October 2016

The ECHO

Volume 55 Number 9

Volume 55 Number 9

MOUNTAIN VIEW BUDDHIST TEMPLE

October Highlights

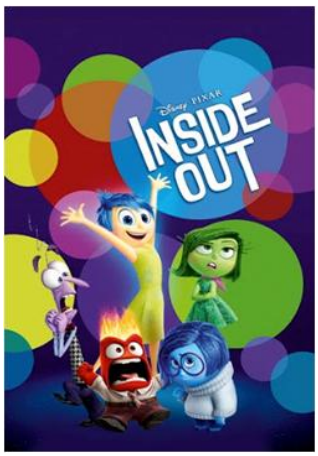
- ***10/2, Sun 10:00 am***
  - *Shotsuki Hoyo*
- ***10/12 Wed, 7:30 pm***
  - *Temple Board Meeting*
- ***10/16, Sun, 10:00 am***
  - *Bishop's Memorial Service*
  - *ABA Memorial Service*
- ***10/31, Mon, 7:30 pm***
  - *Religious Planning Committee meeting*

In This Issue

Rev Mukojima's Msg	*1, 4*
BWA	*6*
ABA	*7*
Dharma School	*8*
YBA	*9*
Seniors	*11*

Do We Need The Emotion Sadness?

The Coast District Young Buddhist League Conference will be held at the Mountain View Buddhist Temple in March 2017. Last June in advance of the conference, we had a one-day retreat with representatives of the CDYBL at the San Jose Betsuin.



The Movie Inside Out

For next year's conference, the group is planning to provide some workshops inspired by the Disney film, "Inside Out." Because of this, we watched the movie in the morning. Surprisingly, it was a really fantastic story.

A girl named Riley is the movie's main character. In her mind, she has emotions such as Joy, Anger, Disgust, Fear and Sadness. These feelings came into being when Riley was born. They always try to protect her and they struggle to do their best every day to lead her to happiness.

By Rev. Yushi Mukojima

Joy always makes Riley think positive and helps her have a happy mind without anxiety. Anger stirs her up, Disgust helps Riley escape from something harmful, and Fear protects her from danger. Each one of these emotions plays a very important part in Riley's life. But Sadness always makes Riley feel sorrow and pain. Because of this, the other emotions don't understand the importance of Sadness at all and are rather afraid of it. Sadness is also ignorant of its own importance and cries because it feels unnecessary in Riley's mind, like a third wheel.

Each day, we try to escape from situations that make us feel pain or sadness, and instead seek something fun and happy. Then what role does the emotion Sadness – which makes us feel gloomy – play? I think that this is one of the biggest questions for us to ponder.

We can definitely find the answer to this question in the compassion of Amida Buddha. In Jodo Shinshu, we often call Amida Buddha the Buddha of Compassion.

慈 ***Ji***

悲 ***Hi***

COMPASSION

But in Japanese, compassion is called ***ji-hi***, which has a deep meaning. The first character ***ji*** comes from the Sanskrit word ***maitri***, which means, "the pure friendship of the mind which embraces all people equally." This can be interpreted as the mind of loving-kindness where one always embraces those who are suffering and encourages them. In other words, this is Joy.

The second character ***hi*** comes from the Sanskrit word ***karuna***. Its original meaning is "a groan." This means the heartrend-

(Continued on page 4)

october 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 10am - Sangha Day 12pm - Taiko - Kids @	26 6:30pm - Girl Scouts @ 7:30pm - RPC Meeting	27 6:30pm - Taiko - Adults 7pm - Cub Scouts @	28 6pm - Boy Scouts Troop 7:30pm - Temple Choir	29 8am - Senior Activities 6:30pm - Adult Taiko @ 7:30pm - Calendar	30	1
2 10am - Shotsuki Hoyo 12pm - Miroku General 12pm - Taiko - Kids @ 12pm - YBA General	3 6:30pm - Girl Scouts @	4 6:30pm - Taiko - Adults 7pm - Cub Scouts @	5 6pm - Boy Scouts - 6pm - Boy Scouts Troop 7:30pm - Temple Choir	6 8am - Senior Activities 6:30pm - Adult Taiko @	7	8
9 10am - Sunday Service 12pm - Taiko - Kids @	10 6:30pm - Girl Scouts @	11 6:30pm - Taiko - Adults 7pm - Cub Scouts @	12 6pm - Boy Scouts Troop 7:30pm - Temple Board 7:30pm - Temple Choir	13 8am - Senior Activities 6:30pm - Adult Taiko @	14 7pm - Fuji Club @ YBA 7:30pm - ABA Meeting	15 9am - BWA Meeting @ 1:30pm - Choir - Jodo
16 10am - Bishops'/MVBT 12pm - Taiko - Kids @ 12:30pm - ABA	17 11am - Senior Group 6:30pm - Girl Scouts @	18 6:30pm - Taiko - Adults 7pm - Cub Scouts @	19 6pm - Boy Scouts Troop 7:30pm - Temple Choir	20 8am - Senior Activities 6pm - Boy Scouts @ 6:30pm - Adult Taiko @	21	22 2pm - Girl Scouts
23 6am - Boy Scouts @ 10am - Sunday Service 12pm - Taiko - Kids @	24 6:30pm - Girl Scouts @	25 6:30pm - Taiko - Adults 7pm - Cub Scouts @	26 6pm - Boy Scouts Troop 7:30pm - Temple Choir	27 8am - Senior Activities 6:30pm - Adult Taiko @ 7:30pm - Dharma	28	29
30 10am - Sunday Service 12pm - Taiko - Kids @	31 6:30pm - Girl Scouts @ 7:30pm - RPC Meeting	1 6:30pm - Taiko - Adults 7pm - Cub Scouts @	2 6pm - Boy Scouts - 6pm - Boy Scouts Troop 7:30pm - Temple Choir	3 8am - Senior Activities 6:30pm - Adult Taiko @	4	5

Mountain View Buddhist Temple ❖ 575 N. Shoreline Blvd ❖ Mountain View, CA 94043 ❖ (650) 964-9426 ❖ www.mvbuddhisttemple.org

Volume 55 Number 9

Religious Planning — October 2016

September 25, 2016, Sunday, 10:00 am — Sangha Day Picnic at Cuesta Park

No services at the Temple

October 2, 2016, Sunday, 10:00 am — Shotsuki Hoyo & Sunday Service

11:00 am Japanese Language Service

October 9, 2016, Sunday, 12:30 pm — Sunday Service

October 16, 2016, Sunday, 10:00 am — Bishop Memoral Service & ABA Memorial Service

Guest Speaker: Koichi Mizushima, Minister's Assistant at Sacramento Betsuin

October 22, 2016, Saturday, 8:30 am — Jodo Shinshu Center 10th Anniversary

At Jodo Shinshu Center in Berkeley

October 23, 2016, Sunday, 10:00 am — Sunday Service

October 30, 2016, Sunday, 10:00 am — Sunday Service

Halloween Parade — Come in costume!

Shotsuki Hoyo Service

O-asaji (Morning Chanting)—8:30 AM

Adult Discussion—11:00 AM

Dharma School—11:00 AM

MEMORIAL SERVICES

Memorial services allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2016 is the memorial year for those who passed away in:

1st Year Memorial	2015	3rd Year Memorial	2014	7th Year Memorial	2010
13th Year Memorial	2004	17th Year Memorial	2000	25th Year Memorial	1992
27th Year Memorial	1990	33rd Year Memorial	1984	50th Year Memorial	1967

Do We Need The Emotion Sadness?

(Continued from page 1)

Riley

Bing Bong

ing sound we can't help but make when the burden of suffering or sadness weighs too heavily upon our minds. That is to say, it is a natural expression of empathetic suffering which accepts another's suffering as one's own suffering and accepts another's sadness as one's own sadness. This describes Sadness.

In the movie, Joy and Sadness encounter Bing Bong, Riley's imaginary childhood friend. There is a scene in which Bing Bong's precious rocket is dumped at the bottom of cliff. Bing Bong feels

deep sorrow at losing his precious memento of Riley. At that time, Joy encourages Bing Bong's grieving with a smile. However, he can't be cheered up. Then Sadness sits right next to Bing Bong and listens to his suffering wordlessly. Sadness cries together with him as they hug. Then Bing Bong, healed by its empathetic mind, stands up, saying, "I am okay now." Sadness has empathized with Bing Bong's suffering and embraced his broken mind warmly.

It is very wonderful and important to encourage warmly those who are suffering and in distress, just as Joy did. But when Joy saw Bing Bong cheer up, Joy asked Sadness things like, "How did you do that?" In other words, Joy alone cannot cheer others up. We should understand that to accept another's suffering as our own and to cry with them can give that person the hope and energy they need to go on. For those who are suffering and worrying, to feel "there is someone who understands what I am experiencing," is the kindest way they can be spared suffering.

In another scene, Riley leaves her familiar Minnesota and moves to San Francisco. But she has

difficulty getting accustomed to her new life. Then Joy tries to remind Riley of her many happy memories in Minnesota to keep her mind bright. But every time facing the real world, Riley feels depressed.

Joy denies that Riley feels sad and desperately tries to make Riley happy somehow. But by doing so, Joy finally realizes the unique part that Sadness possesses.

When having a hard time, we shouldn't escape from feeling sad. Actually, when we express our sadness freely, we are able to open our true mind to our family and friends. Because we have the mind of sadness, we are able to encourage each other, help each other and support each other. Therefore, no matter what circumstances we might encounter, we are able to overcome all difficulties with strength. Then the mind of joy and gratitude will arise.

When Riley cried, telling her parents her true mind (Sadness) for the first time, her parents embraced her warmly and their minds became one with her sadness. At that time, Riley's mind, being healed in the warmth of her parents' embrace, was reflected in her smile (Joy). I was deeply moved by this beautiful scene.

I sincerely hope that the representatives of the CDYBL will share not only their Joy, but also their Anger, Disgust, Fear and Sadness with one another fully so that next year they will create fruitful workshops through the teaching of Buddhism.

In Gassho,

アウンテンビュー仏教会「回向」
二〇一六年一〇月法話
― 悲しみつて必要？ ―

駐在開教使 向嶋諦史

来年の三月に沿岸教区の仏青大会が当仏教会で開催されます。そこで先の六月に、サンノゼ別院で、仏青の代表者達が集まって準備委員会を開きました。

来年の大会は、ディズニーの「インサイドアウト」という映画のストーリーをヒントにしたワークショップを提供したいとのことでしたので、皆で映画を鑑賞したのですが、大変素晴らしい作品でした。

作品の主人公であるライリーの心の中に、ヨロコビを始め、イカリ、ムカムカ、ビビリ、そして、カナシミという感情が存在しています。これらの感情は、ライリーの誕生とともに生まれ、彼女の成長を守り、彼女を幸せに導くために日々奮闘しています。

ヨロコビは、ライリーを常にポジティブ思考にして、悩みのない明るい心を作り出し、イカリは、ライリーを奮起させ、ムカムカは、ライリーの害になりそうなものから回避させ、ビビリは、危険から彼女を守るなどの、ライリーが生きていくうえで、それぞれがとても大切な役割を果たしています。しかし、ライリーをつらい思いや悲しませることしかできないカナシミの役割は、他の感情からは理解してもらえず、いつも煙たがられています。カナシミ自身も、そんな自己を否定し、ライリーの心の中に自分は必要のない存在なんだと泣いてしまいます。

私達の日常生活においても、悲しみを感じるような思いを避け、常に楽しいことを追い求めて生きています。そうなると、自分の心を暗くしてしまう悲しみの感情というものは一体何の役割を持っているのでしょうか？誰もが経験する大きな疑問だと思います。

しかし、その答えは、阿弥陀仏のお慈悲の中にしっかりと表されています。浄土真宗では、阿弥陀仏を「慈悲の仏」と呼んでいますが、「慈」という言葉はサンスクリット語の「マイトリー」という言葉が語源で、誰にでも平等な心を持つ、純粋な友情を意味し、悩み苦しんでいるものに常に寄り添って励まし続ける慈しみの心です。つまり、ヨロコビです。

そして、「悲」という言葉は、サンスクリット語で「カルナー」と呼び、その本来の意味は「呻き」だといわれています。苦しみや悲しみが心にのしかかってきて、その重さに耐え切れず思わず漏らしてしまう呻き声のことです。つまり、人の苦しみを自分の苦しみとして受け入れ、人の悲しみを自分の悲しみとして受け入れる同苦の心をいいます。それは、まさにカナシミです。

映画の中で、ビンボンがライリーとの思い出がつまった大切なロケットを崖の底に捨てられてしまう場面がありますが、その時、悲しみに暮れているビンボンを見て、ヨロコビが笑顔で励まします。しかし、ビンボンは立ち上がれません。すると、カナシミは、彼の横にそっと座って、ビンボンの話を聞いてあげます。そして、抱きしめながら一緒に泣いたのです。すると、ビンボンの心は癒され、「もう大丈夫」といって立ち上がります。カナシミはビンボンの悲しみに共感して、傷ついていた彼の心をやさしく包み込んだのです。

ヨロコビのように、苦しみ悩んでいる人を親身になって励ますことは大変すばらしいことです。しかし、ヨロコビがビンボンの元気になった姿を見て、カナシミに「一体何をしたの？」と聞いたように、ヨロコビだけでは人を勇気づけることはできません。まず、相手の苦しみを我がこととして受け止めて一緒に涙を流すことが、苦しんでいる人に生きる希望と力を与えることを忘れてはなりません。悩み苦しんでいる人にとっては「この苦しみを分かってくれる人がいる」と思えることが救われていく道なのです。

また、ライリーは慣れ親しんだミネソタを離れて、家族でサンフランシスコに引っ越しましたが、新しい生活になかなか馴染めません。そこで、ヨロコビがライリーの心を明るく保つために過去の楽しかった思い出を思い起こさせますが、現実の世界と向き合うたびにライリーの心は沈んでいきます。

ヨロコビはライリーが悲しい思いをすることを否定して、何とかライリーを明るくしてあげたいと試行錯誤するのですが、その中で、ようやくヨロコビがカナシミの持つ特殊な役割に気づきます。

苦境に立たされたとき、悲しむことを避けるのではなく、悲しみの感情を素直にあらわすことで、家族や友人に本当の自分の心を開くことができるのです。悲しみの心を持つからこそ、人は互いに励まし、助け、そして、支え合うことができるのです。だからこそ、どんな境遇に会おうとも力強く目の前の壁を乗り越えていくことができるのです。その先に、新たな喜びと感謝の心が生まれるのです。

ライリーが両親の前で初めて涙を流しながら自分の本当の心（カナシミ）を伝えた時、両親がライリーを温かく抱きしめ彼女の悲しみと心を一つにします。その時、両親の胸の中で癒されていくライリーの心がほほ笑み（ヨロコビ）となってあらわれる最後の場面には思わず涙しました。

仏青大会の委員会メンバー達には、ヨロコビだけではなく、お互いのイカリ、ムカムカ、ビビリ、そして、カナシミを存分に出し合って、仏教に通じた実りあるワークショップを作り上げていただきたいものです。

SAVE THE DATE

Keiro Kai Luncheon

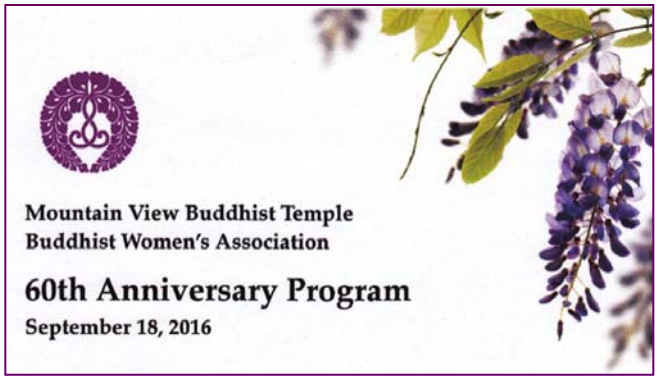
Sunday, November 20, 2016

Come to celebrate and honor our Seniors

Reservations will be mailed to all Temple members

Buddhist Women's Association

BWA Actiities



BWA would like to thank all who attended our 60th Anniversary luncheon. We hope that everyone enjoyed the special bento and entertainment provided by the Chidori Band and their singers.

We are most fortunate that our Issei and older Nisei members left us with a legacy, which we are proud to continue. BWA welcomes anyone regardless of age to join us to continue our work for our Temple and its youth.

60th ANNIVERSARY DONATIONS GRATEFULLY ACKNOWLEDGED:

- **Richard and Emilie Endo**
- **Derek and Natalie Ives**
- **Bob and Naomi Matsumoto**
- **Russell and Judy Nakano**
- **Allan Nara**
- **Harry and Jeanne Ohara**
- **Doug and Phyllis Sawamura**
- **Yoshio and Diane Umemoto**
- **Min and Ann Uyehara**
- **Kiyoshi and Joan Yoshinaka**
- **Cynthia Zable**

NEXT MEETING

Saturday. October 15, 2016, 9:00 am in Sangha Hall.

SUPPORT YOUR TEMPLE

Shop at Amazon via MVBT

Earn income for MVBT!

Use the Amazon link on the MVBT home page to get to the Amazon site and your **Amazon purchases will help MVBT earn income – at no additional cost to you**

Volume 55 Number 9

ABA News

ABA has been busy since the Obon.

AUGUST SEMINAR

A very successful seminar with guest speakers **Dr. Ken Tanaka** and **Rev. Ron Kobata** was

Rev. Kobata

Rev. Tanaka

held on August 28 at the Mountain View Buddhist Temple. Thank you to **Ken and Mieko Nakano** for organizing the event. Special thank you to **Doug Sawamura** for setting up the audio/visual aid systems and to the ABA women for providing the delicious snacks.

FUN OUTINGS

Thank you's also go out to the following ABA members for activity organization:

- **Jean Shimoguchi** for coordinating the play at the new Santa Cruz Shakespeare venue.
- **Jits Higa** by ticket selling and assist with the cooking at the Morgan Hill Steak dinner.
- **Joanne Makishima** for organizing the trip to see the musical "Beautiful" in San Francisco.

ABA MEMORIAL SERVICE

The ABA Memorial Service will be held on Sunday, October 16 with guest speaker **Koichi Mizushima** of Sacramento Betsuin.

Koichi Mizushima

JOIN ABA — BECOME A NEW MEMBER

Interested in joining ABA and attending all of the great activities? New members are welcome to attend our annual "Meet & Mingle" get together on Friday, November 11. Please contact **Sterling Makishima** at smyoshiaki@gmail.com or call 408.691.7377 if you'd like to attend.

In Gassho,
Sterling Makishima

MEET & MINGLE WITH ABA

Friday, November 11, 2016 | 6:00 pm - 9:30 pm | Sangha Hall

Meet ABA members in an enjoyable setting

No Pressure to Join! No obligations! Just evening of fun!
If interested in attending, call Sterling Makishima

Help Needed – Retirees and Part-time Workers

Please help with yard work at your Temple on Fridays

Gardeners: ½ day job. Trim the trees & plants. Help blow out the parking lot, so it will be clean on Sundays

Ladies: Help water, trim plants & more

Any help is appreciated !!!

CONTACT: Jits Higa, (650) 968-2532

Dharma School

Dharma School News

DHARMA SCHOOL CLASS COMBINATIONS

There are changes to the Dharma School class combinations. Here are the classes and the assigned teachers:

Preschool: ..... Tracey Mukoyama & Joann Yamani
Kindergarten & 1st grade: ..... Esther Bunya, Reiko Tsuchida, Frances Sawamura & Debbie Ho
2nd & 3rd grade: ..... Toshiko Uyehara, Diane Umemoto & Traci Inouye
4th grade: ..... Joan Aoki, Sharon Tsukahara & Gail Satake-Nakamura
5th & 6th grade: ..... Carol Harbin & Debby Inenaga
7th & 8th grade: ..... John Arima & Jill Fajardo
High School: ..... Bruce Morimoto, Brent Izutsu & Elise Fujimoto

We'd also like to acknowledge our librarians **Jeanne Ohara** & **Marie Ochi-Jacobs**.

DHARMA SCHOOL CABINET

In addition to our teachers, we have several parents and Dharma School teachers who volunteer their time and energy on the Dharma School cabinet. The MVBT Dharma School Cabinet for 2016 - 2017 is:

Superintendent: ..... Curt Fukuda
Past Superintendent: ..... Debby Inenaga
Dharma Education Coordinator: ..... Brent Izutsu
Secretary: ..... Katie Tamaru-Itow
Treasurer: ..... Karen Bunya
Registrar: ..... Janice Lee
Parent Volunteer Coordinators: ..... Tricia Hojo & Ashley Uyehara
Dharma School Communications: ..... Randy Sato
Taiko Coordinator: ..... Debbie Kitani

DHARMA SCHOOL ACTIVITIES

As always, it takes a Sangha to raise a Dharma School student. We ask that all of our Dharma School families help with the various activities that Dharma School sponsors throughout the year. If you didn't get to sign up for an activity at the Dharma School Parents Meeting on September 11, please contact **Tricia Hojo** or **Ashley Uyehara**.

COMING EVENTS

Sunday, September 25: Sangha Day Picnic at Cuesta Park

Sunday, October 2: High School chairs the MVBT service.

Sunday, October 9: 7th and 8th grade chairs the MVBT service.

Sunday, October 23: 5th and 6th grade chairs the MVBT service.

Sunday, October 30: 4th grade chairs the MVBT service.
- Halloween Parade - 10 am - Come in costume!

ACKNOWLEDGEMENTS

Thank you to **Tricia Hojo**, **Joy Morimoto** and **Monica Smith** for coordinating the Welcome Back Luncheon on September 11. And, thank you to everyone who volunteered in the kitchen to make the event a great success.

DONATIONS

Donations are gratefully acknowledged

Bob & Naomi Matsumoto
Devon's graduation

Doug & Phyllis Sawamura
Japanese Temples of Hawaii and Exhibits

Jason & Liane Detering

Randy & Debbie Sato
Connor's birthday

Toshiko Uyehara
Jeremy Tao's birthday

In Gassho,
Curt Fukuda
Dharma School Superintendent

YBA Activities

YBA

VOLLEYBALL MIXER

Seventeen YBA members attended the Central Cal Jr. YBA Volleyball Mixer in Fresno over the Labor Day weekend. Everyone enjoyed their time meeting new people in Fresno!

CC CONFERENCE

YBA is invited to attend the Central Cal Jr. YBA Conference, "Star Wars: Balance," on November 12 in Fresno. YBA hopes members will attend and learn how Buddhism relates to Star Wars.

SANGHA DAY PICNIC

YBA is planning on coordinating the children's activities at Sangha Day picnic on Sunday, September 25 at Cuesta Park. We hope that all the children will enjoy the activities we organize.

YBA also have a 50/50 Raffle. We hope that you will support YBA.

In Gassho,
Jordyn Sato
2016-2017 YBA President

Donate to the Upcoming Services

Eitaikyo, Eshinni-ko & Kakushinni-ko Service, Bishop's Memorial and Bodhi Day

Use the MVBT online donation "DONATE NOW," or send a check to the Temple office

150 Club News

We have two winners to announce. For the month of August, the winner is **Victor Hernandez** and for the month of September, it is **Jenelle Kitasoe.**

Congratulations to our winners!

We are grateful to all those who participated in the 150 Club.

Toban & Echo Schedule

	Toban	Echo Article Deadline	Echo Print
OCT	Zones 9 & 10	N / A	N / A
NOV	Zones 11 & 12	Oct 14 (Fri)	Oct 19 (Wed)
DEC	Zones 13 & 1	Nov 11 (Fri)	Nov 16 (Wed)

Please note the article deadline, printing dates and email submission process. This will provide time for editing, layout and production. Thank you.

Email all articles to echo@mvbuddhisttemple.org

October

Monthly

Memorial

Service

Sunday

October 2, 2016

10:00 am

October Shotsuki Hoyo (Monthly Memorial Service)

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the Temple in memory of the past members and their family members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The **October** Shotsuki loved ones are:

Sachi Adachi	**Shozo Mayeda**	**Hagiyo Sato**
Irene Hatsue Furuta	**Yachi Miyake**	**Itoju Sawamura**
Mary Hayamizu	**Yoshiaki Murakami**	**Yas Shimoguchi**
Ted Hayashida	**Lily Nakamura**	**Drew Sugimoto**
Tad Iimura	**Aiko Nakano**	**Takie Sugimoto**
Masako Inokuchi	**Takeno Nara**	**Dr. Ray Uchiyama**
Fred Inouye	**Mikiyo Nishimoto**	**Masayo Yokoyama**
George Ishikawa	**Hiroshi Obuchi**	**Yukiko Yonemoto**
Hoichi Kato	**Toemon Ogino**	**Mollie Yoshizumi**
Ihei Kawamoto	**Shigeto Okimoto**	
Mamoru Kawamoto	**Kayoko Okubo**	
Takeru Kawamoto	**Jerry Okumura**	
Masakatsu Kito	**Tsui Sakai**	

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **ymukojima@gmail.com**

Phone (Temple office) **(650) 964-9426**

The Mountain View Buddhist Temple would like to express its heartfelt condolence to the family and friends of:

Jean Abey ***Dec 8, 1936 - Aug 18, 2016***

May you find comfort in the embrace of Infinite Light and Life, the wisdom and compassion of Amida Buddha.

Namo Amida Butsu

Seniors Activity Group

Senior Activities & Crafts

SENIOR CRAFTS

Every Thursdays,
9:00 a.m.-12:00 noon

We try to have activities for everyone to enjoy. If you can think of anything else to add to our program, please contact any of our committee members.

The scheduled hours for our craft session is from 9:00 am to 12 noon, every Thursday.

Light refreshment of coffee, tea and desserts are always provided. Everyone is welcome to join us to share new ideas and to make new friends.

MIDORI KAI BOUTIQUE

The Midori Kai Boutique was held on September 10. Our Senior Activities made Yaki Manju for this event and did well by selling out. The committee members are grateful for all the support we received by all that came out to

help make this hard work enjoyable. This is our biggest fundraiser to provide our lunches and to subsidize our trips. Thank you everyone for your continued support.

UPCOMING ACTIVITIES

October 14:, Friday: On the second Friday of each month, let's get together for a healthy walk. The meeting place is 311 South Mathilda Ave., Sunnyvale at 10:00 am. Walking with friends to 840 W. Washington Park, Sunnyvale and complete your walk back to Denny's Restaurant to reward yourself to a nice lunch around 11:00 am. For more information, call **Julie Ushiba**

October 20, Thursday: We will have a guest speaker **Jodie Pierce** speaking to us on safety from the Mountain View Police Department. She can also educate us on identity theft. Thank you Jeff Sato for your support. Everyone is invited to join us and listen to this vital information on safety. Lunch will also be provided at 11:30 am. The presentation will be at 12:15 pm.

November 17, Thursday: This will be our last session this year due to the holidays soon approaching. We will also provide lunch and a fun time of free Bingo. Mark this date on your calendar.

COOKBOOKS AVAILABLE

Only $18.00

The Senior Cook Book is still available at the Temple office or from any of the committee members.

KNIT WITH DEBBIE

9:00 a.m. to 12:00 noon

Debbie Kitani has been very helpful with the Senior Craft Class every Thursday morning, showing the ladies many new ideas in knitting and different crafts

LINE DANCING

9:15 - 10:00 am

Line dancing with **Naomi Ariyama** instructing with **Reiko Tsuchida** and **Toshiko Uyehara** assisting.

SING ALONG plus EXERCISE

10:00 - 10:30 am

Join **Kinji Ushiba** with the "Sing Along Group."

10:30 - 11:00 am

We have included with the Sing Along a upper body exercise as you sing along, lead by **Julie Ushiba**. What better way to start your day, with a light exercise.

TAIKO

11:15 to 11:45 am

We will continue Taiko instructed by **Susan Yuen**.

In Gassho,
Aiko Sugimoto-Miyamoto

永代読経

What is the Eitaikyo Perpetual Memorial Fund?

The word *Eitaikyo* is a contraction of the more formal term, **Ei-tai dok(u)-kyo (永代読経).**

Ei means eternal. It is composed of the Chinese Characters for a river with many tributaries that flows on and on. ***Tai*** means generations. ***Kyo*** means sutras or the words of the Buddha. ***Doku*** means to read or chant. Thus the meaning of Eitaikyo is to eternally chant the sutras on behalf of our loved ones for generations and generations to come.

The Eitaikyo Perpetual Memorial Fund

A special Eitaikyo Perpetual Memorial Fund was established to ensure the continuation of the teachings of the Buddha and Nembutsu. It is to be used specifically for religious purposes such as to purchase candles and incense, religious articles, altar enhancements and altar repairs. This fund is established through the donations made in memory of deceased members of the family, relative, and friends. This ensures a perpetual service for the deceased even when there is no one left in the family to observe a Buddhist Service.

Because the purpose of Eitaikyo is to ensure that a Jodo Shinshu Buddhist Service be conducted eternally in memory of a loved one, an initial substantial donation is requested to place a loved one's name in the Eitaikyo Registry. An amount of $500 or more is suggested. However, due to circumstances any amount will be considered. Please consult with the resident minister.

The Eitaikyo Registry

After completing the Eitaikyo form and donating to the Eitaikyo fund, the name of your deceased loved one will be entered into a Special Eitaikyo Registry book. This is a calendar type book listing the deceased names on the day of death. This book is kept in the Mountain View Buddhist Temple's altar. Each day, the morning service is dedicated to the names that appear on the page for that particular day. Thus by donating to the Eitaikyo Fund, a sutra will be chanted in memory of your loved one for eternal generations to come. As an expression of appreciation and gratitude for the guidance, leadership and support in the growth of the Mountain View Buddhist Temple, automatically entered into this Eitaikyo registry will be:

1. Past Ministers and Ministers' spouses who served the Mountain View Buddhist Temple
2. Past Mountain View Buddhist Temple Presidents who have served two or more years. No donations from the family will be expected in these cases.

The Annual Eitaikyo Service

Every November an Annual Eitaikyo Service will be conducted at the Mountain View Buddhist Temple. This service will be dedicated in special memory to those loved ones newly recorded into the Eitaikyo registry within the past year. Those families will be sent an invitation to this service so that they can o-shoko in memory of their loved one during the service.

Mountain View Buddhist Temple

EITAIKYO PERPETUAL MEMORIAL FUND DONATION

No. _____

Date: _____

In Memory of ◆———————————————————◆

Last Name: _____ First Name: _____

Japanese Name: _____

Date of Birth: _____ Date of Death: _____

Buddhist Name ◆———————————————————◆

English: _____ Japanese: _____

Place of Funeral: _____

Name of Donor(s)

Last Name: _____ First Name: _____

Japanese Name: _____

MVBT Office Record Use Only

Amount of Donation: _____ Date of Eitaikyo (Initial) Service: _____

Acknowledgment Forwarded: _____

Remarks: _____

Signature of Minister: _____

november 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 10am - Sunday Service 12pm - Taiko - Kids @	31 6:30pm - Girl Scouts @ 7:30pm - RPC Meeting	1 6:30pm - Taiko - Adults 7pm - Cub Scouts @	2 6pm - Boy Scouts - 6pm - Boy Scouts Troop 7:30pm - Temple Choir	3 8am - Senior Activities 6:30pm - Adult Taiko @	4	5
6 10am - Shotsuki Hoyo 12pm - Miroku General 12pm - Taiko - Kids @ 12pm - YBA General	7 6:30pm - Girl Scouts @	8 6:30pm - Taiko - Adults 7pm - Cub Scouts @	9 10am - BWA @ YBA 6pm - Boy Scouts Troop 7:30pm - Temple Board 7:30pm - Temple Choir	10 8am - Senior Activities 6:30pm - Adult Taiko @	11 7pm - Fuji Club @ YBA 7:30pm - ABA Meeting	12 Central Cal Jr. YBA 9am - BWA Meeting @
13 10am - Sunday Service 12pm - Taiko - Kids @ 1pm - Boy Scouts @	14 6:30pm - Girl Scouts @	15 6:30pm - Taiko - Adults 7pm - Cub Scouts @	16 6pm - Boy Scouts Troop 7:30pm - Temple Choir	17 8am - Senior Activities 6:30pm - Adult Taiko @	18	19
20 10am - Eitaikyo Service 10:30am - Keirokai 12pm - Taiko - Kids @	21 11am - Senior Group 6:30pm - Girl Scouts @	22 6:30pm - Taiko - Adults 7pm - Cub Scouts @	23 6pm - Boy Scouts Troop 7:30pm - Temple Choir	24 Office Closed Thanksgiving 6:30pm - Adult Taiko @	25 Office Closed	26 12pm - Boy Scouts @
27 10am - Eshinni- 12pm - Taiko - Kids @	28 6:30pm - Girl Scouts @ 7:30pm - RPC Meeting	29 6:30pm - Taiko - Adults 7pm - Cub Scouts @	30 6pm - Boy Scouts Troop 7:30pm - Temple Choir	1 6:30pm - Adult Taiko @	2 9am - BWA Udon Prep	3

Mountain View Buddhist Temple ❖ 575 N. Shoreline Blvd ❖ Mountain View, CA 94043 ❖ (650) 964-9426 ❖ www.mvbuddhisttemple.org

Upcoming Services

November 20	**Eitaikyo Service**
	Keiro Kai Luncheon
November 27	**Eshinni-ko / Kakushinni-ko Service**
December 4	**Bodhi Day Service**
December 31	**Joya-e Year-End Service**

GET ECHO ONLINE

Find a color PDF version online at:
www.mvbuddhisttemple.org

To request the color Echo via email, send your name and email address to

echo@mvbuddhisttemple.org

In Gassho,
The Echo Staff

Highlights in This Issue

Rev Mukojima's Msg	*1, 4*
BWA	*6*
ABA	*7*
Dharma School	*8*
YBA	*9*
Seniors	*11*

Mountain View Buddhist Temple
575 North Shoreline Boulevard
Mountain View, CA 94043
www.mvbuddhisttemple.org

RETURN SERVICE REQUESTED

TIME DATED MATERIAL

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
PERMIT #225
MOUNTAIN VIEW, CA