

Mountain View Buddhist Temple invites you to a FREE workshop:

NATTO TIME!

with Eien Hunter-Ishikawa

Join us to learn about natto, the fascinating, delicious, and nutritious fermented soybeans from Japan. This demonstration will feature samples of fresh natto and offer ideas for traditional and non-traditional preparations.

Eien Hunter-Ishikawa is a musician and educator based in Portland, Oregon specializing in drumset, taiko, percussion, and shinobue (Japanese bamboo flute). In addition to music, he has cultivated expertise in natto, kim chee, bread, beer and Japanese knife sharpening. He will be in town to give taiko workshops to Jun Daiko, and has offered to share his natto expertise with the MVBT community.

Friday, March 23, 2018, 7:30 to 8:30 p.m.

Mountain View Buddhist Temple YBA Hall

575 N. Shoreline Blvd., Mountain View, CA 94043

RSVP at: tinyurl.com/mvbtnatto



Please RSVP by March 18th so that we know how many samples to make.

Sponsored by the Mountain View Buddhist Temple Dues & Donations Committee.