June 2016

The ECHO

Volume 55 Number 6A

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MOUNTAIN VIEW BUDDHIST TEMPLE

May & June Highlights

- ***5/29 Sun, 9:30 am***
  Memorial Day Inter-faith Service at Alta Mesa Memorial Park

  NO SERVICE at Temple

- ***5/29 Wed, 7:30 pm***
  Bazaar Meeting

- ***6/5 Sun, 10:00 am***
  Shotsuki Hoyo & Graduation Service

  Graduating Senior Talks
  Devon Matsumoto, Rachel Nakamura & Emily Terada

  11:00 am
  Japanese Language Service

- ***6/8 Wed, 7:30 pm***
  Temple Board Meeting

- ***6/11 Sat, 1:00 pm***
  Choir Festival

- ***6/12 Sun, 10:00 am***
  Last Sunday Service until Aug 28

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Perspectives from Graduating High School Seniors

We recognize and celebrate our graduating high school Seniors by printing their Dharma Talks.
In this issue, CONGRATULATIONS and BEST WISHES to Alex, Michael, Kristen, Erika & Kelly !

I Wasn't Supposed To Be Here

By Alex Tsukahara

My journey at the Mountain View Buddhist Temple began in Kindergarten. Unlike most of my peers, I wasn't supposed to be here; in fact I wasn't even supposed to be Buddhist. In case you didn't know, my dad is Christian, I went to an Episcopalian elementary school and I am currently enrolled at a Jesuit high school. Attending a Jesuit high school has provided me with a unique situation where I get to experience both Buddhism from my temple and Catholicism at my school. I see both similarities and differences between the two faiths, but I believe they both preach positive values and are meant to make the world a better place. With all of this adversity, the odds were stacked against me, but in the end, my mom brought me back to her home temple. You see, my dad would rather have a relaxing Sunday than take me to a Christian church. In a way, I am thankful that he wanted to relax on Sundays, because becoming a member of the Mountain View Buddhist Temple has been one of the best decisions of my life. The people that I have met and the experiences that I have had have changed my life forever. I have many fond memories in Dharma School with various teachers throughout the years. I remember starting Dharma School, as a timid

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Oshoko, Sayonara, Dharma School & YBA

By Michael Yamaguchi

Hello everyone! Wow… sorry

I'm just taking in what it's like to be up on the podium.

Before I begin, Mr. Morimoto has asked me to point out your emergency exits right here on the left and the right. And if my talk crashes and burns your seats also double up as flotation devices.

I joined Nakayoshi Gakko in 4th grade and I figured out a lot of my friends go to this temple, but I was very hesitant in joining. I was finally convinced by Kristen Nagamatsu and Alex Tsukahara to visit for a service, sophomore year of high school. I think my favorite memories were when I was first learning how everything worked during service and Devon or Alex would whisper to me how to Oshoko, or when we would sing Sayonara and everyone would bow and I was the only left standing not knowing what to do. Around February was my birthday and I was about to walk up to the stage to get my birthday gift and my picture with Sensei. But I didn't know only the "children" were allowed to go up. I was pretty disappointed I didn't get to take a picture with Sensei. It's ok Sensei came into class that day and took a picture with me.

I would like to thank Mr. Morimoto, Elise, and Brent, for making Dharma School so enjoyable and for teaching valuable life lessons that I will be able to use in the future. I remember one video we watched, it was called the Stanford Prison experiment. It talked about

(Continued on page 5)

June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 9:30am - Alta Mesa 12:15pm - Taiko -	30 Memorial Day Office Closed 6:30pm - Girl Scouts 7:30pm - RPC	31 6pm - Taiko - Adults 7pm - Cub Scouts @	1 6pm - Boy Scouts - 6pm - Boy Scouts 7pm - Temple Choir	2 8am - Senior 6pm - Adult Taiko @ 6pm - Taiko @	3 4pm - Girl Scout	4 Dharma School 12am - Girl Scout 9am - BWA Meeting 9am - Choir Festival
5 12am - Dharma 10am - Shotsuki 12pm - Miroku 12pm - YBA General 12:15pm - Taiko - 1pm - ABA CPR/AED 1pm - Girl Scout 3pm - Maui-Style	6 6:30pm - Girl Scouts	7 6pm - Taiko - Adults 7pm - Cub Scouts @	8 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Temple	9 8am - Senior 6pm - Adult Taiko @ 6pm - Taiko @	10 7pm - Fuji Club @ 7 pm - ABA Meeting	11 Choir Festival @ All
12 10am - Sunday 12:15pm - Taiko -	13 6:30pm - Girl Scouts	14 6pm - Taiko - Adults 7pm - Cub Scouts @	15 6pm - Boy Scouts 7pm - Temple Choir	16 6pm - Adult Taiko @ 6pm - Taiko @	17	18
19 12:15pm - Taiko -	20 11am - Senior Group 6:30pm - Girl Scouts	21 6pm - Taiko - Adults 7pm - Cub Scouts @	22 6pm - Boy Scouts 7pm - Temple Choir	23 6pm - Adult Taiko @ 6pm - Taiko @	24	25
26 9am - Taiko - Kids @	27 6:30pm - Girl Scouts 6:45pm - Girl Scouts 7:30pm - RPC	28 6pm - Taiko - Adults 7pm - Cub Scouts @	29 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Obon	30 6pm - Adult Taiko @ 6pm - Taiko @	1 6:30pm - Maui-Style	2

Mountain View Buddhist Temple ❖ 575 N. Shoreline Blvd ❖ Mountain View, CA 94043 ❖ (650) 964-9426 ❖ www.mvbuddhisttemple.org

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Religious Planning — May — Aug 2016

May 29, 2016, Sunday, 9:30 am, Alta Mesa Memorial Day Service

NO SERVICES at Temple

June 5, 2016, Sunday, 10:00 am — Sunday Service — Shotsuki Hoyo for June & July and Graduation Service

Graduating Senior Talks: Devon Matsumoto, Rachel Nakamura & Emily Terada
Dharma School Attendance Award to be presented

11:00 am: Japanese Language Service

June 12, 2016, Sunday, 10:00 a.m. — Sunday Service

Last Sunday Service until Sunday, August 28
Refreshments after Service: Somen provided by Rev. Mukojima & Mika. Everyone welcome.

July 10, 2016, Sunday, 10:00 am — Kangi-e Obon / Hatsubon Service

Kangi-e Obon: An annual memorial observance in honor of ones ancestors. Kangi-e, the Shin Buddhist Obon tradition, translates to a "Gathering of Joy" indicating we should celebrate the memories of our past ancestors.

Hatsubon: A special observance during the first Kangi-e Obon service following the passing of a loved one.

August 28, 2016, Sunday, 10:00 a.m. — Sunday Service

1:00 pm: ABA Seminar with Guest Rev. Dr. Ken Tanaka and Rev. Ron Kobata
Theme: LIVELY (Laugh, Inspire, Value, EnLighten, Youthful)…
"Reflecting on 50 years of Shin Buddhist Life from YBA Youths to Senior MInisters"

Shotsuki Hoyo Service

O-asaji (Morning Chanting)—8:30 AM

Adult Discussion—11:00 AM

Dharma School—11:00 AM

MEMORIAL SERVICES

Memorial services allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2016 is the memorial year for those who passed away in:

1st Year Memorial	2015	3rd Year Memorial	2014	7th Year Memorial	2010
13th Year Memorial	2004	17th Year Memorial	2000	25th Year Memorial	1992
27th Year Memorial	1990	33rd Year Memorial	1984	50th Year Memorial	1967

I Wasn't Supposed To Be Here (Cont'd from P1)

ALEX TSUKAHARA

Bellarmine High School 2016

Bound for Cal Poly San Luis Obispo

(Continued from page 1)

Kindergartener in Mrs. Bunya's class. Obviously, it was a difficult transition to meet new people, but the nurturing temple community made it that much easier for me to transition into this new environment. I believe the fact that the transition was easy speaks volumes about how compassionate the temple members are. Now, I am a high school student who talks too much in class and loves Mr. Morimoto's legendary Grilled Cheese Sandwich day. To me, temple isn't just about Dharma school; there are so many more aspects that made my experience memorable. Events like Obon, Sangha Day Picnic, and Mochitsuki created an exciting and fun environment that exposed me to Japanese culture, while also teaching me about virtues like responsibility, community, and hard work.

Another important element of my temple experience was YBA. YBA's unique ability to both teach Buddhism and create an enjoyable social environment made learning about Buddhism fun and interesting for me. My YBA friends (specifically the YOF squad) are some of the best people I know and without this temple I would not have had the opportunity to bond with them. We have created MANY great memories at conferences, YBA activities, and Obon. I am going to miss spending time with all of you. I believe this aspect of leaving a community like YBA really expresses Impermanence and the struggle of "nothing is forever". I want to thank my advisors for volunteering their time and energy to make a program like YBA possible for high school students. If you are in middle school now, I would highly recommend joining YBA as both an activity to meet new people from different temples and learn more about Buddhist teachings.

All of this would not be possible without the leaders of the temple, both past and present. From a youth's perspective, I sincerely appreciate all of the time and energy you put into creating the Mountain View Buddhist Temple. I have seen many temples over the years and I know that Mountain View is one of the best! I am not sure if this is a "Christian only" term or not, but I feel "blessed" to be a part of this temple. Next year, I am going to miss coming to temple and seeing familiar faces every Sunday, but I know that it is time for a new chapter in my life. It seems that in my family, we always find our way back to the Mountain View Buddhist Temple and I hope I do as well. I am extremely grateful for the nurturing and loving community the temple has provided me. The temple has exposed me to new ideas and perspectives that will help guide me throughout my life and for that I am forever grateful. Finally, I want to express my appreciation to my family. Thank you Mom for bringing me to this temple and for your constant support throughout my life. I know I can be a pain, but you have always stood by my side. Thanks Dad for guiding me through life and teaching me numerous lessons to make me a better person (even though you are yelling at me most of the time). And Evan, I may not be the best big brother, but thank you for tolerating me all these years.

Normally, people conclude with a Buddhist reading, but I would like to share with you a poem that I wrote entitled: "This is Not Goodbye."

This is Not Goodbye

This is not goodbye, though this chapter may be over
Being a part of this temple, was as lucky as a four leaf clover
I will be forever grateful for my home away from home
Since this is my Sangha, I will never be alone
They say that goodbyes are the end, but I only see a new beginning
Thinking about all of the memories, I will be forever grinning
They say that it's always darkest, right before the dawn
So I'm glad I cherished this temple, before my days here are gone
Namo Amida Butsu
Namo Amida Butsu
Namo Amida Butsu

Oshoko, Sayonara, Dharma School & YBA (cont'd)

(Continued from page 1)

how it took people and put them in a prison like environment, where at random some were paid to be guards and others were the prisoners. It wasn't long before some of the guards began to harass the "prisoners" like they were actually criminals. After the experiment they talked to some of the people. The ones who played guards said they never knew they had this kind of dark side to them. The prisoners said the experiment seemed so real and they never thought they would be so submissive, scared. In class we talked about how the kind of environment you are in can affect who you are and how you act. I learned to keep myself in a good environment and surround myself with influences that would effect me in a positive way. Although not everyone is perfect, we may find ourselves in a negative environment and theses changes could occur to us. But this is a good reminder so in the future it hopefully won't affect the way I act.

A good environment I joined was YBA. Even though I was never cut out to be in a leadership position I was surrounded by hard working individuals who I had learned a lot from. I very fortunate I joined YBA because I made a lot of new friends and strengthened bonds with friends I already had. We went on many adventures from conferences to camping trips to Disneyland. Each one having its own lessons and workshops built into them. These experiences will be life long memories that I could never forget.

I would like to thank the YBA advisors, Dharma School teachers, and the Sangha for being so supportive and helpful these past three years.

MICHAEL YAMAGUCHI

Cupertino High School 2016

Bound for local community college preparing for a career in local or federal law enforcement

Keep My Own Link Bright and Strong

By Kristen Nagamatsu

Good morning! Like Mr. Morimoto said, my name is Kristen Nagamatsu, and I would like to take this time to reflect on how being a part of the Mountain View Buddhist Temple has had such an incredible influence on my life, and to thank everyone here who made it all possible.

As you already may know, I haven't been coming to temple for as long as most people have; I've only really been coming here for the past four years. So naturally, I was kind of uneasy at first; I was worried that I was intruding. And because I had not grown up attending temple all the time, I sometimes did not know how everything worked around here. I remember helping at Spaghetti Dinner and just kind of wandering around in the kitchen until someone told me what to do, or waiting outside the Hondo for Devon or Kelly because I still didn't know where our Dharma School class was. Nevertheless, you all never failed to help me become more and more comfortable as time went on, and I soon felt as if I've been coming here my whole life. The acceptance that I've witnessed here has made me a more accepting individual myself, and I always hoped to translate that to my own life, whether it was for basketball, leadership, or anything else. The way you all have accepted me is something I will never forget, so thank you for that.

As for my Dharma School experience, I'll never forget how enjoyable it was, and how I always left the classroom with new insights that I can apply to my life outside of temple. I genuinely enjoyed seeing everyone and hearing about their week. I love how comfortable the classroom was and how it was a safe space for everyone. And I really appreciate how our teachers dedicated so much time to our class with thoughtfully planned lessons that helped me learn about myself and my community. Furthermore, I was surrounded by a bunch of amazing students of different ages who are so caring and successful. Whether we were thinking deeply about culture and race, or simply drinking hot chocolate, eating Kit Kats from Japan, and talking about our pits and peaks, every moment in class was so worthwhile. Being exposed to so many different people and getting to know them personally

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KRISTEN NAGAMATSU

Cupertino High School 2016

Bound for Cal Poly San Luis Obispo studying graphic communications

Kristen Nagamatsu

Keep My Own Link Bright and Strong (cont'd)

(Continued from page 5)

has helped me grow as an individual, and this would not have been possible had I not been a part of Dharma School.

One last thing that really made my experience special was seeing everyone's dedication and compassion here. Whether it was for YBA conferences, Mother's Day brunch, or Obon, I was always amazed at the large amount of people that help out and that genuinely wanted to make a difference. What stood out most to me, however, was everyone's patience. From my perspective, there was never a sense of irritation or annoyance from anyone here, and that has really had a positive influence on me. Our YBA advisors never seemed to get frustrated when we neglected to reply to any emails. The parents helping us at Obon never got impatient when we weren't fast enough to deliver the chili or spam musubi to our booth. This really inspired me to help out wherever I can, no matter what, and to try my best to be patient and understanding, just as I witnessed here.

When it comes down to it, I feel that everyone here is connected in the sense that they genuinely want to be the best that they can be. All of the acceptance, compassion, and patience that I witnessed here all stem from the lessons we learn from Reverend Mukojima. And when I recite the Golden Chain, I now have a way to keep my own link bright and strong. Because each and every one of you have taught me how.

Thank you!

ABA News

ALTA MESA CEMETERY CLEANUP

Thank you so much to the ABA members who assisted with the Alta Mesa cemetery cleanup on April 16. A big THANK YOU to **Mel Inouye** for getting all the flowers and greenery. The cleaned-up headstones looked beautiful with the flowers. The cemetery clean-up will be an ABA annual event and we encourage others to join us next year.

CHICKEN TERIYAKI

Thanks to everyone who

assisted with the Chicken Teriyaki cooking and to **Dennis Tsukagawa** for organizing the crew.

BASEBALL FANS

There are still openings for the SF Giants and SJ Giants games. Contact **Joanne Makishima** at **jcmakishima@gmail.com** if you're interested in attending.

SHAKEPEARE PLAY

This year ABA members will attend a performance of Santa Cruz Shakespeare's "A Midsummer Night's Dream" in late July or August. Anyone interested in attending, please contact Jean Shimoguchi at jean.shimoguchi @yahoo.com.

In Gassho,

150 Club News

Our very special winner for the month of May is **Shin Sawamura**.

Congratulations Mr. Sawamura!

We are grateful to all those who participated in the 150 Club.

Toban & Echo Schedule

	Toban	Echo Article Deadline	Echo Print
June	Zones 3 & 4	N / A	N / A
July	Zones 5 & 6	June 10 (Fri)	June 15 (Wed)
Aug	N / A	No Echo	N / A

Please note the article deadline, printing date and email submission process. This will provide time for layout and production. Thank you.

Email all articles to echo@mvbuddhisttemple.org

Why I am Proud to Call Myself a Buddhist

Erika Yasuda

As Mr. Morimoto mentioned, I'll be off to college next year, far from home in an unfamiliar city with unrecognizable faces everywhere. However, despite my initial fear of leaving the city and people that I feel most comfortable around, upon self-reflection, I have come to terms with departing from the Bay Area because I realize that my community will follow me no matter where I go.

When I envision the community that I come from, I see colorful hanging lanterns, I hear the beating of taiko drums, and I smell incense. From a proverbial standpoint, I observe kindness and constant gratitude. I admire the honorable way in which the religion of Buddhism handles loss through Shotsuki Hoyo services, and its inspiring approach to day-to-day stresses.

Although I have not been as active in temple functions as I would have liked to be, each time that I have joined a service or a meeting, I have gained wisdom and new perspectives. One particular concept that stood out to me through my mere three years at temple is the Golden Chain. I remember attending my first conference with barely any knowledge on this ideal. For all I knew, it could have been some pretty jewelry that I would buy my mom (by the way, happy Mother's Day everyone!). As it turns out, I was completely wrong, and the value of this concept went beyond the value of any prized necklace or bracelet that I could ever purchase.

Before I discuss the worth of the Golden Chain, I would like to introduce how it caught my eye in the first place. During a time when I struggled to come to terms with the countless aspects of my life, Buddhism provided me with guidance on coping with the uncertainty and stresses that plague every teenager. Prior to attending my first sermon, I was nervous, worried about what others would think of me. However, several friendly members found me a seat and opened my book of chants to the correct page. I stared at it blankly until I read the words, "I will protect all who are weaker than myself." It was at this moment that I began to understand the ideal of selflessness.

This brings me back to the significance of the Golden Chain, which embodies the relationships that we have. Rather than feeling alone, the Golden Chain tells me that, "I am a link in the Buddha's golden chain of love that stretches around the world." Upon learning that I am a link of an interwoven chain of human connection, I have been able to embrace what sets myself apart, because I know that what makes me unique will contribute to society as a whole. Another line of the Golden Chain that stood out to me is, "May every link in the Buddha's golden chain of love become bright and strong." Through this chant, I have become aware that by becoming stronger as individuals, we are contributing to the successes of one another, while also providing support during each of our failures.

Despite my own adolescent insecurities, I was inspired to use my growing confidence to focus on reaching out to the people around me. I am thankful for those at the temple who helped me with my initial discomfort, and it brings me happiness to do the same for others.

Aside from the life lessons that I have gained from attending services, Dharma School, and YBA meetings, I am incredibly grateful for the life-long friendships that I have developed over the last few years. Not only has my bond to the next two ladies, Kristen and Kelly, become stronger, but I have also created memories with the other high school students here at temple as well. I want to thank Reverend Mukojima, the Dharma School teachers, and the YBA advisors for their patience and guidance, because there is no way that any of us would be as well-aware of our surroundings and as well-prepared as we are without you.

Through it all, Buddhism has taught me how our emotions and insecurities make us human, and the importance of the network that we form with other individuals in our society. Buddhism has provided me with a moral compass that I will turn to for the rest of my life, even as I'm freezing in my dorm room over 2,000 miles away from home, and that is why I am proud to be part of this community.

ERIKA YASUDA

Homestead High School 2016

Bound for University of Michigan

Studying kinesiology

Golden Chain's Meaningful Thoughts

"I am a link in the Buddha's golden chain of love that stretches around the world."

"I will protect all who are weaker than myself."

"May every link in the Buddha's golden chain of love become bright and strong."

KELLY NISHIMURA

Wilcox High School 2016

Bound for UC Davis

Studying neurobiology, physiology & behavior

What Does It Mean to Make a Difference?

Kelly Nishimura

Good morning everyone and Happy Mothers' Day, especially to my mother and grandmother who are both here today. Likewise, before I start, I would like to thank my parents and grandma for all their support and helping me become the person I am today.

To begin my Dharma Talk, I am going to ask you, what does it mean to make a difference? From my time of coming to temple and attending Dharma School, I learned that making a difference comes from being selfless. But even with that acknowledged, I continued to get caught up in my own needs and wants. I believed that it was the grand gestures of giving, not the selflessness of giving, that have an impact on others. However, as time passed on and I spent more Sunday's coming to Dharma School, I realized that it is the small things that make the largest differences.

As I got older, I heard a saying that helped give me a better understanding of how it's the small things that makes a difference. The saying went, *"There's sixty seconds in a minute. And you have to make every second of those sixty seconds count in a minute because minutes make hours and those hours make days and those days make a life. And you want to have a life where you can look back on it and say 'I used those sixty seconds'".*

But it was not just some random quote that gave me a better understanding; I also had influential people to help me make a connection between giving and selflessness. And although she does not know it, I would like to thank my grandma for helping me understand that it's the small things that make the greatest difference. Although she is extremely busy in her participation here at the temple, she selflessly gives her sixty seconds, her minutes, and her days to me.

After my season of playing basketball at Wilcox, my grandma gave me a card. Within the card were newspaper cut outs of almost every single game I played and how many points I scored. I realized that she had searched each morning to find my name in the paper, cut it out, and put it in safe place. It may have taken her only a few seconds to cut out my box score; however, each of those seconds added up to minutes and those minutes added up to moments that I am thankful for. Her small gestures of selflessness, of thinking about me, are priceless. Something so small, such as cutting out the newspaper, contributes to a great difference when one is selflessly thinking.

So again, I would like to express my gratitude to not only my grandma, but also to several others. I would like to thank my Dharma School teachers for their teachings, Sensei for his inspiration, my YBA advisors for their dedication, and my parents for all of your support. From my time at temple, you guys taught me what it means to be selfless even in small gestures, which is a valuable lesson I will carry on with me in the next chapter of my life.

"There's sixty seconds in a minute. And you have to make every second of those sixty seconds count in a minute because minutes make hours and those hours make days and those days make a life. And you want to have a life where you can look back on and say 'I used those sixty seconds'"

Mountain View Buddhist Temple

ABA

Sponsoring a Seminar

with

Rev. Dr. Ken Tanaka and Rev. Ron Kobata

Sunday, August 28, 1:00 pm

Theme:

LIVELY (Laugh, Inspire, Value, EnLighten, Youthful)...

"Reflecting on 50 years of Shin Buddhist Life from YBA Youths to Senior MInisters"

Details to follow in July Echo and on MVBT Website

Volume 55 Number 6A

BWA Activities

Buddhist Women's Association

BWA's 60th ANNIVERSARY

BWA will be celebrating its 60th Anniversary on Sunday, September 18, 2016, along with the Mountain View Buddhist Temple's 55th Anniversary and Keishiki Service.

Please save this date to help us celebrate these great achievements. We will be sending invitations to all Temple members.

NEXT MEETING

Saturday. , June 4, 2016,
9:00 a.m. in YBA Hall

Seniors Activity Group Activities

Last Day: June 9

Senior Activities & Crafts

SENIOR HOURS

Every Thursday,
9:00 a.m.-12:00 noon

Light refreshment of coffee, tea and desserts are always provided. Everyone is welcome to join in to share new ideas and to make new friends. We want to continue to grow.

TAIKO LESSONS

April 21, Thursday: *We had our very first Senior Taiko class headed by* **Susan Yuen**. *For the first lesson, we had a very good participation Taiko session.*

May 19 & 26, Thursdays: Our next Taiko class will be May 19 and possibly on May 26. Our instructor Susan Yuen says it is easy to learn. We can learn by sitting or standing and it will be good for the mind and body. The scheduled time is 11:15 - 11:45 am to join this fun and enjoyable Senior Taiko class with your friends.

PRESSURE POINT

June 9 Thursday: **Reverend Nekoda** is an expert on Pressure Point and graciously accepted to teach us on *Self Help, Reflexology and Acupuncture* (Shiatsu finger pressure), on June 9, our last day of our Senior Activities and Craft. Reverend Nekoda provided us with some informative flyers , so please join us and listen to his presentation. Everyone is welcome.

LAST DAY BEFORE SUMMER BREAK

June 9 Thursday: This will be our last day of our Senior Activities and Craft before the summer break. We will also provide lunch. Please make a note of this on your calendar.

GETTING READY FOR BAZAAR: TALL VASES WANTED. **Haruye Hoshi** wishes to express her gratitude to the many generous donors for the tall vases that she has received. We will continue to accept vases so you can let Haruye know or inform any of our Senior Committee members. With the soon approaching Bazaar, she can use the vases. *Arigato.*

RENO TRIP

September 21 & 22, Wednesday & Thursday: This will be our second Reno outing. Temple members and non-Temple member can sign up starting July 1. Non-Temple members will be the on standby list until August 1. We want to give Temple member's first chance to sign up. If interested, call **Chuck Uyeda**. The cost is $87.00 including tip.

COOKBOOKS AVAILABLE

Only $18.00

The Senior Cook Book is still available at the Temple office or from any of the committee members.

KNIT WITH DEBBIE

9:00 a.m. to 12:00 noon

Debbie Kitani has been very helpful with the Senior Craft Class every Thursday morning, showing the ladies many new ideas in knitting.

LINE DANCING

Thursdays, 9:15 AM-10:00 a.m.

Line dancing with **Naomi Ariyama** instructing and **Reiko Tsuchida** and **Toshiko Uyehara** assisting.

SING ALONG plus EXERCISE

10:00 - 10:30 a.m.

Join **Kinji Ushiba** with the "Sing Along Group."

10:30 - 11:00 a.m.

With the Sing Along, an upper body exercise as you sing along is lead by **Julie Ushiba**. What better way to start your day, with a light exercise.

In Gassho,
Aiko Sugimoto-Miyamoto

Sarana Kieshiki Affirmation Ceremony

On Sunday, September 18, 2016, the Mountain View Buddhist Temple will sponsor a special Kieshiki (Sarana Affirmation) Ceremony. The ceremony will be held in conjunction with the Temple's 55th Anniversary.

WHO CAN PARTICIPATE? The Kieshiki is an individual's affirmation to follow the Buddha's Path. There is no age restriction for the ceremony. Socho Kodo Umezu (Bishop of the Buddhist Churches of America) will have the privilege of conducting this meaningful Kieshiki ceremony for our Sangha.

釋 SHAKU
英 EI
徹 TETSU

WHAT IS THE PURPOSE OF KIESHIKI AND THE CEREMONY? At the time of the Kieshiki, each participant takes refuge and affirms (Kie) the Three Treasures: the Buddha, the Dharma (Teachings), and the Sangha (Community). The Buddhist name, or more correctly the Dharma Name (Homyo), is then presented. If one has not received a Buddhist name during one's life, then one is given at the time of one's funeral.

WHAT IS THE BUDDHIST NAME OR DHARMA NAME? For the Kieshiki, Socho Umezu has extended an invitation to have you consult with me on the selection of a Buddhist name.

The Buddhist name is composed of three kanji (Chinese characters): Shaku 釋and two Buddhist terms. The word "Shaku" is used as an abbreviation for Shakyamuni, in reference to the historical Buddha and is given to you as the title that represents the Buddha's disciple. For the second character, the applicant picks one character (kanji). Example characters are provided. The third character will be chosen by Rev. Mukojima.

APPLICATION. There is a registration fee of $50 per person for MVBT members. The fee for non-MVBT members is $75. The registration deadline is August 15. Please find the form on the MVBT website (www.mvbuddhisttemple.org). If you have any questions, please contact the Temple at (650) 964-9426.

MVBT Girl Scout Troop #60736

JUNIOR

The Junior Girl Scouts have been working on earning several badges…including Savvy Shopper, Gardener and Simple Meals.

CADETTE

The Cadette Girl Scouts would like to thank the Sangha for supporting their Musubi fund-raiser. The girls will use the funds they earned for their Silver Award Project as they create a video documentary of Obon – including preparation, Obon itself, and clean up.

TROOP

The entire troop is getting ready for their Annual Backyard Camp-Out on June 3 here in the "backyard" of the Temple. We will once again be hosting a guest troop from San Mateo Buddhist Temple..

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Join us in a celebration of music as we come

Together in Harmony & Gassho

2016 Choir Festival

Mountain View Buddhist Temple Sangha Hall
June 11, 2016 **Admission is FREE**

Participating Temples

- Berkeley Buddhist Temple
- Fresno Betsuin Buddhist Temple
- Palo Alto Buddhist Temple
- Buddhist Temple of Salinas
- San Francisco Buddhist Temple
- San Jose Buddhist Church Betsuin
- S. Alameda County Buddhist Church
- Mountain View Buddhist Temple

Doors Open at 12:30 pm

Performances Begin at 1:00 pm

Many Thank You's To Dharma School Parents, Students and Teachers

Dharma School News

FDSTL CONFERENCE

MVBT Dharma School attended the Federation of Dharma School Teachers League (FDSTL) Conference in Sacramento April 29 - May 1. The conference theme was "Dharma for Dummies III (End of the Trilogy)" hosted by the Northern District. Workshops focused on discussing the challenges that face today's youth and how we as Dharma School teachers might use "Applied Buddhism" (ie. techniques to make Buddhism relevant to them) to help youth understand the Dharma. Next year's FDSTL conference will be hosted by Central District and will be April 21 - 23, 2017, at the Fresno Betsuin. The theme is "Music – A Path to the Dharma." Coast District's turn to host will be in 2019.

THANK YOU'S

Thank you to **Alex Shinkawa** for delivering the Dharma message and to **April Kabasinskas** and **Michiko Wang** for coordinating the Dharma School's Sunday Sundae event on May 1, while the Dharma School teachers and Sensei were away. We hope everyone enjoyed the treat - both the message & the delicious ice cream!

Thank you to Dharma School parents **Pauline Shinkawa**, **Betty Hamasaki** and **Wendy Oei** for coordinating the lunch for the Chicken Teriyaki cooking crew and to all of the parents that help provide salads and desserts for the lunch and helped with the set-up & clean-up.

Thank you to all of the Dharma School classes and parents for chairing the services and providing the refreshments for the months of May & June. Also thank you to all of our High School seniors for delivering such warm, inspiring and heart felt messages with their senior speeches. We LOVE hearing what you have to say. Speeches still to come are **Devon Matsumoto**, **Rachel Nakamura** and **Emily Terada** all on June 5.

GRADUATIONS

We will be acknowledging our graduating 8th grade and high school seniors on Sunday, June 5. Also, we will be announcing our Dharma School attendance award recipients at this service as well. June 5 is the last day of Dharma School for this school year. There will be no Dharma School class on June 12, but we will still be having service.

DS CAMPOUT

Lastly - don't miss out! Dharma School is hosting its annual Dharma School campout on June 4 & 5. Fun for all ages is planned. Please RSVP by May 25, so we can get a count of who all is coming.

DONATIONS

Gratefully acknowledged

Miyo Takegami

Sunday Sundaes

In Gassho,
Debby Inenaga
DS Superintendent

The Mountain View Buddhist Temple would like to express its heartfelt condolence to the families and friends of:

Helen Matsuba ***Dec 23, 1921 - Sept 30, 2013***

George Matsuba ***May 1,1918 - April 12, 2016***

May you find comfort in the embrace of Infinite Light and Life, the wisdom and compassion of Amida Buddha.

Namo Amida Butsu

June & July Shotsuki Hoyo (Monthly Memorial Service)

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the Temple in memory of the past members and their family members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The **June & July** Shotsuki loved ones are:

Spencer Cowap	**Kenzo Kamei**	**Jim Nakayama**
Robyn Delgado	**Kisa Ruth Kamei**	**Kiyo Ogata**
Kazuo Domoto	**Kevin Kamimoto**	**Kazuko Nagatani**
Frank Fujii	**Koyuki Kamimoto**	**Takara Ogawa**
Kotome Fujii	**Yasuto Kamimoto**	**Mika Okita**
Masakazu Fujii	**Iris Kawamoto**	**Ichitaro Okumura**
Nobu Fukuda	**Kojuro Kawamoto**	**Ryu Ozawa**
George Furuichi	**Yasu Kawamoto**	**Yoshio Ozawa**
James Furuta	**Norma Kochi**	**Mishi Sako**
Tomoye Goto	**Albert Kosakura**	**Nizo Sako**
Shizue Haruta	**Mitsue Koto**	**Suye Shimamoto**
Ben Hayamizu	**Kiyoshi Makishima**	**Mary Shimizu**
Masako Hayamizu	**Erin Maruyama**	**Margaret Shinseki**
Grace Hayano	**George Masuda**	**Trevor Sugimoto**
Joe Hayano	**Jimmy Matsuba**	**Yuki Taniguchi**
Bessie Hayashida	**Frank M. Matsumoto**	**Barry Tokunaga**
Sidney Hiramoto	**Jimmy Matsumoto**	**Ted Tokunaga**
Asa Hori	**Shizuko Mayeda**	**Ito Tsukagawa**
Genzo Horino	**Natsumi Michihira**	**Toshie Tsukamoto**
Josephine Hoshiko	**Helen Miyake**	**Kiyoshi Umeda**
Akie Idota	**Chizuko Murai**	**Kazuko Watanabe**
Kou Imai	**Katsuki Nakagawa**	**Eiko Yamamoto**
Yukishige Imai	**Shigeo Nakanishi**	**Kenji Yamane**
Takao Ishikawa	**Megumi Nakano**	**Naoko Yamashita**
John Ishizaka	**Kuni Nakagawa**	**Imi Yasuda**
Yotsu Iwata	**Tsuyoshi Nakashima**	**Goichi Yonemoto**

June & July

Monthly

Memorial

Service

Sunday

June 5, 2016

10:00 am

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **ymukojima@gmail.com**

Phone (Temple office) **(650) 964-9426**

LET'S GET READY FOR OBON!

Help Wanted for 2016 Obon & Bazaar

The Mountain View Buddhist Temple Bazaar Committee invites all friends of the Temple to become involved in the Obon festivities

No experience necessary — just an interest in creating a good time

CONTACT:

Peter Matsumoto, (408)252-9034, psmatsumoto@att.net
Steve Tsuchida, (408)996-8839, steve@tsuchidafamily.com
Ron Murata for online signups, remurata.sv@gmail.com

Wanted: Flower and Plant Donations

Attention home gardeners. The **2016 Obon Festival Flower Shop** would appreciate and welcome any plants and/or flowers you would be willing to donate.

If you are able to contribute, please **contact Leslie Imai** at (650) 303-3001or leslie.imai@gmail.com, so that your gift can be properly acknowledged.

We would appreciate it if you could drop the plants off at the Flower Booth either Friday, July 15 between 5 pm and 7 pm or on Saturday, July 16 anytime before 3 pm. If you need a different time or your donations to be picked up, please contact Leslie Imai at the number or email above.

Don't Miss Your Chance to Become an "Obon Sponsor"

OBON SPONSOR

The 2016 annual Mountain View Buddhist Temple's Obon Festival & Bazaar is coming up the weekend of July 16 and 17 where thousands of folks will be attending this two-day event from near and far. Each year, we look to our friends and Sangha members for their support making contributions to this festive event.

Your donations will be acknowledged with your names on our "Donation Board" in Sangha Hall and other locations. We will be very happy to put your name, your business name, or if you would like to have a donation in memory of a friend or family member, just let us know.

HOW TO DONATE:

Please make checks payable to Mountain View Buddhist Temple or MVBT with a check memo note "Obon Sponsor" and mail it to:

Mountain View Buddhist Temple
c/o Dennis Tsukagawa /
Obon Sponsor
575 N. Shoreline Blvd.
Mountain View, CA 94043

Please note on both the check and the envelope that it is for the Obon Festival & Bazaar with "Obon Sponsor."

Donations to the Obon Festival & Bazaar are directed to the Temple's Building Renovation Fund (aka Expansion Fund), which currently pays for major repairs to our buildings and facilities and builds up the financial foundation for future Temple building projects.

You may also donate through our website by clicking on the "DONATE NOW" button located on the right hand side of the Home page. Put your sponsor donation amount in "Miscellaneous Contributions" and put "Obon Sponsor" in the Donation Notes box.

Thank your for being an Obon Sponsor.

QUESTIONS & CONTACT

Dennis Tsukagawa
2016 Donation Chair
Email: alfansot@gmail.com
Phone: 650-766-8811

Mountain View Buddhist Temple Dharma School - Family Campout

June 4 & 5, 2016

*** Activities start at 3 pm on Saturday ***

Come spend time with your Dharma School friends! This is a family event with fun activities for kids of all ages including an obstacle course, outdoor laser tag and a **video game truck**. We will also be having Arts and Crafts for your creative side. A delicious dinner will be served, followed by roasting marshmallows over an open fire, s'mores, and a movie!

Stay for the day or sleep over with your family and friends in a tent or inside. On Sunday morning, wake up for breakfast and attend Sunday Service. If you prefer not to spend the night, you can participate in the Saturday activities and return in the morning for breakfast and service. It's up to you!

Tentative Schedule:

Sat. June 4 -	Arrive @ 3:00 pm
	Activities – obstacle course, laser tag, video game truck, Arts and Crafts
	Dinner @ 6:00 pm
	Family movie starting @ ~7:00 pm
	Lights Out @ 11:00 pm
Sun. June 5 -	Rise & Shine @ 8:00 am
	Breakfast @ 8:30 am
	Clean-up
	Service @ 10:00 am

Volunteer duties will be assigned based upon the attendees.

Please RSVP by Sunday, May 25th by sending an email to dsparentassoc@mvbuddhisttemple.org and providing the following information:

1) **How many adults and how many children will attend?**
2) **Will you be staying overnight? If yes, will you be tent camping or camping in the gym?**
3) **Will you be having breakfast on Sunday?**

Note: There is no cost for this event. A parent or responsible adult must accompany all children (this is not a drop-off activity). If you plan to stay overnight, please bring your own equipment (tents, sleeping bags).

Questions?? Please contact anyone from the planning committee
Stuart Ishida – Ishidas15@yahoo.com
Bryan Matsumoto – buckevo8@gmail.com
Hideki Hirabayashi - hidekihirabayashi@gmail.com
Athony Bellon - abellon@gmail.com

HELP WANTED

OFFICE HELP WANTED

Volunteer to staff the MVBT office on Thursday (every 3rd an 4th week of the month).

Contact **Peter Matsumoto** at (408)252-9034 or psmatsumoto@att.net if you are interested. Thank You!

Help Needed – Retirees and Part-time Workers

Please help with yard work at your Temple on Fridays

Gardeners: ½ day job. Trim the trees & plants. Help blow out the parking lot, so it will be clean on Sundays

Ladies: Help water and pickup cuttings

Any help is appreciated !!!

CONTACT: Jits Higa, (650) 968-2532

The best part is that when it rains or is too cold or too hot, we don't work!

Did You Know?

MVBT Budget Needs Your Help

amazon.com DONATES TO

Every little bit helps provide needed income!

MVBT gets **6% of your purchase** at no additional cost to you or to the Temple.

EVERYBODY can help -- siblings, parents, any family member and all of your friends.

Just go the MVBT website first and press the Amazon logo, do your shopping, and MVBT will get a donation from Amazon.

www.mvbuddhisttemple.org → press Amazon Logo → www.amazon.com → Place Your Order

July 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 9am - Taiko - Kids @	27 6:30pm - Girl Scouts 6:45pm - Girl Scouts 7:30pm - RPC	28 6pm - Taiko - Adults 7pm - Cub Scouts @	29 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Obon	30 6pm - Adult Taiko @ 6pm - Taiko @	1 6:30pm - Maui-Style	2
3 12pm - Miroku 12:15pm - Taiko -	4 Independence Day Office Closed 6:30pm - Girl Scouts	5 6pm - Taiko - Adults 7pm - Cub Scouts @	6 6pm - Boy Scouts - 6pm - Boy Scouts 7pm - Temple Choir	7 6pm - Adult Taiko @ 6pm - Taiko @	8 6:30pm - Maui-Style 7:30pm - ABA	9 9am - BWA Meeting
10 10am - Kangi-e 12:15pm - Taiko -	11 6:30pm - Girl Scouts	12 6pm - Bazaar Construction @ All Facilities 6pm - Taiko - Adults 7pm - Cub Scouts @	13 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Temple	14 6pm - Adult Taiko @ 6pm - Taiko @	15	16 Obon Festival &
17 Obon Festival & 12:15pm - Taiko -	18 11am - Senior Group 6:30pm - Girl Scouts	19 6pm - Post Bazaar Clean Up @ All Facilities 6pm - Taiko - Adults 7pm - Cub Scouts @	20 6pm - Boy Scouts 7pm - Temple Choir	21 6pm - Adult Taiko @	22 All Facilities Closed @ All Facilities	23
24 All Facilities Closed @ All Facilities 12:15pm - Taiko -	25 6:30pm - Girl Scouts	26 6pm - Taiko - Adults 7pm - Cub Scouts @	27 6pm - Boy Scouts 7pm - Temple Choir	28 6pm - Adult Taiko @	29	30
31 All Facilities Closed 12:15pm - Taiko -	1 6:30pm - Girl Scouts	2 6pm - Taiko - Adults 7pm - Cub Scouts @	3 6pm - Boy Scouts - 6pm - Boy Scouts	4 6pm - Adult Taiko @	5	6

Echo Available by Email

What Happens

- ***Get the Echo as a PDF attachment in an email***
- ***Get a color version***
- ***Same information as US mail version***
- ***Save the Temple the cost of assembly, supplies and postage***

How to Do It

- ***Send an email to echo@mvbuddhisttemple.org containing your name and email address***

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Mountain View Buddhist Temple

575 North Shoreline Boulevard
Mountain View, CA 94043

www.mvbuddhisttemple.org

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TIME DATED MATERIAL

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