Nov 2014

The ECHO

Volume 53 Number 10

MOUNTAIN VIEW BUDDHIST TEMPLE

Nov Highlights

- ***11/2 Sun, 10:00 AM***
  Shotsuki Hoyo
- ***11/3 Mon, 7:30 PM***
  Religious Planning Meeting
- ***11/11 Tue***
  Veterans' Day
  OFFICE CLOSED
- ***11/12 Wed, 7:30 PM***
  Temple Board Meeting
- ***11/16 Sun, 10:00 AM***
  Eitaikyo Service
  Guest Speaker:
  Rev. Henry Adams
  12:00 PM—Keiro Kai
- ***11/15-28 (Tue-Fri)***
  Thanksgiving Holidays
  OFFICE CLOSED
- ***11/30 Sun, 10:00 AM***
  Eshinni-ko/Kakushinni-ko
  Guest Speaker:
  Rev. Shousei Hanayama

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How Terrible the Three Poisons Are

By Rev. Yushi Mukojima

A couple weeks ago, both Kurumi and Oji were sick in bed with a high fever. During the summer, they remained healthy, but when fall came, they finally caught a bad cold.

A few months earlier, my wife and I had quite a challenge because the kids suffered from Hand Foot and Mouth disease. We were exhausted caring for them.

I wonder how many more times the kids will get sick during this season when it's so easy to catch a cold. It makes me tired just to think of it! Once again I felt keenly the heavy worries of a parent which I didn't know anything about in my childhood.

This is how life is. If we were childless and wished to have a child, we would stress over that. Since we have children, the heavy responsibility of parenthood brings even more to worry about.

There is a famous phrase about this dilemma on the ***Buddha of Infinite Life*** from Sakyamuni Buddha:

If we have no fields or house, we become anxious and wish to possess them.

If we have fields or house, we worry about them because of its administration and maintenance.

In the same way, whether or not we have our domesticated animals, our menservants and maids, our money and wealth, clothes and food, and furnishings, we worry about them.

Accumulating worries and compounding sighs, we live in constant anxiety and fear.

Being Grateful

By Bob Imai

A few months ago, my wife Leslie's 23-year-old nephew Joe was faced with a very difficult decision—whether or not to have his left foot amputated.

Joe suffers from Pigmented Villonodular Synovitis (PVNS). PVNS is a rare disorder that causes painful benign tumors and degenerative arthritis on connective tissue. The pain in Joe's left ankle got so severe at times he needed to use a cane to walk.

After six years and two rounds of unsuccessful surgeries, Joe opted to have his ankle and foot removed. He was unwilling to let the condition control his life and activities. Joe decided to say goodbye to his left foot in very unorthodox way. He created a hilarious Facebook page and photo album called "**The Last Adventures of Joe's Left Foot**".

Joe received his first permanent carbon fiber leg on September 9th and promptly went outside to go for a short run. He stated "I am going to be loving life with a prosthetic!" There are no limitations with an amputation. It is no longer a death sentence or last resort. It is a viable option that allows people to get back to a life they love. I'm reminded that a person is not defined by what happens in their life, but how they deal with what happens in their life.

I've found Joe's story to be inspirational, genuine, and a positive outlook on life. It is a great re-

november | 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 6am - Boy Scouts @ 10am - Service 11am - Dharma 12:15pm - Taiko - 2:30pm - TCYG @	27 6:30pm - Girl Scouts 6:30pm - Girl Scouts 7pm - Kendo @	28 6:30pm - Taiko - 7pm - Cub Scouts @ 7pm - Shodo Kai 8pm - Jun Daiko @	29 6pm - Boy Scouts 7pm - Temple Choir	30 9am - Senior 7pm - Tri-City Adult 8pm - Jun Daiko @	31	1 10am - TCYG @ 11am - Memorial 6pm - YBA @ YBA
2 Daylight Savings 10am - Shotsuki 11am - Dharma 12pm - YBA General 12:15pm - Taiko -	3 6:30pm - Girl Scouts 7pm - Kendo @ 7:30pm - Religious	4 6:30pm - Taiko - 7pm - Cub Scouts @ 7pm - Nakayoshi 7pm - Shodo Kai 8pm - Jun Daiko @	5 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Tri-City	6 9am - Senior 7pm - Tri-City Adult 7:30pm - Keiro Kai 8pm - Jun Daiko @	7 6pm - TCYG @	8 11am - Memorial 5pm - Memorial Svc
9 11am - Dharma 12:15pm - Taiko - 2:30pm - TCYG @	10 6:30pm - Girl Scouts 7pm - Kendo @	11 OFFICE CLOSED VETERANS DAY 6:30pm - Taiko - 7pm - Cub Scouts @ 7pm - Shodo Kai 8pm - Jun Daiko @	12 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Temple	13 9am - Senior 7pm - Tri-City Adult 7:30pm - Keiro Kai 8pm - Jun Daiko @	14 6pm - TCYG @ 7pm - ABA Meeting 7pm - Fuji Club @	15 9am - BWA Meeting 2pm - Boy Scouts -
16 10am - Eitaikyo 12pm - Keiro Kai @ 12:15pm - Taiko -	17 11am - Senior 6:30pm - Girl Scouts 7pm - Kendo @	18 6:30pm - Taiko - 7pm - Cub Scouts @ 7pm - Shodo Kai 8pm - Jun Daiko @	19 6pm - Boy Scouts 7pm - Temple Choir	20 9am - Senior 9am - Senior/Bingo 7pm - Tri-City Adult 8pm - Jun Daiko @	21 6pm - TCYG @	22
23 10am - Service 11am - Dharma 12:15pm - Taiko - 2:30pm - TCYG @	24 6:30pm - Girl Scouts 7pm - Kendo @ 7:30pm - TCA	25 OFFICE CLOSED 6:30pm - Taiko - 7pm - Miroku @ 8pm - Jun Daiko @	26 OFFICE CLOSED 6pm - Boy Scouts 7pm - Temple Choir	27 OFFICE CLOSED THANKSGIVING DAY 7pm - Tri-City Adult 8pm - Jun Daiko @	28 OFFICE CLOSED	29 11am - Memorial 4pm - Boy Scouts @
30 10am - Eshini/Kakus 11am - Dharma 12:15pm - Taiko -	1 6:30pm - Girl Scouts 7pm - Kendo @ 7:30pm - Religious	2 6:30pm - Taiko - 7pm - Cub Scouts @ 7pm - Nakayoshi 7pm - Shodo Kai 8pm - Jun Daiko @	3 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Tri-City	4 7pm - Tri-City Adult 8pm - Jun Daiko @	5 5pm - Stephenson	6 8am - BWA - Udon 12pm - TCYG @ 5pm - TCYG @

Mountain View Buddhist Temple ❖ 575 N. Shoreline Blvd ❖ Mountain View, CA 94043 ❖ (650) 964-9426 ❖ www.mvbuddhisttemple.org

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Religious Planning—November 2014

November 2, Sunday 10:00AM—Shotsuki Hoyo

November 9. 2014, Sunday 10:00AM

November 16, 2014, Sunday 10:00AM Eitaikyo

Guest Speaker: **Rev. Henry Adams** | 12PM Noon Keiro Kai Luncheon

November 23, 2014, Sunday 10:00AM

November 30, 2014, Sunday 10:00AM—Eshinni-ko/Kakushinni-ko Service

Guest Speaker: **Rev. Shousei Hanayama**

Shotsuki Hoyo Service

Adult Discussion—11:00 AM

O-asaji (Morning Chanting)—8:30 AM

Dharma School—11:00 AM

Girl Scouts Troop 60736 Update

The Girl Scouts coordinated the Guessing Game for the Sangha Day Picnic.

JUNIOR GIRL SCOUTS

Sara Ho, Ally Sze, Allison Lund, Jessica Furumasu have completed their Bronze Award requirements.

As part of their Take Action Project they organized a blanket making session and made 47 fleece blankets that will be donated to the local chapter of a Project Linus. The blankets will be distributed to children in the community (thru local hospitals, shelters and social services organizations.

PADMA PROGRAM

beginning in September, six Cadettes continued their Cadette Padma studies by attending a study session led by Mukojima Sensei. Rev. Mukojima will be working with the Scouts throughout the year to assist in their Buddhist studies.

On Monday, October 6 we had our annual Investiture **Rededication/Ceremony**. This ceremony is to welcome girls and leaders new to Girl Scouts, and also a time for current Scouts and Leaders to re-dedicate themselves to the Girl Scout program. The **Investiture/ Rededication Ceremony** was planned and implemented by our Senior Scouts.

The Senior Scouts are working on the planning, coordination, and fundraising for a possible international trip.

Our **Fall Nut Sale** has begun. If you are interested in purchasing nuts, please see any Girl Scout.

How Terrible the Three Poisons Are (Cont'd fr P1)

This teaching is called ***umu dozen*** which means that whether or not we are possessed of fortune, we are all the same in having anxieties.

For example, before marriage, I always felt lonely and suffered from solitude. And although I married a beautiful and affectionate person, sometimes when we argue, I feel that she is a nuisance and I miss my bachelor life. When we are single, we feel the pain of being alone. But once we marry, we face new problems never before experienced and we suffer from them as well. The teaching here is not that we should carefully choose a way to live better, but that anxieties and suffering are ever present despite whatever choice we make.

Although the environment surrounding us has changed greatly compared to ancient times, human nature is constant. We still worry and suffer. Why is this? It is because we all have a serious illness of the mind.

In his "***Notes on Once-Calling and Many-Calling***," Shinran Shonin observes:

We foolish beings are full of ignorance and blind passions. Our desires are countless, and anger, wrath, jealousy and envy are constantly overwhelming us.

To the very last moment of life, they do not cease, disappear, or exhaust themselves.

Blind passions are the workings of the mind which confuse us and make us worry and suffer. They are the cause of human suffering.

Although there are various blind passions, the most terrible ones are called "Three Poisons" or "GAS"—Greed, Anger, and Stupidity (ignorance). These blind passions always appear suddenly to disturb us, throw us off balance and make us suffer.

Animals are also greedy, but it is because of their instinct to survive. We call this instinctive desire. When animals feel hunger, they eat other animals; but once full, they are satisfied.

On the other hand, humans take beyond what is needed to sustain life. For example, we display food in grocery stores where often it will spoil and be wasted. Our appetite has no limit and we often leave things half-eaten. We always want something more delicious, or wear a piece of clothing even more beautiful than the last. We always feel deprived of something and we never feel that we have enough. This type of greed and way of living is called the way of the hungry ghosts.

And when we are cursed at or treated badly, we always get angry. Even on the road, if something disturbs our driving rhythm—being tailgated by an impatient driver, or when the car ahead is going too slowly, or when someone in the next lane suddenly swerves in front of us—we instantly lose our temper.

We probably get really mad about something or at somebody or complain about something at least once a day.

This is how, when we feel anger, jealousy, or envy, it always creates in us a hell of suffering. This way of living is called the way of ***Ashura***, which are fearsome spirits fond of fighting.

Stupidity (ignorance) means foolish knowledge. Because we are ruled by blind passions, we cannot see or judge things correctly, so we tend to interpret reality in ways that are advantageous to us. Therefore, the rain that comes when we need it becomes a welcome rain; but the rain that comes unexpectedly is a nuisance. Such a shameful way of living in which a person can't understand what's what at all is called the way of the beast.

Whatever the outcome, we complain, get angry, suffer, and worry. We are always wandering ceaselessly through the six realms of ***Samsara***, (hell, hungry ghosts, beasts, fighting spirits, humans, heavenly beings) and pulled by the blind passions of the Three Poisons.

However, when we encounter the

マウンテンビュー仏教会「回向」
二〇一四年一〇月法話
― 三毒つて怖い！ ―

住職 向嶋諦史

先日、来実と晃司が交互に風邪をひいて寝込んでしまいました。夏の間は二人とも元気にしてくれましたが、季節の変わり目であるこの時期にとうとう熱を出して寝込んでしまいました。数ケ月前には、二人して手足口病を患い、その看病に追われて、妻共々心身ともに疲れきってしまったただけに、風邪をひきやすいこの季節にあと何回子供達が寝込むのか考えるとゾッとします。子供の頃は気付かなかった親の苦労を改めて痛感しました。

さて、私達人間は、子供がいない時は子供がいないことで悩みますが、一方、子供を持てば子を持つが故に生じる数多くの問題に直面し、悩み苦しみます。

この事について、お釈迦さまがお説きになられた『仏説無量寿経』の中に、次のようなご文があります。「田畑や家が無ければ、それらを求めて苦しみ、有れば、管理や維持のためにまた苦しむ。その他のものにしても、みな同じである。地位、名誉、財産、家族、これらがなければないことを苦しみ、有れば有ることで苦しむ」

これは「有無同然」という教えであり、あればあったで、なければなかったで、いずれも同じように悩みが生じるのだということです。例えば、結婚する前は孤独で寂しいと嘆いていた私でしたが、美しく優しい妻と結婚したにも拘らず、喧嘩をすれば妻を邪魔に思うこともありますし、独身生活を懐かしく思うことさえあります。独身の時は独身であることに悩み、結婚すれば、独身の時にはなかった新しい問題が生じ、悩み苦しむのです。

これは、どちらの悩みを持った方がまだ恵まれているという問題ではなく、いづれの道を生きても人間の悩みや苦しみは尽きることがないということです。

私達を取りまく環境は昔に比べて大きく様変わりしましたが、人間の心は昔から何ら変わることなく苦しみ悩み続けています。では、なぜ苦しみ悩むのでしょうか。それは、私達人間は心に病気を持っているからだといわれています。

親鸞聖人が著された『一念多念文意』というお書物の中に、「凡夫というは、無明煩悩われらが身にみちみちて、欲も多く、怒り、腹立ち、そねみ、妬む心多く、暇なくして臨終の一念にいたるまでとどまらず、消えず、絶えず…と記されています。

煩悩とは、人の心を惑わせたり、悩ませ苦しめたりする心のはたらきで、人間の苦しみを作り出す原因です。様々な煩悩がありますが、特に大きな煩悩を「三毒」と呼んで、貪欲と瞋恚と愚痴が挙げられます。この煩悩が人々の心の中に生じ、心を乱し、安定を失わせ、苦しませていくのです。

勿論、動物にも欲はありますが、それは本能欲といって、お腹が減れば、他の生命を喰らいますが、お腹さえふくれれば満足します。それに比べて人間は、必要以上の生命を奪っては、スーパーに並べて腐らすこともありますし、少しでもおいしいものを食べたい、少しでも美しいものを着たいなど、その欲望には限りがありません。心は常に飢えて足ることを知りません。これを貪欲といい、そのような生き方を餓鬼道と呼びます。

また、気に入らないことを言われたり、されたりすると無性に腹が立ちます。車を運転していても、後ろから速い車が煽ってきたり、前の車がひどく遅かったり、横の車がいきなり前に割り込んできたりして、自分の運転ペースを乱されるとついカッとなってしまいます。少なくとも一日一回は何かに腹を立てて文句を言っているこの私ですが、こうした怒り、そねみの煩悩を瞋恚といい、心の中に地獄のような苦の世界を作り出すような生き方を修羅道と呼んでいます。

愚痴とは、愚かなる知識という意味です。人間の心は病んでいますから、明らかに物事を見たり、判断することができず、いつも自分の都合で物事を見たり考えたりします。ですから、自分にとって都合の良い時の雨は、恵みの雨で、都合の悪い時に降った雨は、憎い雨となります。このように道理をわきまえない恥かしい生き方を畜生道と呼びます。

どうにに転んでも文句を言って、怒り、苦しみ、悩んでいるのは、これら三毒の煩悩によって、毎日絶えることなく六道の世界（地獄・餓鬼・畜生・修羅・人間・天人）をさ迷っているからにほかなりません。

しかし、阿弥陀仏のみ教えに出遇わせて頂くことによって、そうした煩悩に覆われた我が身の姿が浮き彫りとなり、自己中心にしか生きられない傲慢さに気付かされ、その愚かな生き方を反省させられます。そして、智慧の光に導かれて、貪り、怒り、愚痴の心が、足る心、慶びの心、物事を正しく見る心に変わり、全てのご縁を感謝一杯の心で頂けるようになります。阿弥陀仏のはたらきに導かれて、一切感謝の心が煩悩を和らげ、大きな安らぎとなって、人生の苦悩を乗り超えさせて頂くのです。この一切感謝の心こそが「南無阿弥陀仏」のお念仏です。

お念仏の教えは、これまで当たり前と思っていたものが当たり前でなかったことに気づき、我執に対する深い反省の中から、全てのご縁を有難く受け入れることのできる人生へと導いて下さいます。

お念仏を頂きながら、迷いの世界を離れ、いずれの悩みも苦しみも有難く受け入れられる一切感謝の人生を皆さんと共に歩んでまいりたいと思います。

How Terrible the Three Poisons Are (Cont'd fr P4)

teachings of Amida Buddha, our true selves full of blind passions are brought out. We become aware of the arrogance of our selfish mind and we are able to reflect deeply upon such a foolish way of living.

When we are guided by the light of wisdom, our mind of greed, anger, and stupidity (ignorance) all change into the mind of knowing enough, rejoicing, and seeing things as they are. Then in this clear state of mind, we will be able to accept all causes and conditions with the deepest feeling of gratitude.

By leading with the workings of Amida Buddha's infinite wisdom and compassion, the mind of gratitude for everything softens our blind passions and brings us the mind of great peace, which allows us to transcend the life of suffering. The mind and heart of gratitude for everything is the Nembutsu, "Namo Amida Butsu."

The Nembutsu is the teaching that leads us to the life that accepts all things with a feeling of gratitude. The Nembutsu makes us realize that it is not natural to take everything for granted. It is the precious teaching that reminds us of how shameful it is to see the world only through our selfishness. And it is the profound teaching that encourages us to reflect deeply upon our imperfect selves.

I sincerely hope that as we embrace the Nembutsu teaching, each of us will try to transcend the realm of Samsara or self-delusions, and instead embrace a life of gratitude which can overcome all difficulties with great joy and peace of mind. No matter what might happen in our lives, the Nembutsu teaching will always lead us to the way of true awakening.

In Gassho,

25 Join Rev. Mukojima's First Seminar for Fall O-higan

25 Sangha members joined Rev. Mukojima for MVBT's Fall O-higan Seminar on Saturday, September 13th. It was a great opportunity to hear the Dharma from in greater depth than is possible from our Sunday Services.

In Rev. Mukojima's opening, he introduced us to **Gaku Butsu Dai Hi Shin** (Learning from Buddha's Great Wisdom and Compassion), then separated his seminar into two sessions. The first session was about the practice and meaning of o-higan and why the Six Paramitas should be the focus during o-higan over the practices of the Eightfold Path.

We had a brief break and enjoyed snacks brought by the seminar participants.

Sensei's second session was a brief overview of Buddhism, how to see things through Buddha's viewpoint, and a description of Jodo Shinshu in comparison to other forms of Buddhism.

Attendees had a great time and are looking forward to learning more from Mukojima Sensei.

Please keep your eye on the Religious Planning section of the Echo to catch the next seminar.

Being Grateful (Cont'd fr P1)

minder that my life is good. The minor aches and pains I have pale in comparison to those dealing with much more serious adversity.

I'm a slow learner when it comes to being grateful. I need constant reminders. It's easy to forget or see how fortunate I am. Being grateful is a choice and doesn't come easy or naturally especially in an unpleasant or negative event.

I realize that being grateful doesn't mean I ignore or deny suffering and pain. It is just another way to deal with adversity.

Leslie reminds me that I need to beware the little voice that says things like, I can't or that won't work or sees the negative before the positive. The following inspirational poem that I've shared before, reminds us to appreciate all that we have, including the challenges and difficulties in our life.

Be Thankful
By Author Unknown

Be thankful that you don't already have everything you desire.
If you did, what would there be to look forward to?

Be thankful when you don't know something, for it gives you the opportunity to learn.

Be thankful for the difficult times. During those times you grow.

Be thankful for your limitations, because they give you opportunities for improvement.

Be thankful for each new challenge, because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons.

Be thankful when you're tired and weary, because it means you've made a difference.

It's easy to be thankful for the good things. A life of rich fulfillment comes to those who are also thankful for the setbacks.

Gratitude can turn a negative into a positive.

Find a way to be thankful for your troubles, and they can become your blessings.

In gassho,
Bob Imai
MVBT President

Meet and Mingle Luau a Success!

Thank you **Dave Kawamoto** for planning a fantastic Meet & Mingle Luau dinner held on October 4th. A great big thanks go out to Dave and his cooking crew **Barbara Utsurogi, Corey Utsurogi, Larry Utsurogi**, and **Joy Nakamura**.

A special Mahalo to **Calvin**, Dave's friend from Hawaii, who brought in some special fish for the Luau menu. We all extend our compliments to the chef and his crew. And as always we had plenty of food and fun.

Thank you to all the ABA members for their help with setup, decoration, and cleanup.

Thanks to **Jits Higa** and **Don Fukuma** for organizing BINGO at this year's Sangha day picnic. Also thank you to all the ABA members that helped out during all the Bingo games.

WINE TASTING CANCELLED
The Saturday, October 18th Byington Winery activity has been cancelled until further notice.

Contact: **Dennis Tsukagawa**

Buddhist Women's Association

BWA Udon Fundraiser Coming Up December 7th!

Rev. Mukojima accompanied **Kimi Nishimura**, **Taye Kurashige, Marie Ochi-Jacobs** and **Reiko Murakami** to the BCA FBWA Conference in Irvine, CA on October 10 - 12.

UDON FUNDRAISER

Sun, December 7th

BWA will be selling tickets from **October 19** for their annual Udon Fundraiser.

This year it will be take-out only and the cost will be only $6.00.

Pickup will be in the Sangha Hall from 12 noon to 2pm.

COOKING CLASS—OZONI

Sat, November 15th, 10:30 AM

Reiko Murakami will demonstrate how to prepare Ozoni, the soup base for the mochi, to be eaten on New Years Day.

The class will be in the Sangha Hall kitchen, and the cost is $1.00 payable in class.

NEXT MEETING

November 15th at 9AM in the Sangha Hall.

Welcome Back Dharma School!

Thank you to parents Joy **Morimoto, Monica Smith**, and **Julie Uyekubo** for organizing this year's Welcome Back luncheon on September 7th. As always, we very much appreciate your help and support.

REGISTRATION FORMS DUE

If you haven't turned in your Dharma School student registration form, please email it to DS registrar Janice Lee at

dsregistration@mvbuddhisttemple.org
or
drop off the form to DS mailbox in the temple office.

AQUI CAL-MEX FUNDRAISER

Wednesday, October 22nd

Come on out and dine with your Dharma School and temple friends! Dharma School is hosting a fundraiser at :

Aqui Cal-Mex,
10630 S DeAnza Blvd
Cupertino, CA 95014

20% of the purchases will be donated to the MVBT Dharma School. Donors need to either fill out a form or tell the cashier that they are there for the "community night". Thanks to all for your support and attendance!

DONATIONS

Gratefully Acknowledged

Jason & Liane Detering

Tad & Frances Sawamura
In appreciation

Gary & Arleen Tahara
Derek's graduation

Toshiko Uyehara
Garrett Tao's birthday

Bruce, Joy, & Scott Morimoto

Lillian Terada
Eric's middle school graduation

Craig & Diane Nishimura
Kimi Nishimura
Erin's high school graduation

Nate Aquino & Cindy Hiroshige
Jake, Brad, & Kimi's birthdays

Stuart Ishida & Catherine
Borillo, Dylan & Cassidy's birthdays

Don't Miss YBA Halloween Party on November 1st!

At the Sangha Day picnic, the YBA provided activities for the Dharma school children. This year, we had activities for certain age groups, as well as a new obstacle course!

We also coordinated a 50/50 Raffle to help benefit the Yu Ai Kai center in San Jose. We raised $330 for them! Thank you to **Meiko Flynn-Do, Rachel Nakamura**, and **Alex Shinkawa** for coordinating all these events.

We are planning a Halloween activity on November 1, and look forward to pumpkin carving, candy trading, and a scary movie!

We are also looking forward to the CCYBA Conference on November 8 in Fresno and planning for the Talent Show. We are going to be sending 16 delegates to the conference this year, and we are excited for a day of fun in Fresno!

In Gassho,
Kaylyn Arima
YBA President

Did You Know?

MVBT Budget Needs Your Help

Every little bit helps provide needed income!

If you buy anything at Amazon.com, Amazon donates money to reduce the deficit – at no additional cost to you or to the Temple.

The Temple earns free money to help the General Fund.

amazon.com DONATES TO

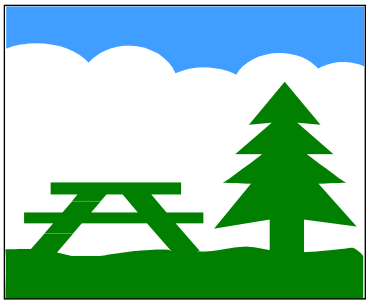
EVERYBODY can help -- siblings, parents, any family member and all of your friends.

Just go the MVBT website first and press the Amazon logo, do your shopping, and MVBT will get a donation from Amazon.

If you have any questions, please contact Steve Tsuchida (steve@tsuchidafamily.com or Phone (408) 996-8839.)

www.mvbuddhisttemple.org→ press Amazon Logo → www.amazon.com → Place Your Order

Another Great Sangha Day Picnic



On behalf of Zone 7, we would like to thank those who attended the Sangha Day Picnic at Cuesta Park. There were about 260 attendees. The weather was ideal and the food abundant and delicious.

THANK YOU

Fuji Club
For chairing the service

Reverend Mukojima
For his Dharma talk

Oasaji group
For sutra chanting

The YBA
For organizing children's games

Boy Scouts
For building the Monkey Bridge

Girl Scouts
For organizing the guessing games

ABA
For running the Bingo

Mike Inouye and children
For running the raffle

Dharma School
For providing donuts and juice

Stan and Martha Okamura
For their Golden Delicious apples for all

Thank you to all the Temple members who pitched in to quickly set up the equipment, cook the food, set up the potluck buffet table, and end. And last, but not least, a big thank you the **Zone 7 team**.

Many hands make light work.

In Gassho,

Bob and Miyo Yamanaga
Zone 7 Picnic Chairs

November

Monthly

Memorial

Service

Sunday

Nov 2, 2014

10:00 am

November Shotsuki Hoyo

The Shotsuki (Monthly Memorial) Services are conducted and sponsored by the temple in memory of the past members who have passed away during a given month. It is not meant to be a substitute for families to observe their Family Memorial Service for their loved ones. The Shotsuki loved ones are:

Tsutomu Akizuki	**Hideo Kato**	**Roy Ozawa**
Tomoye Aoki-Johnson	**Shigeaki Kihara**	**Tom Ozawa**
Takiko Fukushima	**Eugene Kono**	**Ichiro Sakae**
Frank Furuichi	**Kinuyo Kunimoto**	**Kosue Sakae**
Sunao Furusho	**Shigeko Masaki**	**Akira Sasaki**
Hana Furuto	**Gregory Matsumoto**	**Masako Alice Sato**
Eddie Higuchi	**Rose Morimoto**	**Seikichi Shimoguchi**
George Hirota	**Haruko Nakamura**	**Sei Tachibana**
Fred Hoshi	**Yutaka Nakano**	**Alice Takagi**
Akira Hoshiko	**Ayako Nakashima**	**Masaru Takahashi**
Tom Ichikawa	**Teiichi Naritomi**	**Mildred Takegami**
Kiyoko Kay Horita	**Yoshio Nishimoto**	**Kay Tanouye**
Frank Ikebe	**Nobuo Oda**	**Chieko Umeda**
Irene Kakigi	**Walter Okino**	

If a name has been inadvertently left off or you would like to add a family member to the Mountain View Buddhist Temple list of Shotsuki names, please contact Rev. Mukojima.

E-mail **ymukojima@gmail.com**

Phone (temple office) **(650) 964-9426**

150 Club News

Our winner for October is **Irving Ozawa**. Congratulations!

To all our 150 Club participants, **THANK YOU** for helping Mountain View Buddhist Temple.

In Gassho,
Glenn Kitasoe

Toban & Echo Schedule

	Toban	Echo	Article Deadline
DEC	Zones 8 & 9	Nov 19 (Wed)	Nov 14 (Fri)
JAN	Zones 10 & 11	Dec 17 (Wed)	Dec 12 (Fri)
FEB	Zones 12 & 13	Jan 14 (Wed)	Jan 9 (Fri)

Please note the revised article deadline, printing dates and email submission process. This will provide time to layout and production. Thank you.

Email all articles to echo@mvbuddhisttemple.org

Volume 53 Number 10

Oct. 3 – Nov. 23, 2014

Help girls raise funds with Nut & Magazine sales.

13 tasty treats, with gluten free and dairy free** selections!*

Magazines

Care to Give

Memory Book

Caramel Treasures Gift Tin*
(pre-orders only)

Want more varieties? Order online at Girlscoutsnorcal.org/gonuts

girl scouts of northern california

GirlScoutsNorCal.org/gonuts | For more information contact:

Last Senior Activity of 2014 Will Be Bingo on Nov 20th!

COOKBOOKS AVAILABLE

Only $18.00

The Senior Cook Book still available at the Temple office or from any of the committee member. Committee members are: **Allan Nara, Chuck Uyeda, Dennis Tsukagawa, Rich Endo, Kimi Nishimura, Miyo Takegami, Alice Ikenaga**, and **Aiko Sugimoto-Miyamoto.**

WALK AT VALLCO!

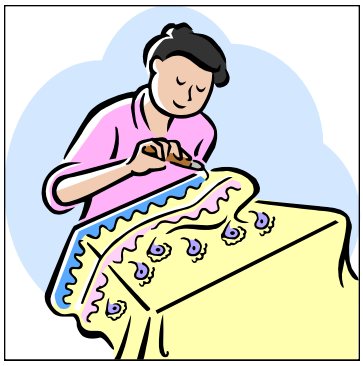
On the second Friday of each month, our Seniors meet at the Vallco Shopping Center, for a WALKING program. They meet at 9:00AM inside the mall, in front of the theaters.

If you want added exercise before the walk, there is another senior group that meets downstairs below the theaters at 8:30AM.

Simply park at the JC Penney parking lot and meet inside the mall. And for nearby shopping, visit the Farmers' Market, Imahara's, Daiso, and Marukai. For more information, contact **Julie Ushiba**.

BINGO NOVEMBER 20TH

We will have our fun and exciting Bingo games. This will be our last gathering due to the approaching holidays. We also have plans for a special lunch at 11:30AM before the Bingo starts. Please mark this on your calendar.



CRAFT BOUTIQUE

Sunday, December 7th

sales of the many crafts that our special senior members have been involved with. **Jeanne Ohara** and **Toshiko Uyehara** are in charge of this event. Any donation for this event will be greatly appreciated. Please support this senior craft event. Arigato.

LINE DANCING

Thursdays, 9:30AM-10:00AM

The seniors are enjoying routine line dancing. A short but invigorating half-hour. Come and enjoy the group, led by **Naomi Ariyama**.

TRY KARAOKE

Thursdays, 10:00-10:30AM

After line dancing, **Kinji Ushiba** has started a Sing-Along Group. What a nice way to cheer yourself up by singing with all your friends. Please come and join in on the sing along, music with Perry Como, Frank Sinatra, Misora Hibari, and Doris Day. A great selection of Japanese and English songs. Oldies but goodies.

SENIOR KNITTERS

Debbie Kitani has been very helpful to the Senior Craft Class every Thursday, showing the ladies new ways to knit, whether you are a beginner or an expert in knitting and crocheting. Her knowledge will make your knitting and crocheting enjoyable. New ideas are being shared every week.

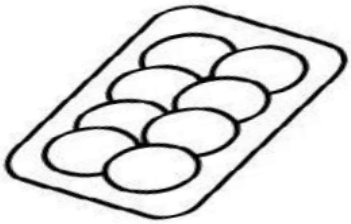
We had a generous member that donated a "GO" set. A board game that involves 2 players. The two players alternately place black and white stones on the vacant intersection of the board. We are in need of an instructor that can share their time teaching strategies and players interested. Please contact any of our committee members or **Aiko Sugimoto-Miyamoto**. Thank you.

SENIOR CRAFT HOURS

Thursdays, 9:00AM-12:00PM

Light refreshments, coffee, tea and desserts are always provided. Everyone is welcome to share new ideas and to make new friends. We want to continue to grow.

MOCHITSUKI



Sunday, December 14th, 2014

Mochitsuki time is here again and we look forward to seeing everyone at this annual get together. Come and have fun helping and participating in the activities that make this cultural event and fundraiser a success.

Komochi	**$ 4.00/ 1 lb.**	**package**
Okasane	**$ 6.00/ 1 lb.**	**package**
Noshimochi	**$ 16.00/4 lb.**	**package**

Tickets have been distributed to each zone and a final count is due Monday, December 8, 2014. Tickets are also available at the MVBT office or through your zone chairperson.

WORK SCHEDULE

Saturday, Dec.6	8:00 am	Equipment & area setup, test equipment, hang plastic
Friday, Dec.12	8:00 am	Wash barrels and soak rice
Saturday, Dec. 13	8:00 am	Final set-up, clean area, move equipment
Sunday, Dec. 14 Mochitsuki Day	5:00 am 5:30 am 6:00 am 6:30 am 12:00-4:00 pm 3:00 pm	Start steamers Start cooking rice Start pounding Start shaping mochi Mochi pick-up Cleanup (Everyone)
Tuesday, Dec.16	8:00 am	Final clean-up

If you have any questions, please contact:

Peter Matsumoto, Zone 6 Mochitsuki Chairperson
psmatsumoto@att.net or 408-252-9034

december | 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 10am - Eshini/Kakus 11am - Dharma 12:15pm - Taiko -	1 6:30pm - Girl Scouts 7pm - Kendo @ 7:30pm - Religious	2 6:30pm - Taiko - 7pm - Cub Scouts @ 7pm - Nakayoshi 7pm - Shodo Kai 8pm - Jun Daiko @	3 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Tri-City	4 7pm - Tri-City Adult 8pm - Jun Daiko @	5 5pm - Stephenson	6 8am - BWA - Udon 12pm - TCYG @ 5pm - TCYG @
7 8:30am - BWA - 10am - Bodhi Day 10am - Shotsuki 11am - Dharma 12pm - YBA General 12:15pm - Taiko -	8 6:30pm - Girl Scouts 7pm - Kendo @	9 6:30pm - Taiko - 6:30pm - Tri-City 7pm - Cub Scouts @ 7pm - Shodo Kai 8pm - Jun Daiko @	10 6pm - Boy Scouts 7pm - Temple Choir 7:30pm - Temple	11 7pm - Tri-City adult 7pm - Tri-City Adult 8pm - Jun Daiko @	12 5pm - CDYBL 7pm - ABA Meeting 7pm - Fuji Club @	13 6am - CDYBL 9am - BWA Meeting 12pm - CDYBL 5pm - Boy Scout/Fuji
14 Mochitsuki 9pm - Janitorial	15 6:30pm - Girl Scouts 7pm - Kendo @	16 6:30pm - Taiko - 7pm - Cub Scouts @ 8pm - Jun Daiko @	17 6pm - Boy Scouts 7pm - Temple Choir	18 7pm - Tri-City adult 7pm - Tri-City Adult 8pm - Jun Daiko @	19 5pm - YBA @ Sangha 6:30pm - Miroku @	20 12am - YBA @
21 10am - Osoji (clean	22 OFFICE CLOSED 6:30pm - Girl Scouts 7pm - Kendo @	23 OFFICE CLOSED 6:30pm - Taiko - 7pm - Cub Scouts @ 8pm - Jun Daiko @	24 OFFICE CLOSED 6pm - Boy Scouts	25 CRISTMAS OFFICE CLOSED	26 OFFICE CLOSED	27 9am - Rental (J.G.) @
28	29 OFFICE CLOSED 6:30pm - Girl Scouts 7pm - Kendo @	30 OFFICE CLOSED 6:30pm - Taiko - 7pm - Cub Scouts @ 7pm - Shodo Kai 8pm - Jun Daiko @	31 OFFICE CLOSED 6pm - Boy Scouts 7:30pm - Joya-e	1 NEW YEARS DAY OFFICE CLOSED 10am - Shusho-e	2	3 Memorial Svc 8:30am - TCYG @

Mountain View Buddhist Temple ❖ 575 N. Shoreline Blvd ❖ Mountain View, CA 94043 ❖ (650) 964-9426 ❖ www.mvbuddhisttemple.org

KEIRO KAI & EITAIKYO 11/16

SAVE THE DATE—Sunday, November 16

appreciation luncheon

WATCH FOR THE INVITATION

Find a pdf version online at:
www.mvbuddhisttemple.org

In gassho,
The Echo Staff

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Mountain View Buddhist Temple

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