 10, 2019. We will resume our Senior Activities and Craft program after a short break during the holidays. Please mark this date on your calendar.

Thursday, January 17, 2019. We will have our own Temple member Jeff Sato instruct and educate us on CPR and the use of the AED equipment. A very important lesson to be learned on CPR and the current procedures. Also, AED equipment is equally important to be learned and the location in case of an emergency.

COOKBOOK SALE - $15

One day special **SALE** for $15, instead of the regular price of $18, our Senior Cook Book. This



is a perfect HOLIDAY gift. It will be sold at the Senior Boutique to be held on December 2. A great opportunity to purchase this cookbook for someone that enjoys cooking and trying new recipe.

SENIOR ACTIVITIES

9:00 am to 12:00 noon. **Debbie Kitani** has been very helpful with the Senior Craft Class every Thursday morning, showing the ladies many new ideas in knitting and different crafts. Please support Debbie with any ideas in craft for our upcoming events.

9:15 am to 10:00 am. Line dancing with **Reiko Kameda** and **Reiko Tsuchida** instructing and **Toshiko Uyehara** assisting. We thank **Naomi Ariyama** for taking time instructing in the past. Arigato, Naomi.

10:00 am to 10:45 am. Join **Kinji Ushiba** with the "Sing Along Group."

10:45 am to 11:00 am. Following the "Sing Along," a chair exercise lead by **Julie Ushiba**. What better way to start your day, with a light chair exercise.

SENIOR HOURS

Every Thursday,
9:00 am - 12:00 noon

Light refreshment of coffee, tea and desserts are always provided. Everyone is welcome to join us to share new ideas and to make new friends.

In Gassho,
Aiko Sugimoto-Miyamoto

Donate to the Upcoming Services

Support Your Temple

Bodhi Day Service / New Year's Eve Service /
New Year's Day Service / Hoonko

Use the MVBT online donation "DONATE NOW,"
send a check to the Temple office, or donate at the Service

December Shotsuki Hoyo (Monthly Memorial Service)

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the Temple in memory of the past members and their family members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The **December** Shotsuki loved ones are:

Yoshiko Akizuki	**Muriel Izumi**	**Miyuki Nakano**
Ichiro Chikasuye	**Shogo Kaku**	**Shunsuke Nakano**
Emiko Fujikawa	**David Kawamoto**	**Leo Nakayama**
Mamoru Fukuma	**Junso Kawamoto**	**Frank Okimoto**
Emiko Furuta	**Tsue Kawamoto**	**Kelly Sakae**
James Furuta	**James Ichiro Kawaye**	**Jiro Sakano**
Eigoro Hashimoto	**Tomiko Kosakura**	**Hatsue Sako**
Myrna Hayashi	**Alice Koyano**	**Chiyo Shimoguchi**
Sato Hiroshige	**Tomoe Kumamaru**	**Yasuki Shinke**
Dorothy Horiuchi	**George Kunimoto**	**Laurie Takasugi**
June Hoshi	**Yoshio Kusaba**	**Robert Taniguchi**
Teruko Ikeda	**Nobuichi Masaki**	**Kiyomi Tanouye**
Amy Imai	**Kiyoko Murakami**	**Florence Tsukagawa**
Hana Inouye	**Tamae Nagatsuyu**	**Hiro Uyehara**
Harry Ishii	**Jane Nakamura**	**Edward Yonemura**
IJ Iwamoto	**Masazo Nakamura**	**Teruo Yukawa**

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **ymukojima@gmail.com**

Phone (Temple office) **(650) 964-9426**

December Monthly Memorial Service

Sunday

December 2, 2018

10:00 am

MEMORIAL SERVICES

Memorial services allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2018 is the memorial year for those who passed away in:

1st Year Memorial	2017	3rd Year Memorial	2016	7th Year Memorial	2012
13th Year Memorial	2006	17th Year Memorial	2002	25th Year Memorial	1994
27th Year Memorial	1992	33rd Year Memorial	1986	50th Year Memorial	1969

Mochi-Tsuki — Sunday, December 9

Mochi-Tsuki time is here again and we look forward to seeing everyone at this annual traditional get-together. Come and have fun helping and participating in the activities that make this cultural event and fundraiser a success.

Tickets have been distributed to each zone and **the final count is due Monday, December 3, 2018**. Tickets are also available at the MVBT office or through your zone chairperson.

WORK SCHEDULE IS:

SAT, Dec 1	8:00 am	.....Pre-preparation, test equipment & hang plastic
FRI, Dec 7	8:00 am	.....Wash barrels & rinse rice
SAT, Dec 8	8:00 am	.....Final setup, clean area & move equipment
SUN, Dec 9	**Mochi-Tsuki Day**	
	5:00 am.	.....Start steamers
	5:30 am	.....Start cooking rice
	6:00 am	.....Start pounding
	6:30 am	.....Start shaping mochi
	11:00 am - 3:00 pm	.....Mochi Pickup
	~ 3:00 pm	.....Clean up
WED, Dec. 12	8:00 am	.....Final clean up

If you have any questions, please contact **Julie Satake Ryu** at 650-787-9133 or email at Julie@satakenursery.com.

Mochi Prices

Komochi
$ 4
(1-pound pkg)

Okasane
$ 6
(Kagami)
(1-pound pkg)

Noshimochi
$ 16
(4-pound pkg)

SUPPORT YOUR TEMPLE

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Use the Amazon link on the MVBT home page to get to the Amazon site and your **Amazon purchases will help MVBT earn income – at no additional cost to you or the Temple**

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Another Way to Donate to the Mountain View Buddhist Temple

Donate Your IRA Minimum Distribution Directly to the Temple and Avoid Taxes

If you are 70 ½ years or older, you can take advantage of a simple way to benefit the Mountain View Buddhist Temple and receive tax benefits in return.

Benefits of an IRA Qualified Charitable Distribution

- Avoid taxes on transfers of up to $100,000 from your IRA to Mountain View Buddhist Temple
- Satisfy your required minimum distribution (RMD) for the year
- Reduce your taxable income, even if you do not itemize deductions
- Make a gift that is not subject to the 50% deduction limits on charitable gifts
- Help further the work and mission of Mountain View Buddhist Temple

How an IRA Charitable Rollover Gift Works

1. Contact your IRA plan administrator to make a gift from your IRA to the Temple (Your IRA administrator must make the distribution directly to the Temple).
2. Your IRA funds will be directly transferred to Mountain View Buddhist Temple to help continue our important work.
3. Please note that IRA Qualified Charitable Distributions do not qualify for a charitable deduction.
4. Please contact us if you wish for your gift to be used for a specific purpose.

Contact Us

If you have any questions about an IRA Qualified Charitable Distributions, please contact us at treasurer@mvbuddhisttemple.org. We would be happy to assist you and answer any questions you might have.

The above information is not intended as legal or tax advice. Please contact your attorney or tax advisor for further details on making an IRA Qualified Charitable Distribution.

january 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 am Shusho-e Service 8:00 pm JD Taiko	**2** 6:00 pm Boy Scouts - Junior Leaders/Parents' Meeting 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**3** 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**4**	**5**
6 10:00 am Shotsuki Hoyo Service & Dharma School 12:00 pm Miroku General Meeting 12:00 pm Taiko - Kids 12:00 pm YBA General Meeting 2:00 pm JD Taiko	**7** 6:30 pm Girl Scouts	**8** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**9** 7:00 pm Boy Scouts Troop Mtg. 7:00 pm Temple Board of Directors Meeting 7:30 pm MVBT Choir	**10** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**11** 7:30 pm ABA Meeting	**12** 9:00 am BWA Meeting
13 10:00 am Sunday Service & Dharma School 12:00 pm Taiko - Kids 12:45 pm Girl Scouts Meeting 2:00 pm JD Taiko	**14** 11:00 am Senior Group Meeting 6:30 pm Girl Scouts	**15** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**16** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**17** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**18**	**19**
20 10:00 am Hoonko Service & Dharma School 12:00 pm Taiko - Kids 2:00 pm JD Taiko	**21** 6:30 pm Girl Scouts	**22** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**23** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**24** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 8:00 pm JD Taiko	**25**	**26** 10:00 am Girl Scouts
27 10:00 am Sunday Service & Dharma School 11:00 am Temple General Meeting and Past Presidents' Luncheon 11:45 am Dharma School Teachers' Meeting 12:00 pm Taiko - Kids 2:00 pm JD Taiko	**28** 6:30 pm Girl Scouts 7:30 pm RPC Meeting	**29** 6:00 pm Taiko - Adults 7:00 pm Cub Scouts 8:00 pm JD Taiko	**30** 7:00 pm Boy Scouts Troop Mtg. 7:30 pm MVBT Choir	**31** 8:00 am Senior Activities and Crafts 6:00 pm Taiko - Adults 7:00 pm MVBT Adult Basketball 7:15 pm Dharma School Cabinet Meeting 8:00 pm JD Taiko		

Upcoming Events

January 1, 2019, Tuesday
New Year's Day / Shusho-e Service

January 6, 2019, Sunday
Shotsuki Hoyo

January 20, 2019, Sunday
Hoonko

January 27, 2019, Sunday
Temple General Meeting

Echo Available by Email

What Happens

- ***Get the Echo as a PDF attachment in an email***
- ***Get a color version***
- ***Same information as US mail version***
- ***Save the Temple the cost of assembly, supplies and postage***

How to Do It

- ***Send an email to echo@mvbuddhisttemple.org containing your name and email address***

Highlights in This Issue

Historical Look Back	*5*
YBA	*7*
ABA	*8*
Amazaon & MVBT	*9*
Mochi Tsuki	*14*

Mountain View Buddhist Temple
575 North Shoreline Boulevard
Mountain View, CA 94043
www.mvbuddhisttemple.org

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TIME DATED MATERIAL

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